

High Holy Day Family Services



Machzor | Prayerbook for Rosh Hashanah and Yom Kippur



אור עמי

Congregation
Or Ami

LIGHT OF MY PEOPLE

Congregation Or Ami is a sanctuary of kindness, a safe Jewish community for today, your second home. Come visit to: Bask in our welcoming, inclusive, musical, innovative Jewish community • Connect with warm, accessible, insightful clergy • Be spiritually inspired • Discover deep connections with Torah, Israel and the Holy One, and • Partner with others who seek justice to change the world.

If this kind of community feels exciting to you, then stop by to schmooze (talk) or grab a cup of coffee with our rabbis. We know you will feel the warmth.

**Come home to Judaism
Come home to Congregation Or Ami.**

Or Ami

ONE COMMUNITY
HIGH HOLIDAYS

1. Hinei Mah Tov

Hinei ma tov umanayim
shevet achim b'yachad
*How good and pleasant it is
for us to be together.*

2. Thank You God

by Doug Cotler and Jeff Marx

*Baruch Ata Adonai,
Thank you God.*

Thank you for the candles. Thank
you for the wine. Thank you for the
Challah that always tastes so fine.

Thank you for my mommy.
Thank you for my dad.
They love me when I'm happy,
They love me when I'm sad.

Thank you for my friends. Thank
you for my toys. Thank you God for
watching over all the girls and boys.

3. Shofar Blast by Ellen Allard

I like to hear the shofar blast,
Sometimes slow and sometimes fast
A Happy, happy, happy new year.

Tekiah [Tekiah]

Teruah [Teruah]
Tekiah [Tekiah]

Sh'vareem [Shevarim]
Teruah [Teruah]
Tekiah [Tekiah]

Tekiah G'dolah [Tekiah G'dolah]
Sh'vareem [Shevarim]
Teruah [Teruah]
Tekiah [Tekiah]

I like to hear the shofar blast,
Sometimes slow and sometimes fast
A Happy, happy, happy new year.
A Happy, happy, happy new year.
A Happy, happy, happy new year.

4. Katveinu B'sefer Chaim

by Doug Cotler and Jeff Marx

Katveinu b'sefer chaim (4x)
(May we be written in the Book of Life)

Come all you Jews and gather
'round.
Now is the time for the Shofar to
sound.
As the New Year season begins,
we ask forgiveness for our sins.

I'm not going to be selfish or
greedy. I'm going to give Tzedakah
to the needy.

I'm not going to hit, kick, bite, or
pinch. I'm going to try to be a
mensch.

I'm gonna try to listen to my
mother. And I won't hit or beat up
on my brother. Won't tease my
sister or make her sad. And I won't
talk back to my Dad.

We've said we're sorry to everyone.
For all the bad things we have done.
Apples and honey sure taste sweet,
when our Teshuvah's complete.

5. Apples and Honey

Apples and Honey
for Rosh Hashanah
Apples and Honey
for Rosh Hashanah

A good New Year,
A sweet New Year (2x)
Apples and Honey
for Rosh Hashanah

6. Oseh Shalom

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו, הוּא יַעֲשֵׂה
שְׁלוֹם עָלֵינוּ,
וְעַל כָּל יִשְׂרָאֵל, וְאֶמְרוּ, וְאֶמְרוּ: אָמֵן.

*Oseh Shalom bimromav, Hu ya'aseh
shalom, aleinu v'al kol Yisrael.
V'imru: Amen.*

May the One who makes Peace
above, make peace for us, for all
Israel and all the world, and let us
say: Amen.

Or Ami

ONE COMMUNITY



*May the door of this synagogue
be wide enough to receive
all who hunger for love,
all who are lonely for friendship.
May it welcome all who have cares to unburden,
thanks to express, hopes to nurture.
May its threshold be no stumbling block
to young or straying feet.
May it be too high to admit complacency,
selfishness, and harshness.
May this synagogue be the doorway
to a richer and more meaningful life.*



ROSH HASHANA: Our Jewish New Year

Beginnings are times of new hope.
Beginning a new year or starting a new class.

Joining a new club, learning a new sport, entering a new school,
As we enter upon the new, we leave the past behind.

We look forward, mixing emotion with visions.
Dreams and hopes light our path into the future.

Rosh Hashana is our holiday of visions, hopes and dreams.
On this New Year, we pray for a fresh beginning.

On this New Year, we pray for joy and friendship, love and peace.
On this New Year, we pray for health and blessing.

On this New Year, we pray for wisdom, humility and kindness.
On this New Year, we pray for love in our lives, and love in all lives.

On this New Year, we pray for God's presence as we renew our study of Torah.
On this New Year, we pray for peace for our family, peace for all families.

On this New Year, we give thanks to God for allowing us to reach this day.

Shehecheyanu

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, שֶׁהֵחֵינּוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ לְזִמְן הַזֶּה.
*Baruch atah, Adonai Eloheinu, Melech haolam,
shehecheyanu v'kiy'manu v'higianu laz'man hazeh.*

It is important to pray. Prayer helps us think about God.
Prayer helps us talk to God. Prayer helps us say thank you to God.

Barechu

*Barechu et Adonai hamevorach.
Baruch Adonai hamevorach leolam vaed!*

בָּרְכוּ אֶת יי הַמְּבָרָךְ!
בָּרוּךְ יי הַמְּבָרָךְ לְעוֹלָם וָעֶד!

When we pray we think about our lives. People can make a difference. One me, one you, caring for each other. One mitzvah helps us do more mitzvot. One Torah to study.

Listen by Doug Cotler and Jeff Marx

If you're lost, you feel afraid,
And you don't know what to say.
Then listen, listen to our God.
Is there a question on your mind?
Is the answer hard to find?
Then listen, listen to our God.

Listen with all your heart and soul.
And with all your might. Write them
and learn them and teach them
well. Every morning and night.
Close your eyes and listen.

Quiet yourself. There's nothing to
say. Stop all the chatter that gets in
the way. And listen, listen to our
God.

When the wind and thunder finally
disappear. There's still a voice that
you can hear. If you listen, listen to
our God.

You can hear it from the top of the
highest hill. Or from the valley
below. It can come from the edge of
the universe. It can come from
within your soul. Close your eyes
and listen.

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.
בְּרוּךְ שֵׁם כְּבוֹד מְלַכּוּתוֹ לְעוֹלָם וָעֶד.

*Sh'ma Yisrael Adonai
Eloheinu Adonai echad.
Baruch shem k'vod, shem k'vod,
Mal'chuto l'olam va-ed.*

Torah teaches us about God. *V'ahavta eit Adonai Elohecha*. You shall love the Eternal God.

Torah teaches us to love God. Torah teaches us to think about God. Torah teaches us to live by Jewish values.

Emet: To be truthful in all we do. *Chesed*: To be kind and caring. *Selicha*: To ask forgiveness and apologize to others. *Tzedaka*: To give to others so they can be healthy, safe and secure. *Mishpacha*: To care for our families. *Ahava*: To be loving people. *Tikun Olam*: To fix our broken world. *Shalom Bayit*: To help make our homes peaceful. *Tikva*: To be hopeful. *Shalom*: To pursue peace.

Mi Chamocha

Ya lai lai.....

מִי־כְמוֹכָה בְּאֵלִים, יְיָ!
מִי כְמוֹכָה נֶאֱדָר בְּקֹדֶשׁ,

Mi chamocha ba-eilim Adonai?

Mi kamocha ne-e-dar bakodesh?

Who is like You, Eternal One, among the gods that are worshipped? Who is like You, majestic in holiness?

נֹרָא תְהִילָת, עֲשֵׂה פֶלֶא!

Nora t'hilot, oseh feleh (2x) Nora
t'hilot, oseh feleh?

Awesome in splendor, doing wonders?

יְיָ יִמְלֹךְ לְעֹלָם וָעֶד!

Adonai yimloch l'olam va-ed!

"The Eternal will reign for ever and ever!"

מִלְכוּתְךָ רָאוּ בְּנֵיךָ,

בְּנִקְעַיִם לְפָנַי מִטְּשָׁה וּמְרִים.

Malchutecha rau vanecha,

bokeia yam lifnei Moshe u'Miryam

In their escape from the sea, Your children saw Your sovereign might displayed.

זֶה אֱלֹהֵינוּ וְאֵמְרוּ,

Zeh eili anu v'amru, zeh eili anu

v'amru.

"This is my God!" they cried.

יְיָ יִמְלֹךְ לְעֹלָם וָעֶד!

Adonai yimloch l'olam va-ed!

"The Eternal will reign for ever and ever!"

Many of us have had moments when:

We throw a ball and wait to see where it lands. We take a test and the teacher hands it back with a grade on it. We speak and wait for the reply.

These are tense moments.

Moments when we find out how well or how poorly we are doing.

Rosh Hashana is that moment when God helps us figure out how we are doing, and gives us ten days to change our ways. We call changing our behavior *teshuvah*.

Rosh Hashana is a time to be honest with ourselves and with God about what has happened this past year. In the next ten days we can change the play, the test results, the reply. With God's overflowing love, we are always given a second chance.

Avinu Malkeinu

Avinu Malkeinu. God hear our prayers today.

Avinu Malkeinu. God helps us to make tomorrow safe.

Avinu Malkeinu. Like a mother, like a father, God acts in special ways.

אָבִינוּ מֶלְכֵנוּ. אָבִינוּ מֶלְכֵנוּ. אָבִינוּ מֶלְכֵנוּ חֲנֻנוּ וְעִנְנוּ כִּי אֵין בָּנוּ מַעֲשִׂים.
עֲשֵׂה עִמָּנוּ, צְדָקָה וְחֶסֶד. עֲשֵׂה עִמָּנוּ, צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ.

Avinu Malkeinu. Avinu Malkeinu. Avinu Malkeinu chaneinu va-aneinu

Ki ein banu ma-asim. Asei imanu, tzedakah vachessed.

Asei imanu tzedakah vachessed, vehoshi-einu.

We are the Jewish people. We have a treasure. Our treasure is the Torah. In it we read the stories of Jews who lived long ago: Abraham, Isaac, and Jacob; Sarah, Rebekah, Rachel and Leah.

In it are words that teach us how to be kinder, friendlier, and more helpful.

In it are words that teach us how to celebrate Shabbat and the Holy Days.

In Torah are words that speak of our love of God.

This is our Torah. Its words speak of hope, of love, of truth and of goodness.

May it inspire us to live holier lives.

Shofar

We hear the sound of the shofar on Rosh Hashana. The shofar reminds us to listen to the words of people we love. The shofar tells us it's time to pray. The shofar sounds help us pay attention to the important lessons in Torah.

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְשִׁמּוֹעַ קוֹל שׁוֹפָר.

*Baruch atah, Adonai Eloheinu, Melech haolam, asher kidishanu v'mitzvotav,
v'tzivanu lishmo'ah kol shofar.*

*Blessed are You, Eternal our God, Guide of the Universe, who makes us holy
through mitzvot, and calls for us to hear the sound of the shofar.*

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, שְׁהַתִּיבֵנוּ וְקִיַּמְנוּ וְהַגִּיעֵנוּ לְזִמְן הַזֶּה.

*Baruch atah, Adonai Eloheinu, Melech haolam,
shehecheyanu v'kiy'manu v'higianu laz'man hazeh.*

*Blessed are You, Eternal our God, Guide of the Universe,
For giving us life, keeping us in life, and enabling us to reach this season. Amen.*

Rosh Hashana is the birthday of the world. As the world grows older, we grow older, too.

As we grow older, we will try to make the world better. We will try to protect animals. We will try to plant flowers. We will try to care for the place in which we live. We will try to make the world quiet and peaceful.

O God, help us to be happier today than yesterday.
O God, help us act more bravely tomorrow than we acted today.
O God, help us tell others how much we love them.

Yom Kippur: Our Day of Atonement

This Yom Kippur day, we join together to pray and to study so that we can learn to become better people in all ways.

Yom Kippur is a special day, a day for praying and thinking about our lives.

We remember how we were during this last year. We see what we would like to be and we pray to do better in the New Year.

We look inside and know that we are strong and courageous.

On Yom Kippur, we see that we are strong enough to heal hurt in ourselves and in other people.

TOGETHER

We see that when we hurt others, we are also hurting ourselves.

We hurt others and ourselves when we use harsh words.

We hurt others and ourselves when we do not share.

We hurt others and ourselves when we don't listen.

We hurt others and ourselves when we are unkind.

We pray to be examples of goodness in this world.

Together we practice loving kindness. Together we forgive.

Together we bring a greater light into the world.

It is important to pray. Prayer helps us think about God.
Prayer helps us talk to God. Prayer helps us say thank you to God.

Barechu

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ!
בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד!

*Barechu et Adonai hamevorach.
Baruch Adonai hamevorach leolam vaed!*

On Yom Kippur we can imagine that our lives are a work of art,
We are all artists. Each of our actions leaves a mark on a giant canvas
that lies before God covered with all of our brush strokes of our lives.

*Someone took her brush and speckled the canvas yellow.
A boy spilled the green, took off his shoes, and skipped footprints
From one end of the picture to the other.*

A man, out for a walk, couldn't resist plunging his hands into the can of
brilliant blue, and smeared his name diagonally across the image.

*A woman, who had been watching, took a thick red marker
And drew a frame around the work of the others.*

What is your picture and why did you paint it that way?

*Today all of our creations surround us
The ones we love and even the ones we threw away.
The ones we are proud of and the ones that seem like mistakes.*

Our actions dangle before us and before God.
It is time to step back and look at what we have created.

*As we think back on our many creations, remembering our words and our
deeds, may we listen to the voice inside that wants us to become the
kindest, most honest, caring people we can be.*

Listen by Doug Cotler and Jeff Marx

If you're lost, you feel afraid,
And you don't know what to say.
Then listen, listen to our God
Is there a question on your mind?
Is the answer hard to find?
Then listen, listen to our God.

Listen with all your heart and soul.
And with all your might. Write them
and learn them and teach them
well. Every morning and night.
Close your eyes and listen.

Quiet yourself. There's nothing to
say. Stop all the chatter that gets in
the way. And listen, listen to our
God.

When the wind and thunder finally
disappear. There's still a voice that
you can hear. If you listen, listen to
our God.

You can hear it from the top of the
highest hill. Or from the valley
below. It can come from the edge of
the universe. It can come from
within your soul. Close your eyes
and listen.

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.
בְּרוּךְ שֵׁם כְּבוֹד מְלֻכּוּתוֹ לְעוֹלָם וָעֶד.

*Sh'ma Yisrael Adonai
Eloheinu Adonai echad.
Baruch sShem k'vod, shem k'vod,
Mal'chuto l'olam va-ed.*

And you shall love Adonai your God with all your heart, with all your
soul, and with all your being.

How do we love God with all our heart?

We love God with all our heart by studying and remembering the words of
Torah, and living with those words in our hearts.

How do we love God with all our soul?

We love God with all our soul by staying true and steadfast
to our teachings.

How do we love God with all our being?

Together, we praise God and celebrate our freedom.

Mi Chamocha

Ya lai lai.....

מִי־כְמוֹכָה בְּאֵלִים, יְיָ!
מִי כְמוֹכָה נְאֻדָּר בְּקֹדֶשׁ,

Mi chamocha ba-eilim Adonai?

Mi kamocha ne-e-dar bakodesh?

Who is like You, Eternal One, among the gods that are worshipped? Who is like You, majestic in holiness?

נִוְרָא תְהִילֹת, עֲשֵׂה פִלְא!

Nora t'hilot, oseh feleh (2x) Nora

t'hilot, oseh feleh?

Awesome in splendor, doing wonders?

יְיָ יִמְלֹךְ לְעֹלָם וָעֶד!

Adonai yimloch l'olam va-ed!

"The Eternal will reign for ever and ever!"

מְלֻכּוּתָהּ רָאוּ בְּנֵיהֶּ,

בְּנִקְעַ יָם לְפָנֵי מִטְּשָׁה וּמְרִים.

Malchutecha rau vanecha,

bokeia yam lifnei Moshe u'Miriam

In their escape from the sea, Your children saw Your sovereign might displayed.

זֶה אֱלֹהֵינוּ וְאֵמְרוּ,

Zeh eili anu v'amru, zeh eili anu

v'amru.

"This is my God!" they cried.

יְיָ יִמְלֹךְ לְעֹלָם וָעֶד!

Adonai yimloch l'olam va-ed!

"The Eternal will reign for ever and ever!"

WE have been created with minds to think good thoughts and hearts to care.

We are sorry for not always doing our best.

We have been created with eyes to see the beauty of all of God's creations.

We are sorry for overlooking the problems in our world.

We have been created with ears to hear the cries of others, to hear sounds of love and wisdom.

We are sorry for hearing words without really listening to the needs of each other.

We have been created with mouths to speak words of love and kindness.

We are sorry for saying things that may have hurt others.

וְעַל כָּלֵם אֱלֹהֵי סְלִיחוֹת, סְלַח לָנוּ, מְחַל לָנוּ, כַּפֵּר לָנוּ.

V'al kulam Eloha s'lichot, s'lach lanu, m'chal lanu, kaper lanu.

For all these, O God of Compassion, forgive us, pardon us, help make us better.

Avinu Malkeinu

A-vi-nu. Like a mother, like a father, God acts with love and kindness.

Mal-kei-nu. Like a leader, God guides us to become the best people we can be.

Avinu Malkeinu. God hear our prayers today.

Avinu Malkeinu. God helps us to make tomorrow safe.

אָבִינוּ מִלְּכֵנוּ. אָבִינוּ מִלְּכֵנוּ. אָבִינוּ מִלְּכֵנוּ חֲנֻנוּ וְעֲנֵנוּ כִּי אֵין בָּנוּ מַעֲשִׂים.
עֲשֵׂה עִמָּנוּ, צְדָקָה וְחֶסֶד. עֲשֵׂה עִמָּנוּ, צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ.

Avinu Malkeinu. Avinu Malkeinu.

Avinu Malkeinu chaneinu va-aneinu, ki ein banu ma-asim.

Asei imanu, tzedakah vachessed. Asei imanu tzedakah vachessed, vehoshi-einu.

We are the Jewish people. We have a treasure. Our treasure is the Torah. In it we read the stories of Jews who lived long ago: Abraham, Isaac, and Jacob; Sarah, Rebekah, Rachel and Leah.

In it are words that teach us how to be kinder, friendlier, and more helpful.

In it are words that teach us how to celebrate Shabbat and the Holy Days.

In Torah are words that speak of our love of God.

This is our Torah. Its words speak of hope, of love, of truth and of goodness.

May it inspire us to live holier lives.

Shofar

We listen to the sound of the shofar today. Shofar sounds remind us to listen to the words of people we love. Shofar sounds tell us it is time to be kinder, gentler, and more loving. Shofar sounds help us pay attention to important lessons of Torah and Judaism:

*To be strong and healthy. To be brave.
To help other people to be happy.
To be thoughtful and kind.
To respect our fathers and mothers.
To take care of the world and God's animal creations.
To play fairly. To live honestly.
To learn Torah and live as Jews.
To take responsibility when I am wrong.*

May the sound of the Shofar wake us up to make *teshuva*, turning our lives around, to be the best people we can be.

Shofar Blessings

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְשָׁמֹעַ קוֹל שׁוֹפָר.

*Baruch atah, Adonai Eloheinu, Melech haolam, asher kidishanu v'mitzvotav,
v'tzivanu lishmo'ah kol shofar.*

*Blessed are You, Eternal our God, Guide of the Universe, who makes us holy
through mitzvot, and commands us to hear the sound of the shofar.*

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, שֶׁהִתִּינּוּ וְקִיַּמְנוּ וְהִגִּיעְנוּ לְזִמְנוּ הַזֶּה.

*Baruch atah, Adonai Eloheinu, Melech haolam,
shehecheyanu v'kiy'manu v'higianu laz'man hazeh.*

*Blessed are You, Eternal our God, Guide of the Universe,
For giving us life, keeping us in life, and bringing us to this special moment.*

Another year has gone by. Another 12 months to live, count blessings, correct our mistakes and share our love. As the world grows older, we grow older too.

As we grow older, we will try to make the world better. We will try to protect animals. We will try to plant flowers. We will try to care for the place in which we live. We will try to make the world quiet and peaceful.

O God, help us to be better people today than we were yesterday.
O God, help us act more bravely tomorrow than we acted today.
O God, help us tell others how much we love them.

*Congregation Or Ami is a sanctuary of kindness,
a safe Jewish community for today, your second home.*



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