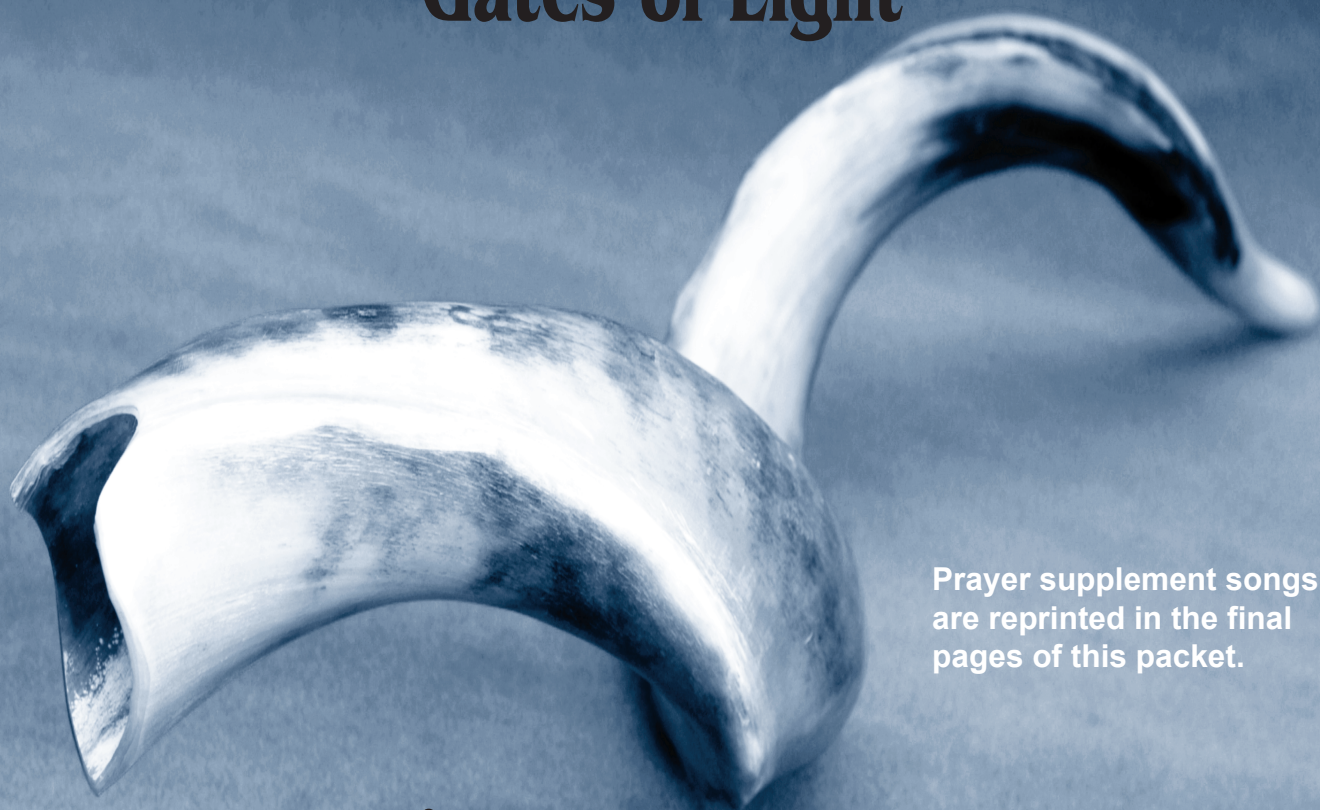


שַׁעְרֵי אֹר

Sha'arei Or Gates of Light



Prayer supplement songs
are reprinted in the final
pages of this packet.

**Services for
Rosh Hashanah
and Yom Kippur**

Service for Erev Rosh Hashanah

ובְּשׁוֹפָר גָּדוֹל יִתְקַע, וְקוֹל דְּמִמָּה דְקָה יִשְׁמַע.

“Sound the great shofar and listen to the still small voice of conscience.”

In the twilight of the vanishing year we turn to You, as our parents have done before us in their generation. We come into Your presence together with all other holy congregations of Your people, for You purify Israel from year to year. Cleanse us from our sins and renew our being. As the sound of the shofar echoes within us, may it awaken our longing for goodness and for new life in our souls.

Give us courage to be honest with ourselves. Give us the strength to end old quarrels. Make us brave enough to approach You without excuses and humble enough to receive forgiveness. The new moon of Tishri appears in the sky, the sign of our renewal.

With gratitude we bless Your name, O God, for bringing us to such a time.

* * *

With the sinking of the sun, nature’s gift of light and warmth disappears. At the same time, we light our (Shabbat and) Yom Tov candles, offering spiritual enlightenment and emotional warmth to a world grown cold and dark. May these candles shed their light and warmth upon us and the whole family of Israel.

May the New Year be for us a year of Torah and mitzvot; of simcha and shalom; of mishpacha and kehillah, family and community. May it be a Shanah Tovah.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ
לְהַדְלִיק נֵר שֶׁל [שַׁבָּת וְשֶׁל] יוֹם טוֹב.

Ba-ruch A-tah Adonai E-lo-hei-nu Me-lech Ha-o-lam a-she- ki-d’sha-nu
b’mitz-vo-tav v’tzi-va-nu l’had-lik neir shel (Shabbat v’shel) Yom Tov.

Blessed are You, Adonai our God, Ruler of space and time, Who sanctifies us through mitzvot, and commands us to kindle lights for (Shabbat and) our Holy Day.

ברוך אתה יי אלהינו מלך העולם,
שהחיינו וקיימנו והגיענו לזמן הזה.

Ba-ruch A-tah Adonai, E-lo-hei-nu, Me-lech ha-o-lam,
sheh-he-che-yanu, v'-ki-y'-ma-nu, v'-hi-gi-a-nu laz-man ha-zeh.

Blessed are you, Adonai our God, Guide of the universe, for giving us life, for sustaining us, and for enabling us to reach this season.

ברוך אתה יי אלהינו מלך העולם, בורא פרי הגפן. ברוך אתה יי אלהינו
מלך העולם, אשר בחר בנו מכל עם ורוממנו מכל לשון, וקדשנו
במצותיו. ותתן לנו יי אלהינו באהבה את יום (השבת הזה ואת יום)
הזכרון הזה, יום תרועה, מקרא קדש, וזכר ליציאת מצרים: כי בנו בחרת,
ואותנו קדשת מכל העמים, ודברך אמת וקים לעד. ברוך אתה יי מלך
על כל הארץ, מקדש (השבת ו) ישראל ויום הזכרון.

Ba-ruch A-tah Adonai, E-lo-hei-nu, Me-lech ha-o-lam, bo-rei p'ri
ha-ga-fen. Ba-ruch A-tah Adonai, E-lo-hei-nu, Me-lech ha-olam,
a-she ba-char ba-nu mi-kol am, v'rom'ma-nu mi-kol la-shon,
v'ki-d'sha-nu b'mitz-vo-tav. Va-ti-tein la-nu Adonai, E-lo-hei-nu
b'a-ha-va et yom (ha-Shabbat ha-zeh v'et Yom) ha-Zi-ka-ron ha-zeh,
Yom T'ru-ah, mik-ra ko-desh, zei-cher li-tzi-at Mitz-ra-yim. Ki va-nu
va-char-ta v'o-ta-nu ki-dash-ta mi kol ha'a-mim. U'd'var-cha e-met
v'ka-yam la'ad. Ba-ruch A-tah Adonai, Me-lech al kol ha'a-retz,
m'ka-deish (ha-Shabbat v') Yisra'el v'Yom ha-Zi-ka-ron.

On this Rosh Hashanah, which is a reminder of creation, we thank You, God, for the world which You have created. You have filled Your world with beauty for our eyes; with music and laughter for our ears; with soft things for us to touch; with fragrances for us to smell; with fine foods to sustain us and to bring us delight.

As we enjoy the many blessings which You have so bountifully granted, may we, too, bring goodness into the lives of others. As we recall Your blessings, may we be moved to thank You always, as we do now, for the fruit of the vine which You have created, and for (Shabbat and) this Yom Tov, which You have sanctified.

* * *

There is a world of difference between a holiday and a holy day.
On holidays we run away from duties.

On holy days we face up to them.

On holidays we seek to let ourselves go.

On holy days we try to bring ourselves under control.

On holidays we take a break from making a living.

On holy days we work on making a good life.

On holidays we try to empty our minds.

On holy days we attempt to replenish our spirits.

On holidays we reach out for things we want.

On holy days we reach up for things we need.

Holidays bring a change of scene.

Holy days bring a change of heart.

* * *

God, our soul's companion, our heart's precious Friend, we turn to You. We need to close out the noise, to rise above the noise that interrupts and separates, the noise that isolates. We need to hear You again.

In the silence of our innermost beings, in the fragments of our yearned-for wholeness, we hear whispers of Your presence - echoes of the past when You were with our ancestors. We yearn to hear You now; to find healing in the promise of Your love, to be soothed in Your wholeness, to become whole again.

Please listen to our call. Help us find the words; help us find the strength within. Teach us to shape our mouths, our voices, and our hearts, so that we can direct our spirits and find You in prayer; in words only our hearts can speak, in songs only our souls can sing; lifting our eyes and hearts to You.

ברוך אתה יי , אלהינו מלך העולם, אשר בדברו מעריב ערבים, בחכמה
 פותח שערים, ובתבונה משנה עתים, ומחליף את הזמנים ומסדר את
 הפוכים, במשמרותיהם בקיע כרצונו. בורא יום ולילה, גולל אור מפני
 חשך, וחשך מפני אור. ומעביר יום ומביא לילה, ומבדיל בין יום ובין
 לילה יי צבאות שמו. אל חי וקים, תמיד ימלוך עלינו לעולם ועד. ברוך
 אתה יי, המעריב ערבים.

Ba-ruch A-tah Adonai, E-lo-hei-nu, Me-lech ha-o-lam, a-sher bid'varo
 ma-a-riv a-ra-vim. B'choch-ma po-tei-ach sh'a-rim, u-vit'vu-na m'sha-neh
 i-tim, u-ma-cha-lif et haz'ma-nim, u-m'sa-deir et ha-ko-cha-vim
 b'mish-m'ro-tei-hem ba-ra-ki-a kir-tzo-no. Bo-rei yom va-lai-la, go-leil or
 mi-p'nei cho-shech, v'cho-shech mi-p'nei or, u-ma-a-vir yom u-mei-vi
 lai-la, u-mav-dil bein yom u-vein lai-la, Adonai tz'va-ot sh'mo. Eil
 chai v'ka-yam, ta-mid yim-loch a-lei-nu, l'o-lam va'ed. Ba-ruch A-ta
 Adonai, ha-ma-a-riv a-ra-vim.

We bless You, God, for evening after day, and for dawn after night. We praise You for
 changing times and passing seasons.

*We lift our eyes and see the glory of the universe - creation in all its shapes,
 colors and forms.*

Each sunset is a sign for us; each summer's passing, a reminder; each year's end, a
 milepost.

*We thank You for seasons in life, for simchas and celebrations. We are grateful
 for painful lessons learned and the hard times which lead to growth.*

We lift our hearts and feel the pulse of life surrounding us: the beat of other hearts; the
 tempo of the days, the nights, and the seasons; the rhythms of the universe.

* * *

If you're lost, you feel afraid, and you don't know what to say, then listen, listen to our God. Is there a question on your mind? Is the answer hard to find? Then listen, listen to our God.

Listen with all your heart and soul, and with all your might; write them and learn them and teach them well. Every morning and night; close your eyes and listen.

Quiet yourself; there's nothing to say, stop all the chatter that gets in the way, and listen, listen to our God.

When the wind and the thunder finally disappear, there's still a voice that you can hear, if you listen, listen to our God.

You can hear it from the top of the highest hill, or from the valley below. It can come from the edge of the universe; it can come from within your soul. Close your eyes and listen.

שְׁמַע יִשְׂרָאֵל: יְהוָה אֱלֹהֵינוּ, יְהוָה אֶחָד!

Sh'ma Yisrael: Adonai E-lo-hei-nu, Adonai e-chad!

Hear, O Israel: the Eternal One is our God, the Eternal God alone!

בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד!

Ba-ruch shem k'-vod mal'chu-to l'o-lam va-ed!

Praised be God's Sovereignty through all time.

וְאֶהְבֶּתָּ אֶת יְיָ אֱלֹהֶיךָ, בְּכָל-לִבְבְּךָ וּבְכָל-נַפְשְׁךָ, וּבְכָל-מְאֹדְךָ. וְהָיוּ הַדְּבָרִים
הָאֵלֶּה, אֲשֶׁר אֶנְכִּי מְצַוְךָ הַיּוֹם, עַל-לִבְבְּךָ. וְשִׁנְנָתָם לְבִנְיָךְ, וְדִבְרָתָם בְּסֵם
בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבְלִכְתְּךָ בְּדֶרֶךְ וּבְשֹׁכְבְּךָ, וּבְקוּמְךָ. וְקִשְׁרָתָם לְאוֹת
עַל-יָדְךָ, וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ. וְכִתְבָתָם עַל מְזוֹזֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:
לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת-כָּל-מִצְוֹתַי, וְהִייתֶם קְדוֹשִׁים לֵאלֹהֵיכֶם. אֲנִי יְיָ
אֱלֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם, לִהְיוֹת לָכֶם לֵאלֹהִים. אֲנִי יְיָ
אֱלֹהֵיכֶם

V'a-hav-ta eit Adonai E-lo-he-cha, b'chol l'va-v'cha u-v'chol naf-sh'cha,
u-v'chol m'o-de-cha. V'ha-yu ha-d'va-rim ha-ei-leh, a-sher A-no-chi
m'tza-v'cha ha-yom, al l'va-ve-cha. V'shi-nan-tam l'-va-ne-cha, v'di-bar-ta
bam b'shiv-t'cha b'vei-te-cha, uv-lech-t'cha va-de-rech, u-v'shoch-b'cha
uv-ku-me-cha. Uk-shar-tam l'ot al ya-de-cha, v'ha-yu l'to-ta-fot bein
ei-ne-cha. Uch-tav-tam, al m'zu-zot bei-te-cha u-vish-a-re-cha. L'ma-an
tiz-k'ru, va-a-si-tem et kol mitz-vo-tai vi-h'yi-tem k'do-shim lei-lo-hei-chem.
A-ni Adonai E-lo-hei-chem, a-sher ho-tzei-ti et-chem mei-e-retz Mitz-ra-yim
li-h'yot la-chem lei-lo-him. A-ni Adonai E-lo-hei-chem.

And you shall love the Eternal your God
with every desire of your heart;
with everything precious in your life;
with every sad and joyous measure you receive.
Let these words of the Shema
which I am commanding you this moment
envelop your heart.
Teach them tirelessly to your children; to everyone you touch.
Use them in your speech,
whether you sit inside your house, or walk publicly upon the way.
Say them at night before you sleep and when you arise.
Bind them in a sign upon your arm,
and let them be noticeable between your eyes.
Write them in a mezuzah on the doorpost of your house and on your gates.
Then you will remember and do all of My commandments.
You will set yourselves apart.
I am Adonai, your God,
who brought you out of bondage to be your God.
I am Adonai, your God.

* * *

To everything there is a season,
and there is an appointed time for every purpose under heaven.

Now is the time for turning.

It takes an act of will for us to make a turn.

*It means breaking with old habits.
It means admitting that we have been wrong.
And this never is easy.*

It means losing face. It means starting all over again.
And this always is painful.

It means saying: "I am sorry." It means admitting that we have the ability to change, and this is always embarrassing.

These things are terribly hard to do; but unless we turn,
we will be trapped forever in yesterday's ways.

Adonai, help us turn –

From callousness to sensitivity,
from hostility to love.

*From pettiness to purpose,
from envy to contentment.*

From carelessness to discipline,
from fear to faith.

*Turn us around, Adonai, and bring us back toward You.
Revive our lives, as at the beginning.*

Turn us toward each other, and turn us to You.

הַשִּׁיבֵנוּ יְיָ, אֱלֹהֵינוּ וְנִשְׁוּבָה, חֲדָשׁ יָמֵינוּ כְּקֶדֶם.

Ha-shi-vei-nu, Adonai, ei-leh-cha v'na-shu-va. Cha-deish ya-mei-nu k'ke-dem.

Turn us back to You, Adonai, and we will return. Renew our days, as before.

* * *

At the shores of the Red Sea, Miriam took up her timbrel and sang her song; a song of praise to God. With confidence and love, she led our ancestors away from their fear and hesitation until all hands were joined; all voices raised in hymn and thanksgiving. May her example lead us too, and may her song soon grow to truly be ours.

* * *

וְשָׁמְרוּ בְּנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת, לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם.
בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעוֹלָם.
כִּי שֵׁשֶׁת יָמִים עָשָׂה יְיָ אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ,
וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנָּפֶשׁ.

V'sha-m'ru V'nei Yis-ra-eil et ha-Sha-bat, la-a-sot et ha-Sha-bat
I'do-ro-tam b'rit o-lam.
Bei-ni u-vein B'nei Yis-ra-eil ot hi l'o-lam.
Ki shei-shet ya-mim a-sa Adonai et ha-sha-ma-yim v'et ha-a-retz,
u'va-yom ha-sh'vi-i sha-vat va-yi-na-fash.

The people of Israel shall keep the Sabbath in every generation as a covenant for all time. It is a sign forever between Me and the people of Israel. For in six days the Eternal God made heaven and earth, and on the seventh day the Creator rested.

* * *

יִתְגַּדַּל וַיִּתְקַדַּשׁ שְׁמֹהּ רַבָּא. בְּעָלְמָא דִּי בְּרָא כְּרַעוּתֵיהּ, וַיִּמְלִיף
מַלְכוּתֵיהּ בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיִּי דְכָל בֵּית יִשְׂרָאֵל. בְּעָגְלָא וּבְזִמְנָן קָרִיב
וְאָמְרוּ אִמְנָן: יְהֵא שְׁמֹהּ רַבָּא מְבָרַךְ לְעָלְמָא וּלְעָלְמֵי עָלְמֵינָא: יִתְבָּרַךְ
וַיִּשְׁתַּבַּח, וַיִּתְפָּאֵר וַיִּתְרוֹמֵם וַיִּתְנַשֵּׂא וַיִּתְהַדָּר וַיִּתְעַלֶּה וַיִּתְהַלָּל שְׁמֵיהּ
דְּקֻדְשָׁא בְּרִיךְ הוּא. לְעָלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירָתָא, תְּשַׁבַּחְתָּא וְנַחֲמָתָא,
דְּאִמְרִין בְּעָלְמָא, וְאָמְרוּ: אִמְנָן.

Yit-ga-dal yit-ka-dash sh'mei ra-ba. B'al-ma di-v'ra chi-ru-tei,
v'yam-lich mal-chu-tei b'chai-yei-chon u'v'yo-mei-chon u'v'chai-yei
d'chol Beit Yisrael, ba-a-ga-la u-viz-man ka-riv, v'im'ru: A-mein. Y'hei
sh'mei ra-ba m'va-rach l'a-lam ul'al-mei al-ma-ya. Yit-ba-rach
v'yish-ta-bach, v'yit-pa-ar v'yit-ro-mam v'yit-na-sei, v'yit-ha-dar
v'yit-a-leh v'yit-ha-lal, sh'mei d'ku-d'sha, b'rich Hu. L'ei-la min kol
bir-cha-ta v'shi-ra-ta, tush-b'cha-ta v'ne-che-ma-ta, da-a-mi-ran
b'al-ma, v'im'ru: A-mein.

מִי שְׁפִירָה אֲבוֹתֵינוּ מְקוֹר הַבְּרָכָה לְאֲמוֹתֵינוּ

Mi she-bei-rach a-vo-tei-nu, m'kor ha-b'ra-cha l'imo-tei-nu

May the Source of strength who blessed the ones before us, help us find the courage to make our lives a blessing. And let us say: Amen.

מִי שְׁפִירָה אֲמוֹתֵינוּ מְקוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ

Mi she-bei-rach i-mo-tei-nu, m'kor ha-b'ra-cha la-a-vo-tei-nu

Bless those in need of healing with *r'fu-a sh'lei-ma*: the renewal of body, the renewal of spirit. And let us say: Amen.

* * *

Sh'ma Koleinu, listen to our prayers, Adonai.

But if we want you to listen to our prayers, we must be willing to listen to the prayers of others.

To those who pray vainly for attention.

And those who shrink with fear at another's touch.

Those whose outward ugliness may hide a soul of beauty.

And those whose faces we forget from one encounter to the next.

To those who wait in pain only for death.

And those who wait for news which never comes.

O Mentor of Israel, have mercy and compassion for those whose minds are clouded or weak.

And those who bear the burden of broken bodies.

For those whose ambition exceeds their skill.

And those whose early promise has dimmed.

Sh'ma koleinu – listen to their prayers and inspire us to respond to their cries.

שְׁמַע קוֹלֵנוּ, יְיָ אֱלֹהֵינוּ, חוּס וְרַחֵם עָלֵינוּ, וְקַבֵּל בְּרַחֲמִים וּבְרָצוֹן אֶת
תְּפִלָּתֵנוּ. הַשִּׁיבֵנוּ יְיָ אֱלֹהֵינוּ וְנִשְׁוֶבָה. חַדֵּשׁ יָמֵינוּ בְּקֶדֶם.

Sh'ma ko-le-inu, Adonai E-lo-hei-nu, chus v'ra-cheim a-lei-nu, v'ka-beil
b'ra-cha-mim u'v'ra-tzon et t'fi-la-tei-nu. Ha-shi-vei-nu, Adonai,
ei-le-cha, v'na-shu-va. Cha-deish ya-mei-nu k'ke-dem.

* * *

Avinu Malkeinu, who makes all things new and yet abides forever the same, we are fashioned as frail creatures of time, yet with a hunger for eternity in our hearts. At the gateway to a New Year we have come full circle ready to begin again.

If our lives have become shallow,

let us deepen them.

If our principles have become shabby,

let us repair them.

If our ideals have become tarnished,

let us restore them.

If our hopes have become faded,

let us revive them.

If our loyalties have grown dim,

let us brighten them.

If our values have become confused,

let us clarify them.

If our purposes have become blurred,

let us sharpen them.

If our horizons have become contracted,

let us widen them.

If our hearts have been chilled by indifference,

let us warm them.

אָבִינוּ מַלְכֵנוּ, שְׁמַע קוֹלֵנוּ.

Avinu Malkeinu, hear our plea.

אָבִינוּ מַלְכֵנוּ, חַטָּאנוּ לְפָנֶיךָ.

Avinu Malkeinu, we have sinned before You.

אָבִינוּ מַלְכֵנוּ, חַמּוּל עָלֵינוּ וְעַל עוֹלָלֵנוּ וְטַפָּנוּ.

Avinu Malkeinu, have mercy upon us and our children.

אָבִינוּ מַלְכֵנוּ, בִּלְיָה דְּדָבָר וְחֶרֶב וְרָעָב מֵעָלֵינוּ.

Avinu Malkeinu, help us to diminish pestilence, war and famine.

אָבִינוּ מַלְכֵנוּ, בִּלְיָה כָּל צָר וּמִשְׁטֵין מֵעָלֵינוּ.

Avinu Malkeinu, inspire us to cause all hate and oppression to vanish from the earth.

אָבִינוּ מַלְכֵנוּ, כְּתִבָּנוּ בְּסֵפֶר חַיִּים טוֹבִים.

Avinu Malkeinu, enter us into the Book of Life.

אָבִינוּ מַלְכֵנוּ, חֲדָשׁ עָלֵינוּ שָׁנָה טוֹבָה.

Avinu Malkeinu, renew our faith in the future that we may make the coming year truly a Shanah Tovah, a year of goodness.

אָבִינוּ מַלְכֵנוּ, חַנּוּנוּ וְעֲנֻנּוּ, כִּי אֵין בָּנוּ מַעֲשִׂים,
עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ.

Avinu Malkeinu, have compassion on us, for we are not perfect. Deal with us in both justice and mercy so we may be renewed.

A-vi-nu Mal-kei-nu, cha-nei-nu, va'a-nei-nu,
ki ein ba-nu ma'a-sim.
A-sei i-ma-nu tz'da-ka va-che-sed v'ho-shi-ei-nu.

* * *

It is up to us to hallow creation, to respond to life with the fullness of our lives. It is up to us to meet the world, to embrace the whole even as we wrestle with its parts. It is up to us to repair the world, and to bind our lives to truth. Therefore we bend the knee and shake off the stiffness that keeps us from the subtle graces of life and the supple gestures of love. With reverence and thanksgiving we accept our destiny and set for ourselves the task of redemption.

* * *

Let us adore the ever-living God, and render praise unto the One who spread out the heavens and established the earth, Whose glory is revealed in the heavens above, and Whose greatness is manifest throughout the world. You are our God; there is none else.

עָלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתַת גְּדֻלָּה לְיוֹצֵר בְּרָאשִׁית, שֶׁלֹּא עֲשָׂנוּ כְּגוֹיֵי
הָאֲרָצוֹת, וְלֹא שָׁמְנוּ כְּמִשְׁפָּחוֹת הָאֲדָמָה, שֶׁלֹּא שָׂם חֻלְקָנוּ בָּהֶם, וְגִדְּלָנוּ
בְּכָל הַמּוֹנָם. וְאֶנְחָנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִּים וּמוֹדִים, לְפָנֵי מֶלֶךְ, מֶלֶךְ
הַמַּלְאָכִים, הַקָּדוֹשׁ בְּרוּךְ הוּא.

יִתְגַּדֵּל וַיִּתְקַדֵּשׁ שְׁמֵהּ רַבָּא.
בְּעֶלְמָא דִּי-בְרָא כְרַעוּתָהּ, וַיִּמְלִיךְ מַלְכוּתָהּ
בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל-בֵּית יִשְׂרָאֵל,
בְּעָגְלָא וּבְזֶמַן קָרִיב, וְאָמְרוּ: אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמָא וּלְעָלְמֵי עָלְמַיָּא.
יִתְבָּרַךְ וַיִּשְׁתַּבַּח, וַיִּתְפָּאֵר וַיִּתְרוֹמֵם וַיִּתְנַשֵּׂא,
וַיִּתְהַדָּר וַיִּתְעַלֶּה וַיִּתְהַלָּל שְׁמֵהּ דְקוּדְשָׁא, בְּרִיךְ הוּא.

לְעֵלְא מִן כָּל-בְּרַכְתָּא וְשִׁירְתָּא,
תְּשַׁבַּחְתָּא וְנִחְמַתָּא דְאַמִּירָן בְּעֶלְמָא, וְאָמְרוּ: אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן-שְׁמֵיהּ וְחַיִּים
עָלֵינוּ וְעַל-כָּל-יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם
עָלֵינוּ וְעַל-כָּל-יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba.
B'al-ma di-v'ra chir-u-tei, v'yam-lich mal-chu-tei
b'cha-yei-chon u'v'yo-mei-chon u'v'cha-yei d'chol beit Yisraeil,
ba'a-ga-la u'viz-man ka-riv, v'im-ru: Amen.

Y'hei sh'mei ra-ba m'va-rach l'a-lam ul'al-mei al'ma-ya.

Yit'ba-rach v'yish-tabach v'yit-pa-ar, v'yit-ro-mam, v'yit-na-sei,
v'yit-ha-dar v'yit-a-leh, v'yit-ha-lal sh'mei d'Ku-d'sha, b'rich Hu.
L'ei-la min kol bir-cha-ta v'shi-ra-ta,
tush-b'cha-ta v'ne-che-ma-ta
da'a-mi-ran b'al-ma, v'im-ru: Amen.

Y'hei sh'lama raba min sh'ma-ya v'cha-yim
a-lei-nu v'al kol Yisraeil, v'im'ru: Amen.

O-seh sha-lom bim-ro-mav, hu ya'a-seh sha-lom
a-lei-nu v'al kol Yisraeil, v'im-ru: Amen.

יִתְגַּדֵּל וַיִּתְקַדֵּשׁ שְׁמֵהּ רַבָּא.
 בְּעֲלָמָא דִּי בְּרָא כְרַעוּתָהּ, וַיִּמְלִיךְ מַלְכוּתָהּ
 בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל.
 בְּעֲגָלָא וּבְזִמְן קָרִיב וְאִמְרוּ אָמֵן:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמָא וּלְעָלְמֵי עָלְמַיָּא:
 יְתַבְּרַךְ וַיִּשְׁתַּבַּח, וַיִּתְפָּאֵר וַיִּתְרוֹמֵם וַיִּתְנַשֵּׂא
 וַיִּתְהַדָּר וַיִּתְעַלֶּה וַיִּתְהַלָּל שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא.
 לְעָלָא מִן כָּל בְּרַכְתָּא וְשִׁירָתָא,
 וְשִׁבְחָתָא וְנַחֲמָתָא, דְּאִמְרִין בְּעֲלָמָא, וְאִמְרוּ אָמֵן:

Yit-ga-dal yit-ka-dash sh'mei ra-ba. B'al-ma di-v'ra chir-u-tei, v'yam-lich mal-chu-tei
 b'chai-yei-chon uv'yo-mei-chon uv'chai-yei d'chol beit Yisraeil, ba-a-ga-la u-viz-man
 ka-riv, v'im'ru: A-mein. Y'hei sh'mei ra-ba m'va-rach l'a-lam ul'al-mei al-ma-ya.
 Yit-ba-rach v'yish-ta-bach, v'yit-pa-ar v'yit-ro-mam v'yit-na-sei, v'yit-ha-dar v'yit-a-leh
 v'yit-ha-lal, sh'mei d'ku-d'sha, b'rich hu. L'ei-la min kol bir-cha-ta v'shi-ra-ta,
 tush-b'cha-ta v'ne-che-ma-ta, da-a-mi-ran b'al-ma, v'im'ru: A-mein.

* * *

בְּרַכּוּ אֶת יְיָ הַמְּבָרֵךְ:

Bar-chu et Adonai ham'vo-rach.

Praised be Adonai to whom all praise is due.

בְּרוּךְ יְיָ הַמְּבָרֵךְ לְעוֹלָם וָעֶד:

Ba-ruch Adonai ham'vo-rach l'olam va-ed.

Praised be Adonai to whom all praise is due, forever and ever.

You were God
And we were Israel.
God alone, and a lonely people,
Long ago.

You loved us with a great love,
And You taught us
How to respond to You
Through Torah and mitzvot,
Recollections and celebrations.

In the joy of them You have drawn us close to You.
In the joy of them we have discovered You,
The only One.
We are together still.

You respond to every people
In Your chosen way.
With Your love You have chosen to respond to us.
With our love We offer You our praise.

* * *

If you're lost, you feel afraid, and you don't know what to say, then listen, listen to our God. Is there a question on your mind? Is the answer hard to find? Then listen, listen to our God.

Listen with all your heart and soul, and with all your might; write them and learn them and teach them well. Every morning and night, close your eyes and listen.

Quiet yourself; there's nothing to say, stop all the chatter that gets in the way; and listen, listen to our God.

When the wind and the thunder finally disappear, there's still a voice that you can hear, if you listen, listen to our God.

You can hear it from the top of the highest hill, or from the valley below. It can come from the edge of the universe; it can come from within your soul. Close your eyes and listen.

May our prayers be pleasing to You because the lips which speak them also speak words of hope to the discouraged, cheer to the distressed, solace to the bereaved, and kindness to all.

May our prayers be pleasing to You because they reflect not only our own needs but also the needs of others, and the needs of our people.

May our prayers be pleasing to You because they remind us of what You expect of us, and because they challenge us to become all that we are capable of being.

* * *

אֲדֹנָי שְׁפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתְךָ:

Adonai s'fa-tai tif-tach, u-fi ya-gid t'hi-la-te-cha.

Eternal God, open up my lips, that my mouth may declare Your glory.

שְׁמַע קוֹלֵנוּ וְנָשׁוּבָה.

Sh'ma ko-lei-nu v'na-shu-va.

Hear our voices and we will return to You.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאֲמוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי יַעֲקֹב, אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי לֵאָה, וְאֱלֹהֵי רָחֵל. הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חַסְדִּים טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר חַסְדֵי אֲבוֹת וְאֲמָהוֹת, וּמֵבִיא גְּאֻלָּה לְבָנֵי בְּנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה:

Ba-ruch Atah Adonai E-lo-hei-nu, vei-lo-hei a-vo-tei-nu v'i-mo-tei-nu.
E-lo-hei Avraham, E-lo-hei Yitzchak, vei-lo-hei Yaakov, E-lo-hei Sara,
E-lo-hei Rivka, E-lo-hei Leah, vei-lo-hei Rachel. Ha-Eil ha-ga-dol
ha-gi-bor v'ha-no-rah, Eil eil-yon, go-meil cha-sa-dim to-vim v'ko-nei
ha-kol v'zo-cheir chas-dei a-vot v'i-ma-hot, u'mei-vi g'u-lah liv-nei
v'nei-hem l'ma-an sh'mo b'a-ha-vah.

זָכְרֵנוּ לְחַיִּים, מֶלֶךְ חַיֵּץ בְּחַיִּים,
וְכַתְּבֵנוּ בְּסֵפֶר הַחַיִּים, לְמַעַן אֱלֹהִים חַיִּים.

Zoch-rei-nu l'cha-yim, Me-lech cha-feitz ba-cha-yim.
V'chot-vei-nu b'Sei-fer ha-Cha-yim, l'ma'an-cha, E-lo-him chayim.

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמַגֵּן:
בָּרוּךְ אַתָּה יְיָ, מֶגֶן אַבְרָהָם וְעֵזְרַת שָׂרָה.

Me-lech o-zeir u'mo-shi-a u-ma-gein.
Ba-ruch Atah Adonai, ma-gein Avraham, v'ez-rat Sara.

You are praised, Adonai,
Creator of all beings, nurturer of our people,
God of our earliest mothers and fathers.

You are praised, Adonai,
Source of life for all the world,
Our God, Source of light for a handful of ancients
Who shepherded a people toward Your promise.

You walked with Abraham
Made Sarah laugh,
Entrusted Rebecca with our destiny,
Helped Jacob wrestle with his soul,
And You created a nation out of
Leah and Rachel.

You are a noble God, mighty and awesome,
Enthroned on high
Engaged on earth
Showing us by Your example
How to support those burdened by their need.

With all our faults, with all our virtues,
 We are the children of the ancients whom You loved.
 Mentor of Israel,
 Source of life for all the world,
 May our lives move You to
 Inscribe us in the Book of Life,
 To fulfill Your promise, O God of Life.
 You are praised, Adonai,
 Shield of Abraham,
 Helper of Sarah.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֶּה הַכֹּל אַתָּה, רַב לְהוֹשִׁיעַ. מְכַלְכֵּל חַיִּים
 בְּחֶסֶד, מְחַיֶּה הַכֹּל בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר
 אֲסוּרִים, וּמְקִים אֲמוֹנָתוֹ לִישְׁנֵי עֶפֶר, מִי כְמוֹךָ בַּעַל גְּבוּרוֹת וּמִי דוֹמָה לָךְ,
 מֶלֶךְ יִמִּית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה.

A-tah gi-bor l'olam, Adonai, m'cha-yei ha-kol Atah, rav l'ho-shi-a.
 M'chal-keil cha-yim b'chah-sed, m'cha-yei ha-kol b'ra-cha-mim
 ra-bim. So-meich nof-lim, v'ro-fei cho-lim, u-ma-tir a-su-rim, u-m'ka-yeim
 eh-mu-na-to li-shei-nei a-far. Mi cha-mo-cha ba-al g'vu-rot, u-mi
 do-meh Lach, Meh-lech mei-mit u-m'cha-yeh u-matz-mi-ach y'shu-a?

מִי כְמוֹךָ אֵב הַרְחָמִים, זוֹכֵר יְצוּרֵינוּ לְחַיִּים בְּרַחֲמִים.

Mi cha-mo-cha, av ha-ra-cha-mim, zo-cheir y'tzu-rav l'cha-yim b'ra-cha-mim?

וְנֶאֱמַן אַתָּה לְהַחְיֹת הַכֹּל. בָּרוּךְ אַתָּה יְיָ, מְחַיֶּה הַכֹּל.

V'neh-eh-man A-tah l'ha-cha-yot ha-kol. Ba-ruch A-tah Adonai,
 m'cha-yei ha-kol.

* * *

The promise of Rosh Hashanah is the promise of life renewed. We are challenged to examine our lives and rediscover our true selves. We are given the opportunity to cast away the spiritual burden of our sins, to rebuild the bonds of love and friendship that have been weakened during the past year and to be the best that we can be. It is a holy day filled with hope and sustained by memories.

The words of U'netaneh Tokef resonate deeply in our souls because they reassure us that through repentance, prayer and righteous deeds of love, our lives can attain their highest potential.

* * *

On Rosh Hashanah, it is written; on Yom Kippur it is sealed:
who shall live and who shall die.

Who shall be pierced by envy, and who shall be torn by resentment;

Who shall be tormented by the fire of ambition, and whose hopes shall be quenched by the waters of failure;

Who shall hunger for approval, and who shall be stuffed with selfishness;

Who shall be content with his lot, and who shall wander in search of satisfaction;

Who shall be poor in her own eyes, and who shall be rich in mitzvot;

Who shall be serene, and who shall be distraught;

Who shall stand out as a Jew, and who shall fade away and assimilate;

Who shall study Torah, and who shall be tight-fisted;

Who shall be interdependent with others, and who shall be independent and alone;

Who shall be truly alive, and who shall merely exist;

But Rosh Hashanah has just begun, and the pages of the Book of Life have yet to be inscribed. Therefore we can still change the decree, for we are a people that does not resign itself to fate.

Through teshuva - repentance, through tefillah - prayer, and through tzedakah - righteous giving, we can annul the decrees. We can re-open the future. We can reclaim our lives. We can change the future by changing ourselves.

We are flesh and blood. Our origin is in the dust, and our end is to be dust. But we have been created in the Divine image.

Implanted within us is the ability to pray, the urge to do right, and the power to repent.

וַיִּתְּנָהּ תִּלְקֹף קִדְשֵׁת הַיּוֹם, כִּי הוּא נוֹרָא וְאִיוִם. וְבוֹ תִּנְשָׂא מִלְכוּתָךְ, וַיִּכּוֹן
בְּחֶסֶד כְּסָאֲךָ, וַתֵּשֶׁב עָלָיו בְּאַמֶּת. אַמֶּת כִּי אַתָּה הוּא דִּין וּמוֹכִיחַ, וַיּוֹדֵעַ
וְעַד, וְכוֹתֵב וְחוֹתֵם, וְסוֹפֵר וּמוֹנֵה, וַתִּזְכּוֹר כָּל הַנְּשָׁכָחוֹת. וַתִּפְתַּח אֶת סֵפֶר
הַזְּכוֹנוֹת, וַיִּמְאֲלֵיו יִקְרָא, וְחוֹתֵם יָד כָּל אָדָם בּוֹ.

* * *

בְּרֹאשׁ הַשָּׁנָה יִכְתְּבוּן, וּבַיּוֹם צוֹם כְּפוּר יִחְתְּמוּן,

B'Rosh Ha-sha-na yi-ka-tei-vun, u'v'Yom Tzom Ki-pur
yei-cha-tei-mun.

On Rosh Hashanah it is written, and on Yom Kippur it is sealed.

כַּמָּה יַעֲבִירוּן, וְכַמָּה יִבְרָאוּן. מִי יִחִידָהּ, וּמִי יָמוּתָהּ. מִי בְקֶצֶז, וּמִי לֹא בְקֶצֶז.
מִי בְּאֵשׁ, וּמִי בַּמַּיִם. מִי בְּחָרֵב, וּמִי בְּחַיָּה. מִי בְּרָעַב, וּמִי בְּצָמָא. מִי
בְּרָעַשׁ, וּמִי בַּמִּגְפָּה. מִי בְּחִנְיָקָהּ, וּמִי בְּסִקִּילָהּ. מִי יָנוּחַ, וּמִי יָנוּעַ. מִי יִשְׁקֹט,
וּמִי יִטְרֹף. מִי יִשְׁלֹו, וּמִי יִתִּיָּסֵר. מִי יַעֲנִי, וּמִי יַעֲשֶׂה. מִי יִשְׁפֹּל, וּמִי יָרוּם.

וַתִּשׁוּבָה וַתִּפְלֹה וַצְדָקָה מַעֲבִירִין אֶת רֹעַ הַגְּזֵרָה.

U't'shu-va u't-fi-la u'tz'da-ka ma'a-vi-rin et ro-a ha-g'zei-ra.

But repentance, prayer, and tzedakah help us survive the dark times in life.

* * *

Among our many appetites there is a craving after God.

Among our many attributes there is a talent for worshipping God.

Jews who wandered in deserts beneath the stars knew their hearts were hungry for God.

Jews who studied in candle-lit ghetto rooms thirsted longingly after God.

אֱלֹהִי, נִצּוֹר לְשׁוֹנִי מִרַע. וּשְׁפָתַי מִדִּבֵּר מִרְמָה: וְלִמְקַלְלִי נִפְשִׁי תִדָּם, וְנִפְשִׁי
כְּעֶפֶר לִכְל תִּהְיֶה. פֶּתַח לִבִּי בְּתוֹרָתְךָ. יְהִיו לְרִצּוֹן אֲמָרֵי פִי וְהִגִּיוֹן לִבִּי
לְפָנֶיךָ, יְיָ צוּרִי וְגֹאֲלִי.

Elohai, n'tzor l'sho-ni mei-rah u's'fa-tai m'da-beir mir-ma. U-lim-ka-l'lai
naf-shi ti-dom v'naf-shi keh-a-far la-kol ti-h'yeh. Yi-h'yu l'ra-tzon im-rei
fi v'heg-yon li-bi l'fa-ne-cha, Adonai, tzu-ri, v'go-a-li.

Elohai, keep my tongue from evil and my lips from deceit. Help me to be silent in the
face of those who scorn me, and humble in the presence of all. Open my heart to Your
Torah. May the words of my mouth and the meditations of my heart be acceptable to
You, Adonai, my Rock, and my Redeemer.

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ,
וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ: אָמֵן.

O-seh sha-lom bim-ro-mav, hu ya'a-seh sha-lom a-lei-nu v'al kol
Yisraeil v'im-ru: Amen.

May the one who brings peace to the heavens bring peace upon us, the house of Israel,
and all the world, and let us say: Amen.

* * *

Avinu Malkeinu, though we may not always be worthy, give us yet another opportunity.
Help us create a world of fairness, of kindness, of peace.

Avinu Malkeinu

Bless our families with peace;

May we teach ourselves to appreciate the treasure of our lives;

May we always find contentment with one another;

May we save ourselves from dissension and jealousy;

May we shield ourselves from pettiness and rivalry;

May selfish pride not divide us;

May pride in one another unite us;

May we continually renew our love for one another;

*May we, the people of Israel, and all people everywhere, be granted health and
fulfillment, justice, prosperity, love and peace in the New Year.*

אָבינוּ מַלְכֵנוּ, שְׁמַע קוֹלֵנוּ.

Avinu Malkeinu, hear our plea.

אָבינוּ מַלְכֵנוּ, חָטֵאנוּ לְפָנֶיךָ.

Avinu Malkeinu, we have sinned before You.

אָבינוּ מַלְכֵנוּ, חַמּוּל עָלֵינוּ וְעַל עוֹלָלֵנוּ וְטַפֵּנוּ.

Avinu Malkeinu, have mercy upon us and our children.

אָבינוּ מַלְכֵנוּ, כִּלְה דְּבַר וְחָרֵב וְרָעָב מֵעָלֵינוּ.

Avinu Malkeinu, help us to diminish pestilence, war and famine.

אָבינוּ מַלְכֵנוּ, כִּלְה כָּל צָר וּמִשְׁטֵיץ מֵעָלֵינוּ.

Avinu Malkeinu, inspire us to cause all hate and oppression to vanish from the earth.

אָבינוּ מַלְכֵנוּ, כְּתִבְנוּ בְּסֵפֶר חַיִּים טוֹבִים.

Avinu Malkeinu, enter us into the Book of Life.

אָבינוּ מַלְכֵנוּ, חֲדֹשׁ עָלֵינוּ שָׁנָה טוֹבָה.

Avinu Malkeinu, renew our faith in the future that we may make the coming year truly a Shanah Tovah, a year of goodness.

אָבינוּ מַלְכֵנוּ, חַנּוּנוּ וְעֲנֻנוּ, כִּי אֵין בָּנוּ מַעֲשִׂים,
עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ.

Avinu Malkeinu, though we may be unworthy, do not give up on us. Inspire and encourage us, for You are both just and loving.

A-vi-nu Mal-kei-nu, cha-nei-nu, va'a-nei-nu,
ki ein ba-nu ma'a-sim.
A-sei i-ma-nu tz'da-ka v'che-sed v'ho-shi-ei-nu.

כִּי מִצִּיּוֹן תֵּצֵא תּוֹרָה וּדְבַר יְהוָה מִירוּשָׁלַיִם.
בָּרוּךְ שֶׁנָּתַן תּוֹרָה לְעַמּוֹ יִשְׂרָאֵל בְּקִדְשָׁתוֹ.

Ki Mi-tzi-yon tei-tzei To-rah u'd'var Adonai mi-ru-sha-la-yim.
Ba-ruch she-na-tan To-rah l'a-mo Yisraeil bik-du-sha-to.

From out of Zion shall come the Torah, and the word of the Eternal from Jerusalem.
Blessed be the One who gave Your holy Torah to Your people, Israel.

שְׁמַע יִשְׂרָאֵל, יְהוָה אֱלֹהֵינוּ, יְהוָה אֶחָד.
אֶחָד אֱלֹהֵינוּ, גָּדוֹל אֲדוֹנֵנוּ, קְדוֹשׁ שְׁמוֹ.

Sh'ma, Yisraeil: Adonai E-lo-hei-nu Adonai Eh-chad!
E-chad E-lo-hei-nu, ga-dol A-do-nei-nu, ka-dosh sh'mo.

Hear O Israel, the Eternal our God, the Eternal is One!
Our God is One, the Eternal is great, holy is God's name.

גִּדְּלוּ לַיְי אֶתִי, וְנִרְמְמָה שְׁמוֹ יַחְדָּו.

Gad-lu l'Adonai i-ti, u'n-ro-m'ma sh-mo yach-dav.

Let us praise God and exalt God's name, together.

לְךָ יְיָ הַגְּדֹלָה וְהַגְּבוּרָה וְהַתְּפָאֶרֶת וְהַנִּצָּח וְהַהוֹד, כִּי כָל בְּשָׁמַיִם
וּבָאָרֶץ: לְךָ יְיָ הַמְּמֻלָּכָה וְהַמְּתִנְשָׁא לְכָל לְרֹאשׁ:

L-cha Adonai ha-g'du-la v'ha-g'vu-ra v'ha-tif-e-ret v'ha-nei-tzach v'ha-hod.
Ki chol ba-sha-ma-yim u'va-a-retz.
L'cha Adonai ha-mam-la-cha v'ha-mit-na-sei l'chol l'rosh.

Yours, Eternal, is the greatness, the power, the harmony, the victory, and the glory. For
all that is in heaven and earth is Yours. To You, Eternal, is the sovereignty. You are
supreme over all.

רוֹמְמוּ יְיָ אֱלֹהֵינוּ, וְהִשְׁתַּחוּ לְהַר קָדְשׁ, כִּי קָדוֹשׁ יְיָ אֱלֹהֵינוּ:

Ro-m'mu Adonai E-lo-heinu, v'hish-ta-cha-vu l'har kod-sho,
ki ka-dosh Adonai E-lo-heinu.

Exalt the Eternal our God, and bow down before the holy mountain, for holy is the
Eternal our God.

Blessing Before the Reading of the Torah

Bar-chu et Adonai ha-m'vo-rach!

בְּרַכּוּ אֶת יְיָ הַמְּבֹרָךְ.

Ba-ruch Adonai ha-m'vo-rach l'o-lam va-ed!

בְּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלָם וָעֶד.

Ba-ruch Adonai ha-m'vo-rach l'o-lam va-ed!

בְּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלָם וָעֶד.

Ba-ruch A-tah, Adonai E-lo-hei-nu,

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ

Me-lech ha-o-lam,

מֶלֶךְ הָעוֹלָם

a-she ba-char ba-nu mi-kol ha'a-mim,

אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים

v'na-tan la-nu et To-ra-to.

וְנָתַן לָנוּ אֶת תּוֹרָתוֹ.

Ba-ruch A-tah, Adonai, no-tein ha-To-rah.

בְּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Let us bless the Eternal One who is to be blessed.

Blessed is the Eternal One who is blessed now and forever.

Blessed are You, Eternal our God, Sovereign of the universe, who has chosen us from
among the peoples, giving us the Torah. Blessed are You, Eternal One, who gives the
Torah.

בראשית כב:א-יט

א ויהי אחר הדברים האלה והאלהים נסה את־אברהם ויאמר אליו אברהם ויאמר הנני: ב ויאמר קח־נָא את־בְּנֶךָּ אֶת־יִחִידְךָ אֲשֶׁר־אַהֲבָתְךָ אֶת־יִצְחָק וְלֶךְ־לְךָ אֶל־אֶרֶץ הַמִּזְרָה וְהַעֲלֵהוּ שָׁם לְעֹלָה עַל אֶחָד הַהָרִים אֲשֶׁר אָמַר אֱלֹהֶיךָ: ג וישָׁפם אברהם בפֶּקֶד וַיַּחֲבֹשׁ אֶת־חֲמֹלּוֹ וַיִּקַּח אֶת־יִשְׁגִּי נַעֲרִיו אֹתוֹ וְאֵת יִצְחָק בְּנֵוֹ וַיִּבְשֶׁל עֶצֶי עֹלָה וַיִּקֶּם וַיֵּלֶךְ אֶל־הַמָּקוֹם אֲשֶׁר־אָמַר־לּוֹ הָאֱלֹהִים: ד בַּיּוֹם הַשְּׁלִישִׁי וַיֵּשֶׁא אֲבִרְהָם אֶת־עֵינָיו וַיֵּרָא אֶת־הַמָּקוֹם מֵרֶחֶק:

ה ויאמר אברהם אליִנְעָרִיו שְׁבוּ־לָכֶם פֹּה עִם־חֲמֹלּוֹ וְאֲנִי וְהַנֶּעֱר גִּלְפָּה עַד־כָּה וְנִשְׁתַּחֲוֶה וְנִשְׁיָבָה אֵלֵיכֶם: ו וַיִּקַּח אֲבִרְהָם אֶת־עֶצֶי הָעֹלָה וַיִּשֶׁם עַל־יִצְחָק בְּנֵוֹ וַיִּקַּח בְּיָדוֹ אֶת־הָאֵשׁ וְאֶת־הַמַּאֲכָלֹת וַיֵּלֶכְוּ שְׁנֵיהֶם וַיַּחֲדּוּ: ז ויאמר יִצְחָק אֶל־אֲבִרְהָם אָבִיו וַיֹּאמֶר אָבִי יֵאֱמָר הַנְּנִי בְנִי וַיֹּאמֶר הִנֵּה הָאֵשׁ וְהַעֲצִים וְאִנִּי הֵשֵׁה לְעֹלָה: ח ויאמר אברהם אֱלֹהִים יִרְאֵה־לּוֹ הֵשֵׁה לְעֹלָה בְנִי וַיֵּלֶכְוּ שְׁנֵיהֶם וַיַּחֲדּוּ: ט וַיָּבֹאוּ אֶל־הַמָּקוֹם אֲשֶׁר אָמַר־לּוֹ הָאֱלֹהִים וַיִּבֶן שָׁם אֲבִרְהָם אֶת־הַמִּזְבֵּחַ וַיַּעֲרֹךְ אֶת־הָעֵצִים וַיַּעֲקֹד אֶת־יִצְחָק בְּנֵוֹ וַיִּשֶׁם אֹתוֹ עַל־הַמִּזְבֵּחַ מִמַּעַל לָעֵצִים: י וַיִּשְׁלַח אֲבִרְהָם אֶת־יָדוֹ וַיִּקַּח אֶת־הַמַּאֲכָלֹת לִשְׂחֹט אֶת־בְּנֵוֹ: יא וַיִּקְרָא אֵלָיו מֶלֶאךָ יְהוָה מִן־הַשָּׁמַיִם וַיֹּאמֶר אֲבִרְהָם אֲבִרְהָם יֵאֱמָר הַנְּנִי: יב וַיֹּאמֶר אֶל־יִשְׁלַח יְדְךָ אֶל־הַנֶּעֱר וְאֶל־יִתְעַשׂ־לוֹ מֵאוֹמָה כִּי עֲתָה יָדְעֵתִי כִּי־יִרְאֵא אֱלֹהִים אֹתָהּ וְלֹא חֲשַׁכְתָּ אֶת־יִחִידְךָ מִמֶּנִּי: יג וַיֵּשֶׁא אֲבִרְהָם אֶת־עֵינָיו וַיֵּרָא וְהִנֵּה־אֵיל אַחֵר נֶאֱחָז בְּסַבָּךְ בְּקֶרְנָיו וַיֵּלֶךְ אֲבִרְהָם וַיִּקַּח אֶת־הָאֵיל וַיַּעֲלֵהוּ לְעֹלָה תַחַת בְּנֵוֹ: יד וַיִּקְרָא אֲבִרְהָם שְׁם־הַמָּקוֹם הַזֶּה וַיִּהְיֶה יְהוָה יִרְאֵה אֲשֶׁר יַאֲמַר הַיּוֹם בְּתֹר יְהוָה יִרְאֵה:

טו וַיִּקְרָא מֶלֶאךָ יְהוָה אֶל־אֲבִרְהָם שְׁמִית מִן־הַשָּׁמַיִם: טז וַיֹּאמֶר כִּי נִשְׁבַּעְתִּי נֶאֱמַר־יְהוָה כִּי גַעַן אֲשֶׁר עָשִׂיתָ אֶת־הַדָּבָר הַזֶּה וְלֹא חֲשַׁכְתָּ אֶת־בְּנֶךָ אֶת־יִחִידְךָ: יז כִּי־בָרַךְ אֲבִרְכָךָ וְהִרְבָּה אַרְבֶּה אֶת־זַרְעֲךָ כְּכֹכְבֵי הַשָּׁמַיִם וְכָחוּל אֲשֶׁר עַל־שַׁפְתֵּי הַיָּם וַיִּרְשׁ זַרְעֲךָ אֶת־שַׁעַר אֲנִיכֵינוּ: יח וְהַתְּפַרְכּוּ בְּזַרְעֲךָ כֹּל גּוֹי הָאָרֶץ עֲקֵב אֲשֶׁר שָׁמַעְתָּ בְּקִלִּי: יט וַיֵּשֶׁב אֲבִרְהָם אֶל־נְעָרָיו וַיִּקְמוּ וַיֵּלְכוּ וַיַּחֲדּוּ אֶל־בְּאֵר שָׁבַע וַיֵּשֶׁב אֲבִרְהָם בְּבְאֵר שָׁבַע:

Genesis 22:1-19

22 Some time afterward, God put Abraham to the test. God said to him, “Abraham,” and he answered, “Here I am.” ²And God said, “Take your son, your favored one, Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the heights that I will point out to you.” ³So early next morning, Abraham saddled his donkey and took with him two of his servants and his son Isaac. He split the wood for the burnt offering, and he set out for the place of which God had told him. ⁴On the third day Abraham looked up and saw the place from afar. ⁵Then Abraham said to his servants, “You stay here with the donkey. The boy and I will go up there; we will worship and we will return to you.”

⁶Abraham took the wood for the burnt offering and put it on his son Isaac. He himself took the firestone and the knife; and the two walked off together. ⁷Then Isaac said to his father Abraham, “Father!” And he answered, “Yes, my son.” And he said, “Here are the firestone and the wood; but where is the sheep for the burnt offering?” ⁸And Abraham said, “God will see to the sheep for the burnt offering, my son.” And the two of them walked on together.

⁹They arrived at the place of which God had told him. Abraham built an altar there; he laid out the wood; he bound his son Isaac; he laid him on the altar, on top of the wood. ¹⁰And Abraham put forth his hand and he picked up the knife to slay his son. ¹¹Then an angel of the ETERNAL called to him from heaven: “Abraham! Abraham!” And he answered, “Here I am.” ¹²And the angel said, “Do not raise your hand against the boy, or do anything to him. For now I know that you fear God, since you have not withheld your son, your favored one, from Me.” ¹³When Abraham looked up, his eye fell upon a ram, caught in the thicket by its horns. So Abraham went and took the ram and offered it up as a burnt offering in place of his son. ¹⁴And Abraham named that site Adonai-yireh, whence comes the present saying, “On the mount of Adonai there is vision.”

¹⁵The angel of the ETERNAL called to Abraham a second time from heaven, ¹⁶and said, “By Myself I swear, the ETERNAL declares: Because you have done this and have not withheld your son, your favored one, ¹⁷I will bestow My blessing upon you and make your descendants as numerous as the stars of heaven and the sands on the seashore; and your descendants shall seize the gates of their foes. ¹⁸All the nations of the earth shall bless themselves by your descendants, because you have obeyed My command.” ¹⁹Abraham then returned to his servants, and they departed together for Beer-sheba; and Abraham stayed in Beer-sheba.

Blessing After the Reading of the Torah

Ba-ruch A-tah, Adonai E-lo-hei-nu,
Me-lech ha-o-lam,
a-sheer na-tan la-nu To-rat e-met,
v'cha-yei o-lam na-ta b'to-chei-nu.
Ba-ruch A-tah, Adonai, no-tein ha-To-rah.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת
וְחַיֵּי עוֹלָם נָטַע בְּתוֹכָנוּ.
בָּרוּךְ אַתָּה יְיָ נוֹתֵן הַתּוֹרָה.

Blessed are You, Eternal our God, Sovereign of the universe, who has given us a teaching of truth, implanting within us eternal life. Blessed are You, Eternal One, who gives the Torah.

* * *

מִי שֶׁבֵּרַךְ אֲבוֹתֵינוּ מִקּוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ

Mi she-bei-rach a-vo-tei-nu m'kor ha-b'ra-cha l'i-mo-tei-nu

May the Source of strength who blessed the ones before us, help us find the courage to make our lives a blessing. And let us say: Amen.

מִי שֶׁבֵּרַךְ אֲבוֹתֵינוּ מִקּוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ

Mi she-bei-rach i-mo-tei-nu m'kor ha-b'ra-cha la-a-vo-tei-nu

Bless those in need of healing with *r'fu-a sh'lei-ma*, the renewal of body, the renewal of spirit. And let us say: Amen.

* * *

זֹאת הַתּוֹרָה אֲשֶׁר שָׂם מֹשֶׁה לִפְנֵי בְנֵי יִשְׂרָאֵל עַל פִּי יְיָ בְּיַד מֹשֶׁה:

V'zot ha-Torah a-sheer sam Moshe lif-nei B'nei Yisraeil al pi Adonai b'yad Moshe.

This is the Teaching, which Moses placed before the children of Israel, God's word through the hand of Moses.

Returning the Torah to the Aron Hakodesh

יְהַלְלוּ אֶת שֵׁם יְיָ, כִּי נִשְׁגָּב שְׁמוֹ לְבַדּוֹ.

Y'ha-l'lu et sheim Adonai, ki nis-gav sh'mo l'va-do.

Let us praise the name of Adonai, whose name alone is exalted.

הוֹדוּ עַל אֶרֶץ וְשָׁמַיִם. וַיָּרֶם קֶרֶן לְעַמּוֹ,
תְּהַלֵּה לְכָל חֲסִידָיו, לְבְנֵי יִשְׂרָאֵל עִם קְרוֹבוֹ, הַלְלוּיָהּ.

Ho-do al e-rets v'sha-ma-yim, v'ya-rem ke-ren l'a-mo, t'hi-la le-chol
cha-si-dav, li-v'nei Yisrael, am k'ro-vo. Ha-l'lu-ya!

God's majesty is above the earth and heaven; and God is the strength of our people,
making God's faithful ones, Israel, a people close to the Eternal. Halleluyah!

עֵץ חַיִּים הִיא לַמַּחְזִיקִים בָּהּ, וְתַמְכִּיָּה מֵאֲשֶׁר.
דַּרְכֶיהָ דְרָכֵי נֹעַם, וְכָל נְתִיבוֹתֶיהָ שְׁלוֹם.

Eitz cha-yim hi la-ma-cha-zi-kim ba, v'tom-che-ha m'u-shar.
D'ra-che-ha dar-chei no-am, v'chol n'ti-vo-te-ha sha-lom.

Behold, a good doctrine has been given to you; do not forsake it. It is a tree of life to
those who hold fast to it and all who cling to it find happiness. Its ways are ways of
pleasantness, for all its paths are peace.

הַשִּׁיבֵנוּ יְיָ, אֱלֹהֵינוּ וְנָשׁוּבָה, חֲדָשׁ יָמֵינוּ כְּקֶדֶם.

Ha-shi-vei-nu, Adonai, ei-le-cha v'na-shu-va; cha-deish ya-mei-nu
k'ke-dem.

Return us to You, Eternal One, and we will return; renew our days as of old.

* * *

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לְשִׁמּוֹעַ קוֹל שׁוֹפָר.

Ba-ruch A-tah Adonai E-lo-hei-nu Me-lech ha-olam asher kid'sha-nu
b'mitz-vo-tav v'tzi-va-nu lish-moh-ah kol shofar.

Blessed are You, Adonai our God, Ruler of space and time, who sanctifies us through mitzvot, and commands us to listen to the sounding of the shofar.

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
שֶׁהֵחֵינּוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ לְזֶמֶן הַזֶּה.

Ba-ruch A-tah Adonai, E-lo-hei-nu Me-lech ha-olam,
she-he-che-yanu, ve-ki-ye-ma-nu, ve-hi-gi-a-nu laz-man ha-zeh.

Blessed are you, Adonai our God, Ruler of space and time, for giving us life, for sustaining us, and for enabling us to reach this season. Amen.

תְּקִיעָה שְׁבָרִים-תְּרוּעָה תְּקִיעָה
תְּקִיעָה שְׁבָרִים תְּקִיעָה
תְּקִיעָה תְּרוּעָה תְּקִיעָה

Hallelu, Halleluyah.
Praise, praise God.

הַלֵּלוּ, הַלְלוּיָהּ

ZICHRONOT: Memories

The shofar calls us to remember the revelation at Mount Sinai,
accompanied by “trembling, and thunderous shofar blasts...”

*May we answer the shofar's call by studying Torah, and by
transmitting our heritage to future generations.*

The shofar recalls the ram which was sacrificed on the altar in place of Isaac.

*May we answer the shofar's call by sacrificing greed and vanity on
the altar of service.*

יִתְגַּדַּל וַיִּתְקַדַּשׁ שְׁמֵהּ רַבָּא.
בְּעֶלְמָא דִּי-בְרָא כְרַעוּתָהּ, וַיִּמְלִיף מַלְכוּתָהּ
בְּחַיִּכּוֹן וּבְיוֹמִיכּוֹן וּבְחַיֵּי דְכָל-בֵּית יִשְׂרָאֵל,
בְּעֶגְלָא וּבְזֶמֶן קָרִיב, וְאָמְרוּ: אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעֵלְמִי וּלְעֵלְמִי עֲלֵמִיא.
יְתַבְרַךְ וַיִּשְׁתַּבַּח, וַיִּתְפָּאֵר וַיְתַרְוִמֵּם וַיִּתְנַשֵּׂא,
וַיִּתְהַדָּר וַיִּתְעַלֶּה וַיִּתְהַלֵּל שְׁמֵהּ דְקוּדְשָׁא, בְּרִיף הוּא.

לְעֵלָא מִן כָּל-בְּרַכְתָּא וְשִׁירְתָּא,
תְּשַׁבְּחָתָא וְנִחַמְתָּא דְאַמִּירָן בְּעֶלְמָא, וְאָמְרוּ: אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן-שְׁמֵיהּ וְחַיִּים
עֲלֵינוּ וְעַל-כָּל-יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם
עֲלֵינוּ וְעַל-כָּל-יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba.
B'al-ma di-v'ra chir-u-tei, v'yam-lich mal-chu-tei
b'cha-yei-chon u'v'yo-mei-chon u'v'cha-yei d'chol beit Yisraeil,
ba'a-ga-la u'viz-man ka-riv, v'im-ru: Amen.

Y'hei sh'mei ra-ba m'va-rach l'a-lam ul'al-mei al'ma-ya.

Yit'ba-rach v'yish-tabach v'yit-pa-ar, v'yit-ro-mam, v'yit-na-sei,
v'yit-ha-dar v'yit-a-leh, v'yit-ha-lal sh'mei d'Ku-d'sha, b'rich Hu.
L'ei-la min kol bir-cha-ta v'shi-ra-ta,
tush-b'cha-ta v'ne-che-ma-ta
da'a-mi-ran b'al-ma, v'im-ru: Amen.

Y'hei sh'lama raba min sh'ma-ya v'cha-yim
a-lei-nu v'al kol Yisraeil, v'im'ru: Amen.

O-seh sh-alom bim-ro-mav, hu ya'a-seh sha-lom
a-lei-nu v'al kol Yisraeil, v'im-ru: Amen.

1

Grateful

By Daniel Cainer

Is it just me or do the days,
these days
Go by much so more quickly
than they did.
So many strange things
going on,
So many pieces of the puzzle
that don't fit.
I watch the sunset on the
western sea.
The light plays on the water and
it feels to me
That I am blest to be here
despite all the unrest,
And how it may appear.
I'm grateful
For what I'm about to receive
Let me be grateful
For all that I've achieved
And when I'm looking for a place
to hide,
When I feel broken inside,
Remind me...
Grateful.
That's how I want to be
Just look around.
It doesn't take that much to be
confused.
Don't get upset.
When the world is upside down
And what you see is not always
what you get.
There's been so many things I
should have done
And so many others that I would
not have done
Had I known then,
What I know today
But then again I'd not have
learned along the way

To be grateful
When it's not quite how I imagine
I'll be grateful
For the lights and sound and
action.

When I can't tell wrong from
right,
When I'm wound up far too tight,
Release me...
Grateful.

That's how I want to be.

How much you push.
How much you're pulled.
How much you wait.
How much you wish.
How much you pray.
And if you don't get what you
want

Then what you want's not what
you needed anyway
Zoom out the camera lens and
what do we see
The earth, the moon, the planets
and the galaxy
And I am just
A speck of dust
Lost... somewhere in my own
universe.

Grateful.

Modim Anachnu Lach

[We are thankful to You]

We sing and we are faithful
And give thanks for everything
For all that's said and done
For all that's yet to come.
Help me.
Grateful...

That's how I want to be
Grateful. Grateful. Grateful.

2 A New Year

by Michael Ochs

May this be a year of love and kindness
May strangers come to be friends.
May truth and compassion always guide us
Amen

May this be a year of hope and healing
For all of those in need.
May all of our deeds be a blessing
Amen

A new year, a good year
A chance to start all over
A new year, a sweet year
A chance to bring us closer

May this be a year of selfless giving
May this be a year of peace.
And may we forgive
And be forgiven
Amen

Closer to the ones we love
A world that be proud of
Long as there are stars above
There comes a New Year.
Amen

3 The Climb / Esa Einai

by Jessi Alexander and Jon Mabe; and by Doug Cotler

Esa einai el heharim
M'ayin yavo ezri
I look to the mountains
The source of my help

I can almost see it
That dream I'm dreaming but
There's a voice inside my head sayin,
You'll never reach it,

Every step I'm taking,
Every move I make feels
Lost with no direction My faith is shaking but
I got to keep trying
Got to keep my head held high

There's always going to be another mountain
I'm always going to want to make it move
Always going to be an uphill battle,
Sometimes you going to have to lose,

Ain't about how fast I get there,
Ain't about what's waiting on the other side
It's the climb

The struggles I'm facing,
The chances I'm taking
Sometimes they knock me down but
No, I'm not breaking
I may not know it,
But these are the moments that
I'm going to remember most yeah
Just got to keep going
And I, I got to be strong
Just keep pushing on

Esa einai el heharim - I look to the mountains
There's always going to be another mountain
I'm always going to want to make it move
Always going to be an uphill battle,
Sometimes you going to have to lose,

M'ayin yavo ezri - The source of my help
Ain't about how fast I get there,
Ain't about what's waiting on the other side
It's the climb!

4 Hallelujah

by Leonard Cohen

I heard there was a secret chord
That David played, and it pleased the Lord
But you don't really care for music, do you?
It goes like this: The fourth, the fifth
The minor fall, and the major lift
The baffled king composing Hallelujah
Hallelujah, Hallelujah, Hallelujah, Hallelujah

You say I took the name in vain.
But I don't even know the name
But if I did, well really, what's it to you?
There's a blaze of light in every word
It doesn't matter which you heard
The holy or the broken Hallelujah
Hallelujah, Hallelujah, Hallelujah, Hallelujah

I did my best, it wasn't much
I couldn't feel, so I tried to touch
I've told the truth, I didn't come to fool you
And even though it all went wrong
I'll stand before the Lord of Song
With nothing on my tongue but Hallelujah
Hallelujah, Hallelujah, Hallelujah, Hallelujah

5 Zochreinu

*Zochreinu, zochreinu l'chayim,
Melech chafeitz ba-chaim
V'chotmeinu, b'sefer hachayim
L'ma-ancha Elohim chaim*

*L'ma-ancha, l'ma-ancha, l'ma-ancha Elohim
L'ma-ancha, l'ma-ancha, l'ma-ancha
Elohim chaim*

[Remember us unto life, O Sovereign who delights in life.
And inscribe us in the Book of Life, for Your sake, O God of life.]

6 Oseh Shallow (Shallow from “A Star is Born”)

Music by Germanotta, Ronson, Rossomando, Wyatt

*Od yavo shalom
Od yavo shalom aleinu
Od yavo shalom
Od yavo shalom aleinu
Shalom aleinu v'al kol yisrael
V'imru, v'imru amen*

[Peace will still come to us and all Israel.]

*Oseh shalom bimromav
Hu yaaseh shalom
Aleinu v'al kol yisrael
V'al kol yoshvey teivel
Yaaseh Sha Shalom
Shala sha shala la la lom
Yaaseh Sha Shalom v'imru amen*

Oh, ahhhhh....

Oh, ahhhhh....

7 Birkat Hagomel

Music and English lyrics by Kyle Cotler © 2015

*Baruch Atah Adonai
Eloheinu Melech ha-olam
Hagomel l'chayavim tovo
Sheg'malanee kol tov.*

[Blessed are You Adonai who bestows goodness,
favor and protection upon all creation.]

*Blessed are You Adonai
Blessed are You Adonai
I'm so grateful
And I'm so thankful
Amen. Amen.*

Mi shegamalcha kol tov

Hu y'gamalcha kol tov

[May the One who has granted you all kindness
always grant kindness to you, selah.]

I'm so grateful

And I'm so thankful

Amen. Amen. Amen.

Amen. Amen. Amen.

Blessed are You Adonai

Blessed are You Adonai

I'm so grateful

And I'm so thankful

Amen. Amen. Amen.

Amen. Amen. Amen.

Amen.

8

When You Believe

by Mariah Carey and Whitney Houston

Many nights we've prayed

With no proof anyone could hear

In our hearts a hopeful song

We barely understood

Now we are not afraid

Although we know there's much to fear

We were moving mountains long

Before we knew we could

There can be miracles when you believe

Though hope is frail it's hard to kill

Who knows what miracles you can achieve

When you believe,

Somehow you will

You will when you believe

In this time of fear

When prayer so often proved in vain

Hope seemed like the summer birds

Too swiftly flown away

Now I'm standing here

With heart so full I can't explain

Seeking faith and speaking words

I never thought I'd say

Ashira l'adonai ki gaoh ga-ah

Mi chamocha baelim adonai

Mi kamocha nedar bakodesh

Nachita v'chas-d'cha am zu ga-alta

Ashira ashira ashira

9

I Shall Be Released

by Bob Dylan

They say everything can be replaced
 They say every distance is not near
 So I remember every face
 Of every one who put me here
 I see my light come shining
 From the west down to the east
 Any day now, any day now
 I shall be released

They say every person needs protection
 They say that everyone must fall
 Yet I swear I see my reflection
 In every one inside this hall
 I see my light come shining
 From the west down to the east
 Any day now, any day now
 I shall be released
 Any day now, any day now
 I shall be released

10

Hashkiveinu

© Mah Tov

*Hashkiveinu Adonai Eloheinu
 l'shalom l'shalom.
 V'ha-ameedeinu Shomreinu l'chayim
 Ufros aleinu sukkat sh'lomecha
 Ufros aleinu sukkat sh'lomecha
 Amen*

Shelter us beneath thy wings, O Adonai.
 Guard us from all harmful things, O Adonai.
 Keep us safe throughout the night
 'Til we wake with morning's light
 Teach us daily wrong from right.
 Amen

11

Shehecheyanu

by Craig Taubman

*Baruch Atah Adonai Eloheinu Melech haolam
 You bring us here
 Baruch Atah Adonai, Holy One of blessing
 Your presence fills creation
 You keep us here*

*Shehecheyanu v'keey'manu v'higianu lazman hazeh
 Shehecheyanu v'keey'manu v'higianu lazman hazeh*

12

Standing on the Shoulders

© 1990 By Lanny, Steve, and Doug Cotler

In the garden there's a tree
 Planted by someone who only imagined me.
 What love, what vision.
 I marvel at the gift.
 No fruit could be sweeter than this.

As my people went from land to land,
 Something passed from hand to hand.
 And it isn't just the words and stories
 Of the ancient laws and golden glories.
 It's the way we study the Book we study.
 It's the way we study the way.

I'm standing on the shoulders
 Of the ones who came before me.

Today my life is full of choice,
 Because a young man raised his voice.
 Because a young girl took a chance,
 I am freedom's inheritance.
 Years ago they crossed the sea,
 And they made a life that's come to me.

So in the garden I'll plant a seed,
 A tree of life for you to read.
 The fruit will ripen in the sun.
 The words will sound when I am gone.
 These are the things I pass along:
 The fruit, the Book, and this Song.

13

Adonai Li

© 1995 By Doug Cotler and Jeff Marx

I lift my voice, when all is dark.
 Into God's hands I place my heart.
B'yado afkeed ruchi.
 I'm not afraid.
Adonai li

I lift my eyes, when all is night.
 When I need help, I seek God's light.
Lo echsar, Adonai ro-ee.
 I shall not want.
Adonai li

Brotherly Love*by Daniel Cainer*

My brother's dead
My brother's dead
I held his hand; I stroked his head
I asked him not to leave me yet
Though I knew he had already

I was talking to the empty shell
Of the man I used to know so well
Who had so much more to show and tell
And who clearly wasn't ready

But not a word can he say now
Not a sigh now, not a breath can he take now
And all the moments that we had
All the good times and the bad
They echo in my head every day now

And after all is said and done
The phone calls stop
And the world moves on
Where once a star so brightly shone
Now that light is just a feeling

The seasons turning
The planets spinning
The candles burning
The angels singing
The kind of things we do and say
When our loved ones pass away-
It's not the end
It's the beginning...

Remember this: We do not stay
The purpose is - no one can say
Where we're from and where we go
I guess we're not supposed to know
And though we try to do our best every day

My brother's gone
Enough's enough
His hopes, his dreams and all that stuff
And as below then so above:
Let all that's left be love
Let all that's left be love

Heal Us Now

by Leon Sher

R'fa-eynu Adonai v'ney-rafeh.

Hoshee-ey-nu v'nee-vashey-ah.

[Heal us, God, and we shall be healed.

Save us and we shall be saved. (Weekday Amidah)

God is close to all who call out. (Ps 145:18)]

Eyl karov l'chol korav.

Ach karov leeray-av yish-oh.

[Surely, help is near to all who call. (Ps 85:10)

Oh God, please heal. (Num 12:13)]

We pray for healing of the body;

We pray for healing of the soul,

For strength of flesh and mind and spirit.

We pray to once again be whole.

Eyl na r'fa na.

Oh, please, heal us now.

R'fu-at hanefesh,

U-r'fu-at haguf,

R'fu-ah sh'leyma.

[Healing of the soul, and healing of the body.

A complete healing. (Prayer for Healing)]

Heal us now.

Heal us now.

Ho-shee-ah et amecha u-varech et nach-la-techa.

U-r'eym v'naseym ad ha-olam.

Mee shebey-rach avoteynu,

Mee shebey-rach eemo-taynu,

Ana Adonai hoshee-ah na.

We pray for healing of our people;

We pray for healing of the land,

And peace for every race and nation,

Every child, every woman, every man.

Heal us now.

Heal us now.

Heal us now.

16 On Yom Kippur

By Daniel Cainer

On Yom Kippur I'll say the prayers
in English or in Hebrew.
I'm sorry for my trespasses:
For what I've done and what I did not do.
I may not be religious;
it may all be hot air.
But if I'm sincere
for at least one day of the year,
Maybe I'll find God there.

On Yom Kippur I'll hold my fast.
I'll try to be still and patient.
I'm a grain of sand.
I'm a blade of grass.
I'm a spark in the arc of creation.
Oh Let my mind be silent.
Let me feel something pure and rare.
Let my anguish cease.
Let me make my peace.
Maybe I'll find God there.

On Yom Kippur I'll beat my chest.
In the house of God, I'm a skeptical guest.
Show yourself. Give me a sign.
Flicker the flame. Knock over the wine...
If you're there knock once for no
Knock twice for yes.
On Yom Kippur my year is done.
It's the footer and the header.
And the oaths I swore can be annulled
And next year I swear I will do better.
And I'm praying for forgiveness
For everyone everywhere.
If can wipe the slate clean
And be someone I've not been
Maybe I'll find God
Maybe I'll find God
Maybe I'll find God here.

17 L'dor Vador

By Josh Nelson

We are gifts
And we are blessings
We are history in song
We are hope, and we are healing
We are learning to be strong

We are words and we are stories
We are pictures of the past
We are carriers of wisdom
Not the first and not the last

L'dor vador nagid godlecha
L'dor vador, we protect this chain
From generation to generation
L'dor vador, these lips will praise Your name

Looking back on the journey
That we carry in our heart
From the shadow of the mountain
To the waters that would part
We are blessed and we are holy
We are children of Your way
And the words that bring us meaning
We will have the strength to say

18

A Rose in December

© 1993 By Doug Cotler, Lanny Cotler, Steve Cotler, and Jeff Marx

You who gather here, crying silent tears,
Because you cannot talk to me,
You can remember.
I am here though I am gone.
Dust to dust; life goes on.
Think of me, and I will become...
A rose in December

If you remember, I'll be a rose
If you remember, I'll be a rose
A rose that blooms in December

In your thoughts and in your sight,
I am eternal light
Hold the torch against the night,
And you will remember.
In the flame are many sparks,
Touching lives beyond the dark.
By my deeds I've left my mark,
A rose in December

So say the words that must be said,
Prayer for beloved dead.
And as our precious tears are shed,
We shall remember.
Death and loss are what we pay,
For finding love along our way
A gift forever, sweet bouquet,
A rose in December.

19 Am I Awake / Barchu

by Noah Aronson

Am I awake? Am I prepared?
Are you listening to my prayer?
Can you hear my voice?
Can you understand?
Am I awake? Am I prepared?

Bar'chu et Adonai ham'vorach
Baruch Adonai ham'vorach l'olam va-ed
l'olam va-ed

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