

CHECKLIST: TO DO BEFORE SERVICES

Do Now (or Very Soon)

- Find or order *Machzor: Sha'arei Or: Gates of Light* (prayer book)
- Read *Mikdash M'at - Creating a Home Sanctuary* (p. 5)
- Connect your computer to your television (orami.org/hhdhelp)
- Test the stream at oramiLIVE.com (orami.org/hhdhelp)

Prepare

- Make your sitting area comfortable
- Hang your *Shiviti* (in Essentials Bag or orami.org/hhd)
- Cover table with a white or colorful tablecloth

Gather

- Machzor: Sha'arei Or: Gates of Light* (prayer book)
- High Holy Day Prayer Supplement
- Pen/Pencil

Reflect and Fill Out

- Soon: *Yizkor Memorial Scroll* and mail to Or Ami (or online at orami.org/hhd)
- Before Rosh Hashana: *Dedicate these Holy Days* (inside cover)
- Before Kol Nidre: *Teshuva Tefilah u'Tzedaka* (p. 7)
- After Yom Kippur Morning Service 1: Reflect: *Cantor Doug's Legacy and My Legacy* (p. 8)

TO DO FOLLOWING SERVICES

Bless

- Say: *Baruch atah Adonai, hamavdil bayn kodesh l'chol. Blessed are You Adonai, who distinguishes the holy and ordinary.*

Give

- Donate to our High Holy Day Appeal. As we provide inspiring worship, lifesaving pastoral counseling and spiritual support, warm community, and critical social action work, we face significant financial challenges. Without High Holy Day tickets, we rely on your support. Please dig deep and give: orami.org/donate

Kvell (Praise)

- After services, offer thanks and praise to those who transformed our inspiring in-person High Holy Day services into beautiful streaming worship experiences. Send Rabbi Kipnes an email so we can pass on your praises: rabbipaul@orami.org.

MIKDASH M'AT - CREATING A HOME SANCTUARY

Without a physical place of worship, how can we pray? The rabbis asked the same question right after the destruction of the Jerusalem Temple. Their answer: our homes become our *mikdash m'at* (miniature sanctuary), our personal holy place.

While we are not able to gather in Or Ami's usual High Holy Days sanctuary, we still can create sacred space in our homes. Prior to Rosh Hashana, take time to create that sacred space, so that when you are streaming Congregation Or Ami's services, the holiness is surrounding you. What would help you create a spiritual mindset and spiritual refuge? As you read these suggestions, adapted from Rabbi Elyse Goldstein, plan time to do your favorites:

- Choose your prayer space carefully in advance by spending a few moments of individual contemplation or family discussion. Don't wait for the last minute!
- Say a blessing or *kavannah* ("intention") over it to mark it as your *mikdash m'at*. Suggestions of verses and blessings are below.

Birkat Habayit (home blessing):

B'zeh hasha'ar lo yavo tza'ar.
B'zot hadirah lo tavo tzara.
B'zot hadelet lo tavo behala.
B'zot hamach'laka lo tavo machloket.
B'zeh hamakom t'hee v'racha v'shalom.

Let no sorrow come through this gate.
Let no trouble come in this dwelling.
Let no fright come through this door.
Let no conflict come to this section.
Let there be blessing and peace in this place.

With the last line of *havdala* separating Shabbat from weekdays, we separate this space for sacredness:

Baruch atah Adonai, hamavdil bayn kodesh lechol.
Blessed are You Adonai, who distinguishes the holy and the ordinary.

- Make your space feel holy: Put cushions or festive pillows on chairs, or drape them with a tallit, special piece of fabric, or scarf. Decorate your space on Rosh Hashana with candlesticks and *kiddish* cup, and