



Your Home for the **High Holy Days**

High Holy Day Prayer Supplement



HIGH HOLY DAY SERVICES 5781

with

*Rabbi Paul Kipnes, Rabbi Julia Weisz
Cantor Doug Cotler*

**Schedule of Services
Songs, Prayers, and Memories**

SEPTEMBER 18-19 • SEPTEMBER 27-28
2020

DEDICATE THESE HIGH HOLY DAYS

Jewish traditions encourages us *kivein et libeinu* (to direct our hearts) toward holiness. We dedicate our prayer, study, and reflection time to people (deceased or living) and for purpose and intention. Before or during Rosh Hashana, dedicate:

These High Holy Days, I dedicate my prayer, study, and reflection to:

My *kavannah* (purpose or intention) for this year's services is to:



SERVICE	FEATURING	TIMES
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EREV ROSH HASHANA

Clergy Welcome and Call to Worship	Clergy Behind the Scenes and Bar'chu	7:45 PM - 8:00 PM
Erev Rosh Hashana Service	Incredible Music and Inspirational Stories	8:00 PM - 9:00 PM

ROSH HASHANA DAY

Clergy Welcome and Call to Worship	Clergy Behind the Scenes and Bar'chu	9:45 AM - 10:00 AM
Rosh Hashana Service 1	Listen, Sermon, and Shofar Service	10:00 AM - 11:00 AM
Rosh Hashana Service 2	Amidah, Torah Reading, and Healing Prayer	11:30 AM - 12:30 PM
Visit with Clergy	LIVE on Zoom	12:30 PM - 12:45 PM
Family Service	LIVE on Zoom	2:30 PM - 3:45 PM
Tashlich	On Your Own	

KOL NIDRE

Clergy Welcome and Call to Worship	Clergy Behind the Scenes and Bar'chu	7:45 PM - 8:00 PM
Kol Nidre Service	Inspiring Music and Sermon	8:00 PM - 9:00 PM

YOM KIPPUR DAY

Clergy Welcome and Call to Worship	Clergy Behind the Scenes and Bar'chu	9:45 AM - 10:00 AM
Yom Kippur Service 1	Listen, Sermon, and Cantor Doug's Legacy	10:00 AM - 11:00 AM
Yom Kippur Service 2	Amidah, Torah Reading, and Healing Prayer	11:30 AM - 12:30 PM
Visit with Clergy	LIVE on Zoom	12:30 PM - 12:45 PM
Multiple Study Sessions - LIVE on Zoom:	1. "I'm Not Ready To Make Nice" 2. Avinu Malkeinu: The Many Faces of Our God 3. Jonah and Other Reluctant Heroes	2:00 PM - 3:00 PM
Family Service	LIVE on Zoom	2:30 PM - 3:45 PM
Yizkor Memorial Service	Prayers, Music, and Meditation	4:00 PM - 5:00 PM
Neila Concluding Service	LIVE on Zoom	5:15 PM - 6:05 PM
Shofar, Havdala, and Hashkiveinu	LIVE on Zoom	6:05 PM - 6:10 PM
Visit with Clergy	LIVE on Zoom	6:10 PM - 6:30 PM



How to Stream Services

Stream all services at **oramiLIVE.com** or on Congregation Or Ami's Facebook page **facebook.com/CongregationOrAmiCalabasas**.

Zoom: Only select services and events will be hosted on Zoom (see full schedule). To participate on Zoom, click the provided Zoom link or enter the meeting ID (posted on day of event at **orami.org/hhd**). Make sure you have downloaded the Zoom application beforehand. For more Zoom details, visit **orami.org/hhdhelp**.

Connect your computer to a television screen for enhanced view. For ideas on how, visit **orami.org/hhdhelp**.

Live Tech Support

If you have questions or experience difficulty accessing any of our services, live technical support is available to assist you.

Prior to services, you can reach us Monday through Friday, 9 am - 5 pm.

On service days, you can reach us starting 1 hour before the first service begins through the duration of the day's activities:

Contact us by phone:

1 818-697-0974 **2** 818-223-1228 **3** 818-584-6621

**If you don't get through to one phone number, please try another.*

Contact us by email: **hhd@orami.org**

For complete information and updates on our High Holy Day services, visit **orami.org/hhd** and **orami.org/hhdhelp**

L'SHANA TOVA (HAPPY NEW YEAR)!

Six months ago, when we began the “sheltering at home,” rabbis, cantors and synagogue leaders across the world recognized that these High Holy Days would be so vastly different than most of us had ever experienced before. So at Congregation Or Ami, a dedicated team of clergy and leaders set out to make meaningful that which would be fundamentally different.

Our High Holy Days, called the Yamim Noraim (Days of Awe), will in fact be awe-inspiring! They both represent a technological feat (moving an in-person spiritual experience online) and will touch us deeply in our heart-centers. We will feel the warmth of the combined efforts of a hundred community partners who lead music, read prayers, chant Torah, and sound the shofar. Our souls will simultaneously soar and slip into quietude as Cantor Doug Cotler sings words of wonder and as Rabbis Julia Weisz and Paul Kipnes inspire us with ancient prayers, meaningful meditation, stories and sermons.

Let this High Holy Day Prayer Supplement guide you through the journey as you move from counting your blessings and recounting your misdeeds to envisioning healthier ways of living and making teshuva (repenting) for your mistakes and sins. It contains service schedules, suggestions for how to transform your home viewing area into a mikdash m'at (small sanctuary), and songs that do not appear in the Machzor (prayer book). Can't figure out the technology or need a machzor? Follow instructions herein for help.

On the blank pages, capture memories of loved ones from holy days long past, and pour out your disappointment and loss as well as your hopes and dreams as you approach the new year. Along with the High Holy Day Essentials Bag, made available by our Henaynu Caring Community to all Or Ami partners, this guidebook can shape your spiritual experience ahead.

As Unetaneh Tokef prayer reminds us, we may lack control over the realities of these days, but with teshuva (self-reflective repentance), tzedaka (selfless charitable giving), and tefila (prayerful spiritual centering) we can bring wholeness and holiness to our lives. May this Prayer Supplement help heal the brokenness and fill us with renewed faith in the future.

One final suggestion: even as you stream services, simultaneously set up a private call, FaceTime, Duo, or Zoom with family or dear friends. That way, you can “go to services together.”

L'shana Tova u'Metukah.

Wishing you a sweet New Year of blessing.

Susie Gruber, Henaynu Chair **Lesli Kraut**, President **Rabbi Paul Kipnes**

CHECKLIST: TO DO BEFORE SERVICES

Do Now (or Very Soon)

- ☐ Find or order *Machzor: Sha'arei Or: Gates of Light* (prayer book)
- ☐ Read *Mikdash M'at - Creating a Home Sanctuary* (p. 5)
- ☐ Connect your computer to your television (orami.org/hhdhelp)
- ☐ Test the stream at oramiLIVE.com (orami.org/hhdhelp)

Prepare

- ☐ Make your sitting area comfortable
- ☐ Hang your *Shiviti* (in Essentials Bag or orami.org/hhd)
- ☐ Cover table with a white or colorful tablecloth

Gather

- ☐ *Machzor: Sha'arei Or: Gates of Light* (prayer book)
- ☐ High Holy Day Prayer Supplement
- ☐ Pen/Pencil

Reflect and Fill Out

- ☐ Soon: *Yizkor Memorial Scroll* and mail to Or Ami (or online at orami.org/hhd)
- ☐ Before Rosh Hashana: *Dedicate these Holy Days* (inside cover)
- ☐ Before Kol Nidre: *Teshuva Tefilah u'Tzedaka* (p. 7)
- ☐ After Yom Kippur Morning Service 1: Reflect: *Cantor Doug's Legacy and My Legacy* (p. 8)

TO DO FOLLOWING SERVICES

Bless

- ☐ Say: *Baruch atah Adonai, hamavdil bayn kodesh l'chol.*
Blessed are You Adonai, who distinguishes the holy and ordinary.

Give

- ☐ Donate to our High Holy Day Appeal. As we provide inspiring worship, lifesaving pastoral counseling and spiritual support, warm community, and critical social action work, we face significant financial challenges. Without High Holy Day tickets, we rely on your support. Please dig deep and give: orami.org/donate

Kvell (Praise)

- ☐ After services, offer thanks and praise to those who transformed our inspiring in-person High Holy Day services into beautiful streaming worship experiences. Send Rabbi Kipnes an email so we can pass on your praises: rabbipaul@orami.org.

MIKDASH M'AT - CREATING A HOME SANCTUARY

Without a physical place of worship, how can we pray? The rabbis asked the same question right after the destruction of the Jerusalem Temple. Their answer: our homes become our *mikdash m'at* (miniature sanctuary), our personal holy place.

While we are not able to gather in Or Ami's usual High Holy Days sanctuary, we still can create sacred space in our homes. Prior to Rosh Hashana, take time to create that sacred space, so that when you are streaming Congregation Or Ami's services, the holiness is surrounding you. What would help you create a spiritual mindset and spiritual refuge? As you read these suggestions, adapted from Rabbi Elyse Goldstein, plan time to do your favorites:

- ☐ Choose your prayer space carefully in advance by spending a few moments of individual contemplation or family discussion. Don't wait for the last minute!
- ☐ Say a blessing or *kavannah* ("intention") over it to mark it as your *mikdash m'at*. Suggestions of verses and blessings are below.

Birkat Habayit (home blessing):

B'zeh hasha'ar lo yavo tza'ar.
B'zot hadirah lo tavo tzara.
B'zot hadelet lo tavo behala.
B'zot hamach'laka lo tavo machloket.
B'zeh hamakom t'hee v'racha v'shalom.

Let no sorrow come through this gate.
Let no trouble come in this dwelling.
Let no fright come through this door.
Let no conflict come to this section.
Let there be blessing and peace in this place.

With the last line of *havdala* separating Shabbat from weekdays, we separate this space for sacredness:

Baruch atah Adonai, hamavdil bayn kodesh lechol.
Blessed are You Adonai, who distinguishes the holy and the ordinary.

- ☐ Make your space feel holy: Put cushions or festive pillows on chairs, or drape them with a tallit, special piece of fabric, or scarf. Decorate your space on Rosh Hashana with candlesticks and *kiddish* cup, and

apples and honey. On Yom Kippur, surround yourself with cherished mementos, family heirlooms, and photos of loved ones.

- ☐ Transform your computer from your work space to a contemplative *bima* (stage) by covering the desk or table with a white tablecloth, white runner, or white placemat. Add a vase of flowers.
- ☐ Move your computer, if possible, away from where you are sitting, so you can pray toward the screen, rather than looking down on it. Connect your computer to a TV so it feels less like a work device.
- ☐ Try to limit or disconnect from potential distractions in order to be more present during the service. Turn off your email and text message ping sounds. Close your apps. Placing your cell phones in a family “tech box” may allow you to stay focused.
- ☐ Wear clothing that makes you feel as if you are entering a spiritual space. Consider dressing in white clothing. *Kippah* and *tallit* are welcome if they help you express a connection to this special worship.
- ☐ As you hold Or Ami’s *Sha’arei Or: Gates of Light machzor* (prayer book), feel its cover and edges and flip its pages. Remember the times you have used it before—who you sat near, what moved you in the service, the first time you prayed from it. Inscribe a meaningful phrase or hope for this year. Our prayers will not be captioned on the screen, so having a *machzor* means you can participate more fully. You can purchase copies now in time for pickup or to be delivered by mail to your home at orami.org/hhd.



- ☐ **Shiviti:** Historically, many synagogues and even homes had a decorative work on the wall called a *Shiviti*, taken from the first Hebrew word of the verse, “I always set Adonai before me” (Psalm 16:8). We have commissioned a shiviti from artist and congregant Isaac Brynjegard-Bialik as a gift to all service participants. We hope you will hang it in front of you, so it becomes another focus of inspiration. You can download it at orami.org/hhd.

REFLECT: *TESHUVA*, *TEFILA*, *U'TZEDAKA* (Repentance, Prayer, and Righteous Giving)

Rabbi Kipnes teaches that the *Unetaneh Tokef* prayer provides us with three ways to face the harsh reality of life and death by reaching:

Teshuva (repentance) – reaching inward to admit our weaknesses, cease our bad habits, and begin repairing the pain we have caused.

Tefila (prayer) – reaching beyond ourselves, linking our spiritual selves with Holiness, and refocusing on what’s really important.

Tzedaka (righteous giving) – reaching out to lift others up, and donating our money and time to help repair the world.

Before Kol Nidre, consider:

Teshuva (repentance): What 2 steps will take to repair the pain I have caused others?

Tefila (prayer): In what 2 ways will I tend to my soul and my spiritual life?

Tzedaka (righteous giving): In what 2 ways will I give what’s mine to help lift up others (beyond my family)?

REFLECT: CANTOR DOUG'S LEGACY AND MY LEGACY

During Yom Kippur Morning Service 1, we reflect with Cantor Doug Cotler on his legacy. He speaks about the life lessons he tried to impart through his life and music, passing them *l'dor vador* (from generation to generation) to us. Cantor Doug encourages us to reflect upon our own legacy.

After Yom Kippur Morning Services, reflect:

From Cantor Doug Cotler, I have learned/experienced/received these 2 gifts:

Like Cantor Doug Cotler, I hope to pass on, as my legacy, these 2 important life lessons:

TASHLICH - CAST AWAY YOUR SINS

1 Go to a natural body of water that you can access easily.

Tashlich calls us to cast our sins into a body of water like an ocean, river, or lake. Usually observed on *Rosh Hashanah*, *Tashlich* can be done any day until *Yom Kippur*. If you don't live near a natural body of water, use running water from a hose or faucet, or a bucket of water.

2 Examine what you've struggled with in the past year.

Tashlich requires that we review your behavior over the last year before we can cast away our sins. Remember, everyone struggles with mistakes and sins, so be honest with yourself.

3 Take a meditation walk.

After thinking about our actions over the past year, we consider how to improve in the upcoming year. Taking a walk offers time to meditate about ways to change our behavior and return to holy living.

4 Use Or Ami's Tashlich service.

On orami.org/hhd use Or Ami's Tashlich service for readings and songs like *Eli, Eli; Listen and Shema; Turn, Turn, Turn*; and *Hashiveinu*.

5 Offer a prayer about your hope for the year.

Talk to God (aloud or in your head), being as honest as possible, about your past year. Speak how you plan to do better: *Do my relationships reflect k'dushah (holiness)? Can I be there for people who need me? The kind deed: did I perform or postpone it? The unnecessary word: Did I say it or hold back? Did I acquire only possessions or insights and knowledge too? Did I live fully? If not, how can I?*

6 Cast your mistakes and sins into the body of water.

Reach into your pockets and grab the breadcrumbs or metaphorical sins, and throw them into the water. When you let go of them, breathe out and watch them wash away.

Bereisheet - Genesis 1:1-8

בְּרֵאשִׁית בָּרָא אֱלֹהִים אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ:
וְהָאָרֶץ הָיְתָה תֵהוֹ וּבְהוּ וְחֹשֶׁךְ עַל־פְּנֵי תֵהוֹם
וְרוּחַ אֱלֹהִים מְרִנָּנָה עַל־פְּנֵי הַמַּיִם: וַיֹּאמֶר
אֱלֹהִים יְהי־אֹר וַיְהי־אֹר: וַיֵּרָא אֱלֹהִים
אֶת־הָאֹר כִּי־טוֹב וַיַּבְדֵּל אֱלֹהִים בֵּין הָאֹר וּבֵין
הַחֹשֶׁךְ: וַיִּקְרָא אֱלֹהִים | לָאֹר יוֹם וּלַחֹשֶׁךְ קָרָא
לַיְלָה וַיְהי־עֶרֶב וַיְהי־בֹקֶר יוֹם אֶחָד:

When God was about to create heaven and earth, the earth was a chaos, unformed, and on the chaotic water's face there was darkness. Then God's spirit glided over the face of the waters, and God said, "Let there be light!" - and there was light. And when God saw how good the light was, God divided the light from the darkness; God then called the light Day, and called the darkness Night, and there was evening and there was morning, [the] first day.

וַיֹּאמֶר אֱלֹהִים יְהי רָקִיעַ בְּתוֹךְ הַמַּיִם וַיְהי
מַבְדֵּיל בֵּין מַיִם לַמַּיִם: וַיַּעַשׂ אֱלֹהִים
אֶת־הָרָקִיעַ וַיַּבְדֵּל בֵּין הַמַּיִם אֲשֶׁר מִתַּחַת
לָרָקִיעַ וּבֵין הַמַּיִם אֲשֶׁר מֵעַל לָרָקִיעַ וַיְהי־כֵן:
וַיִּקְרָא אֱלֹהִים לָרָקִיעַ שָׁמַיִם וַיְהי־עֶרֶב
וַיְהי־בֹקֶר יוֹם שֵׁנִי:

God then said, "Let there be an expanse in the midst of the waters, and let it divide water from water!" So God made the expanse, separating the waters beneath the expanse from the waters above the expanse - and so it was. God then called the expanse Sky, and there was evening and there was morning, a second day.

1 Shehecheyanu / Times Like These

*Shehecheyanu Mashup by Andrew Fromer
Times Like These by Foo Fighters*

I am a new day rising
I'm a brand new sky
to hang the stars upon tonight.
I am a little divided.
Do I stay or run away
And leave it all behind?

It's times like these you learn to live again
It's times like these you give and give again
It's times like these you learn to love again
It's times like these time and time again

*Baruch Atah Adonai, Eloheinu Melech haolam,
Shehecheyanu, v'kiy'manu, v'higiyanu lazman hazeh.*

2 Birkat Hagomel

Music and English lyrics by Kyle Cotler © 2015

*Baruch Atah Adonai
Eloheinu Melech ha-olam
Hagomel l'chayavim tovot
Sheg'malanee kol tov.*

[Blessed are You Adonai who bestows goodness,
favor and protection upon all creation.]

*Blessed are You Adonai
Blessed are You Adonai
I'm so grateful
And I'm so thankful
Amen. Amen.*

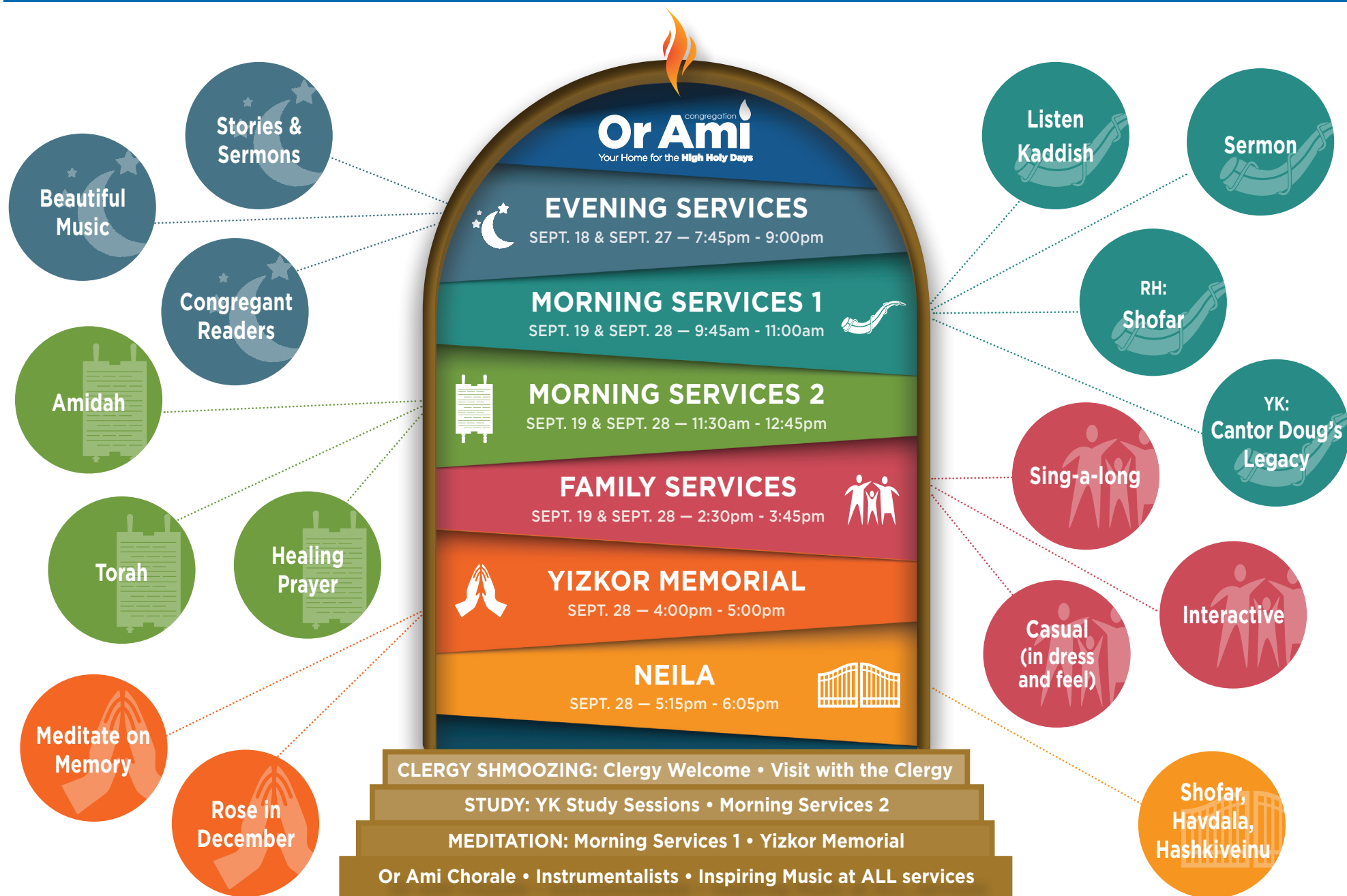
*Mi shegamalcha kol tov
Hu y'gamalcha kol tov*

[May the One who has granted you all kindness
always grant kindness to you, selah.]

*I'm so grateful
And I'm so thankful
Amen. Amen. Amen.
Amen. Amen. Amen.*

*Blessed are You Adonai
Blessed are You Adonai
I'm so grateful
And I'm so thankful
Amen. Amen. Amen.
Amen. Amen. Amen.
Amen.*

DESIGN YOUR OWN HIGH HOLY DAY EXPERIENCE



SEE COMPLETE SCHEDULE FOR MORE DETAILS

STREAMING: All on oramiLIVE.com and **Facebook: Congregation Or Ami**
Family Services, Neila Concluding, and other events are also on **Zoom**.

NO TICKETS REQUIRED. Machzor needed. **Register** to receive changes and updates at orami.org/hhd. **Questions?** office@orami.org

3 You Will Be Found

*By Benj Pasel and Justin Paul
from Dear Evan Hansen*

Have you ever felt like nobody was there?
Have you ever felt forgotten in the middle of nowhere?
Have you ever felt like you could disappear?
Like you could fall and no one would hear?

Well, let that lonely feeling wash away.
Maybe there's a reason to believe you'll be okay,
Cause when you don't feel strong enough to stand,
You can reach, reach out your hand.

And oh, someone will come running
And I know, they'll take you home

Even when the dark comes crashing through,
When you need a friend to carry you,
And when you're broken on the ground
You will be found.

So let the sun come streaming in
Cause you'll reach up
and you'll rise again
Lift your head and look around

You will be found
You will be found

There's a place where we don't have to feel unknown.
And every time that you call out,
You're a little less alone.
If you only say the word,
From across the silence
Your voice is heard

And oh, someone will come running
And I know they'll take you home

4 How We Are Blessed

By Daniel Cainer

Consider this day.
Consider it holy.
If we consider that it's holy, then it is.
Take this moment to consider all the moments
That we didn't so consider prior to this.

It's how it is, it's how it's always been
And will always be, I guess.
It's how we're blessed, how we're blessed.

Consider the light,
The light that guides you.

And without which you would flounder in the dark
Whatever they tell you,
It burns inside you
And it's blazing like a furnace,
Like our nearest, dying star

It's how it is, it's how it's always been
The light and the darkness
It's how we're blessed, how we're blessed

How we're blessed
It's sometimes hard to fathom
When we're falling into a chasm
When we're staring at the jaws of death.
How we're blessed,
We're never going to understand it
In our short time on the planet,
We are honored guests.

Consider this sound, this set of vibrations
That moves the air that stirs the head and heart
The epic themes and the many variations
The revelations, that tear us up
And tear us all apart

Consider this breath,
This breath that fills you
And without which you'd be useless,
More or less
What doesn't make you stronger kills you
Your breath's the first blessing you're given
And the last thing you have left.

It's how it is, it's how it's always been
And will always be, I guess
It's how we're blessed,
How we're blessed
It's how it is, it's how it's always been
The light and the darkness
It's how we're blessed, how we're blessed

5 Zochreinu

*Zochreinu, zochreinu l'chayim,
Melech chafeitz ba-chaim
V'chotmeinu, b'sefer hachayim
L'ma-ancha Elohim chaim*

*L'ma-ancha, l'ma-ancha, l'ma-ancha Elohim
L'ma-ancha, l'ma-ancha, l'ma-ancha
Elohim chaim*

[Remember us unto life, O Sovereign who delights in life.
And inscribe us in the Book of Life, for Your sake, O God of life.]

6 On Yom Kippur

By Daniel Cainer

On Yom Kippur I'll say the prayers
in English or in Hebrew.
I'm sorry for my trespasses:
For what I've done and what I did not do.
I may not be religious;
it may all be hot air.
But if I'm sincere
for at least one day of the year,
Maybe I'll find God there.

On Yom Kippur I'll hold my fast.
I'll try to be still and patient.
I'm a grain of sand.
I'm a blade of grass.
I'm a spark in the arc of creation.
Oh Let my mind be silent.
Let me feel something pure and rare.
Let my anguish cease.
Let me make my peace.
Maybe I'll find God there.

On Yom Kippur I'll beat my chest.
In the house of God, I'm a skeptical guest.
Show yourself. Give me a sign.
Flicker the flame. Knock over the wine...
If you're there knock once for no
Knock twice for yes.

On Yom Kippur my year is done.
It's the footer and the header.
And the oaths I swore can be annulled
And next year I swear I will do better.
And I'm praying for forgiveness
For everyone everywhere.
If can wipe the slate clean
And be someone I've not been
Maybe I'll find God
Maybe I'll find God
Maybe I'll find God here.

7 Heal Us Now

By Leon Sher

R'fa-eynu Adonai v'ney-rafeh.
Hoshee-ey-nu v'nee-vashey-ah.

[Heal us, God, and we shall be healed.
Save us and we shall be saved. (Weekday Amidah)
God is close to all who call out. (Ps 145:18)]

Eyl karov l'chol korav.

Ach karov leeray-av yish-oh.

[Surely, help is near to all who call. (Ps 85:10)
Oh God, please heal. (Num 12:13)]

We pray for healing of the body;
We pray for healing of the soul,
For strength of flesh and mind and spirit.
We pray to once again be whole.

Eyl na r'fa na.

Oh, please, heal us now.

R'fu-at hanefesh,

U-r'fu-at haguf,

R'fu-ah sh'leyma.

[Healing of the soul, and healing of the body.
A complete healing. (Prayer for Healing)]

Heal us now.

Heal us now.

Ho-shee-ah et amecha u-varech et nach-la-techa.

U-r'eym v'naseym ad ha-olam.

Mee shebey-rach avoteynu,

Mee shebey-rach eemo-taynu,

Ana Adonai hoshee-ah na.

We pray for healing of our people;
We pray for healing of the land,
And peace for every race and nation,
Every child, every woman, every man.

Heal us now.

Heal us now.

Heal us now.

8 Hashkiveinu

© Mah Tov

Hashkiveinu Adonai Eloheinu

I'shalom I'shalom.

V'ha-ameedeinu Shomreinu l'chayim

Ufros aleinu sukkat sh'lomecha

Ufros aleinu sukkat sh'lomecha

Amen

Shelter us beneath thy wings, O Adonai.
Guard us from all harmful things, O Adonai.
Keep us safe throughout the night
'Til we wake with morning's light
Teach us daily wrong from right.
Amen

9 Pitchu Li

By Julie Silver

Sometimes I lose my way.
I stumble and fall.
I fail to see the open door
And only see the wall.
Sometimes I close my ears,
When open they should.
But then I stop and listen to
That still small voice inside of me,

*Pitchu li shaarei tzedek
Avovam odeh Yah*

[Open to me the gates of righteousness that I may enter them.]

May I see my life in the work of Your hands,
And walk in love and freedom to the promised land
And when I lose my way
I pray that I may see
That spark inside the darkness
And the gates open for me.

10 Still Going Strong

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Life turns its pages, so many changes,
Lovers we knew now walk separate roads.
Some found questions they could not answer.
Some needed freedom more than love.
But you and I, we're still on the ride
and after all of this time...

We're still going strong.
Still holding on.
We play through the right
and stay through the wrong.
And we're still, still going strong.

Now I don't pretend to understand
Why you and I survive the storm.
Sometimes it seems like a great secret.
Sometimes it seems simple as love.
We keep our eyes on the things that we prize
and as the storm rages outside...

Here we are,
We're still going strong!
Here we are,
We're still holding on...
Life turns its pages, so many changes,
But here we are,
We're still going strong!

11 Oseh Shallow (Shallow from "A Star is Born")

Music by Germanotta, Ronson, Rossomando, Wyatt

*Od yavo shalom
Od yavo shalom aleinu
Od yavo shalom
Od yavo shalom aleinu
Shalom aleinu v'al kol yisrael
V'imru, v'imru amen*

[Peace will still come to us and all Israel.]

*Oseh shalom bimromav
Hu yaaseh shalom
Aleinu v'al kol yisrael
V'al kol yoshvey teivel*

*Yaaseh Sha Shalom
Shala sha shala la la lom
Yaaseh Sha Shalom v'imru amen*

Oh, ahhhhh....
Oh, ahhhhh....

12 Halleluyah

By Leonard Cohen

I heard there was a secret chord
That David played, and it pleased the Lord
But you don't really care for music, do you?
It goes like this: The fourth, the fifth
The minor fall, and the major lift
The baffled king composing Hallelujah
Hallelujah, Hallelujah, Hallelujah, Hallelujah

You say I took the name in vain.
But I don't even know the name
But if I did, well really, what's it to you?
There's a blaze of light in every word
It doesn't matter which you heard
The holy or the broken Hallelujah
Hallelujah, Hallelujah, Hallelujah, Hallelujah

I did my best, it wasn't much
I couldn't feel, so I tried to touch
I've told the truth, I didn't come to fool you
And even though it all went wrong
I'll stand before the Lord of Song
With nothing on my tongue but Hallelujah
Hallelujah, Hallelujah, Hallelujah, Hallelujah

13 Grateful

By Daniel Cainer

Is it just me or do the days, these days
Go by much so more quickly than they did.
So many strange things going on,
So many pieces of the puzzle that don't fit.

I watch the sunset on the western sea.
The light plays on the water and it feels to me
That I am blest to be here despite all the unrest,
And how it may appear.

I'm grateful
For what I'm about to receive
Let me be grateful
For all that I've achieved

And when I'm looking for a place to hide,
When I feel broken inside,
Remind me...
Grateful.
That's how I want to be

Just look around.
It doesn't take that much to be confused.
Don't get upset.
When the world is upside down
And what you see is not always what you get.
There's been so many things I should have done
And so many others that I would not have done
Had I known then,
What I know today
But then again I'd not have learned along the way

To be grateful
When it's not quite how I imagine
I'll be grateful
For the lights and sound and action.

When I can't tell wrong from right,
When I'm wound up far too tight,
Release me...
Grateful.
That's how I want to be.

How much you push.
How much you're pulled.
How much you wait.
How much you wish.
How much you pray.
And if you don't get what you want

Then what you want's not what you needed anyway
Zoom out the camera lens and what do we see
The earth, the moon, the planets and the galaxy
And I am just
A speck of dust
Lost... somewhere in my own universe.

Grateful.
Modim Anachnu Lach

[We are thankful to You]

We sing and we are faithful
And give thanks for everything
For all that's said and done
For all that's yet to come.
Help me.
Grateful...
That's how I want to be
Grateful. Grateful. Grateful.

14 Standing on the Shoulders

© 1990 By Lanny, Steve, and Doug Cotler

In the garden there's a tree
Planted by someone who only imagined me.
What love, what vision.
I marvel at the gift.
No fruit could be sweeter than this.

As my people went from land to land,
Something passed from hand to hand.
And it isn't just the words and stories
Of the ancient laws and golden glories.
It's the way we study the Book we study.
It's the way we study the way.

I'm standing on the shoulders
Of the ones who came before me.

Today my life is full of choice,
Because a young man raised his voice.
Because a young girl took a chance,
I am freedom's inheritance.
Years ago they crossed the sea,
And they made a life that's come to me.

So in the garden I'll plant a seed,
A tree of life for you to read.
The fruit will ripen in the sun.
The words will sound when I am gone.
These are the things I pass along:
The fruit, the Book, and this Song.

15 So Many Questions/Barchu

Lyrics by Doug Cotler and Jeff Marx, Music by Doug Cotler

There's a hole in the universe
From which nothing escapes.
Things fall through to the other side,
Come out in different shapes.
Who made the earth and sky?
What makes the planets spin?
Where did they come from?
How did it all begin?

The stars in the sky send out a flare
As they burn into ash.
Their light bears a message of yesterday's news.
All things must pass.
Who is beyond all time?
Where is the end of space?
What lives forever?
Why is it all in place?

So many questions,
And so little time to ask them.
Blessed are you, Adonai.
How can we know you?
Where can we find you?
You are so close,
And yet so far away.

A tiny egg, a little seed,
Life begins with a breath.
For six long days the work is good,
And on the seventh there's rest.
Who is the source of life?
What makes the seasons flow?
Where do we come from?
When will we ever know?

*Bar'chu et Adonai ham'vorach.
Baruch Adonai ham'vorach l'olam va-ed.*

16 L'dor Vador

By Josh Nelson

We are gifts,
And we are blessings.
We are history in song.
We are hope, and we are healing.
We are learning to be strong.
We are words and we are stories.
We are pictures of the past.

We are carriers of wisdom,
Not the first and not the last.

*L'dor vador nagid godlecha.
L'dor vador, we protect this chain.
From generation to generation,
L'dor vador, these lips will praise Your name.*

Looking back on the journey
That we carry in our heart.
From the shadow of the mountain
To the waters that would part.
We are blessed and we are holy
We are children of Your way.
And the words that bring us meaning
We will have the strength to say.

17 A Rose in December

© 1993 By Doug Cotler, Lanny Cotler, Steve Cotler, and Jeff Marx

You who gather here, crying silent tears,
Because you cannot talk to me,
You can remember.
I am here though I am gone.
Dust to dust; life goes on.
Think of me, and I will become...
A rose in December

If you remember, I'll be a rose
If you remember, I'll be a rose
A rose that blooms in December

In your thoughts and in your sight,
I am eternal light
Hold the torch against the night,
And you will remember.
In the flame are many sparks,
Touching lives beyond the dark.
By my deeds I've left my mark,
A rose in December

So say the words that must be said,
Prayer for beloved dead.
And as our precious tears are shed,
We shall remember.
Death and loss are what we pay,
For finding love along our way
A gift forever, sweet bouquet,
A rose in December.

18

Adonai Li

© 1995 By Doug Cotler and Jeff Marx

I lift my voice, when all is dark.
 Into God's hands I place my heart.
B'yado afkeed ruchy.
 I'm not afraid.
Adonai li

I lift my eyes, when all is night.
 When I need help, I seek God's light.
Lo echsar, Adonai ro-ee.
 I shall not want.
Adonai li

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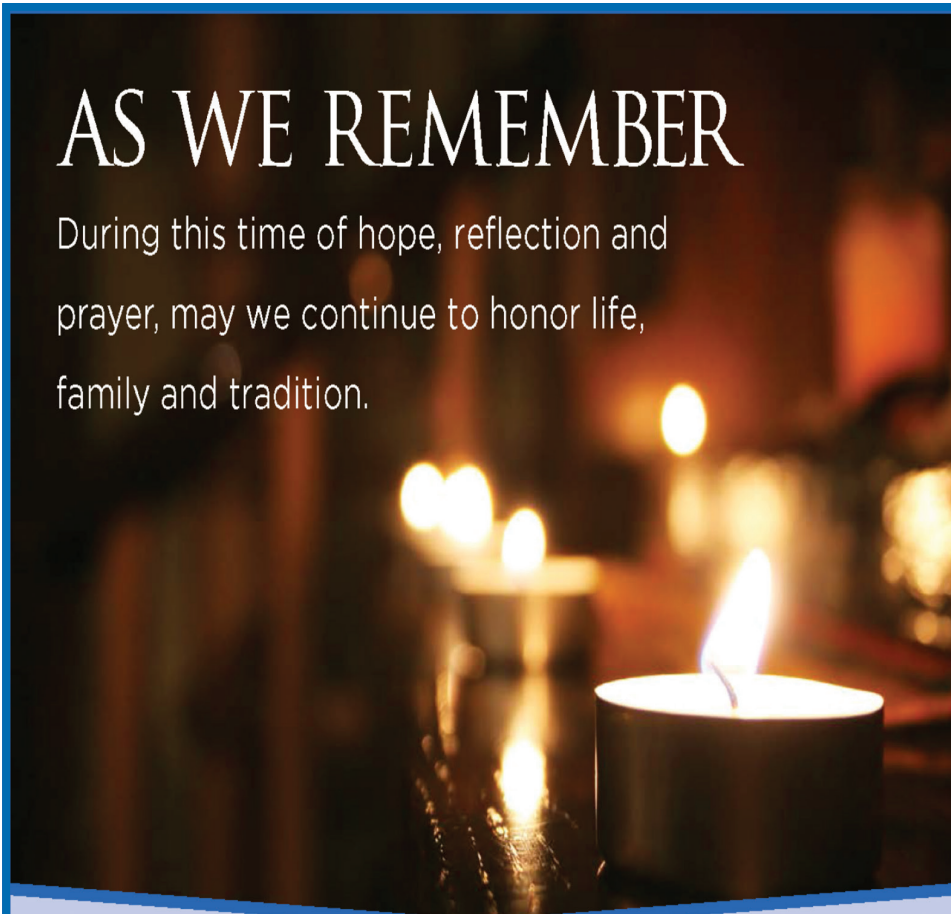
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AS WE REMEMBER

During this time of hope, reflection and prayer, may we continue to honor life, family and tradition.



Please Contact Congregation Or Ami's Dedicated Advisor for Guidance.

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Sept. 24 (10:00 am - 1:00 pm)

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Dry Beans
Dry Pasta
Dry Milk
100% Juice
Oatmeal
Tomato Sauce
Canned Beans
Canned Vegetables
Canned Fruit
Canned Pasta
Cooking Oil
Kosher Foods
Diapers/Wipes
Soap
Shampoo/Conditioner
Razors
Deodorant
Lotion
Toothpaste
Toothbrushes

Please avoid glass jars,
opened or perishable foods.

OUR MOST CRITICAL NEEDS:

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Rice

Canned Tuna/Fish

Canned Meats
(beef stew, chili w/meat,
chicken etc.)

Canned or Dry Soup

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