September 2022

Welcome New Year 5783!

We extend a special warm, appreciative greeting to those of you new to the Village. We’re celebrating another year of growing the bonds of friendship and support, and look forward to expanding our circle of caring and community to more and more Villagers!

May all your days in the New Year be filled with friendship, beauty, good health and peace.

L’Shana Tova.

CALABASAS CONCERT IN THE PARK
We brought back those lazy, hazy, crazy days of summer...Listening to the Beach Boys perform at the Lake in Calabasas. It was a beautiful evening of sharing cookies, conversation and commaraderie!

UPCOMING EVENTS...Register on our webpage
www.orami.org/village

MONDAY, SEPTEMBER 19, 2022, 6:00 PM

PATIO DINNER AT ROSTI TUSCAN KITCHEN
23663 Calabasas Rd.

Let's get together before the High Holy Days! $30 per person includes pizza, salad, dessert, soft drinks, iced tea, coffee and gratuity. Cocktails available by individual order. Menu is limited to create a casual family style dinner. Please bring cash to make it easier to pay the check! Space is limited. Please register soon.
ONGOING...every four to six weeks.
NEXT MEETINGS:

Thursday September 22 nd 10:00 AM (Zoom)

Thursday October 13 th 11:00 AM (In Person)

Bring your own lunch. We'll provide drinks and dessert!

Place TBD

SUNDAY, OCTOBER 9, 2022, 5:00 PM
MEET IN PARKING LOT AT OR AMI
CAR RALLY AND SCAVENGER HUNT

What is a Road Rally Scavenger Hunt? It’s a little bit like the reality TV show "Amazing Race". Teams drive around in cars following clues, completing tasks and challenges, and try to be first to the finish line. It all culminates at a mystery restaurant where the winners will have bragging rights…and gift card prizes! We will all enjoy a fun, friend-filled dinner before heading back to Or Ami.
MONDAY, OCTOBER 17, 2022 (ZOOM, 7:00 PM)
THE HOW TO’S OF BEING THE BEST YOU THAT YOU CAN BE!

Are you important enough to take charge of your own health and wellbeing and be the best “you” as you age?? How you live and take care of yourself will determine how healthy, joyful and pain free you can be. Come join us and learn how the importance of what you put in, on and around your body can effect your emotional, mental and physical wellbeing.

Our own Or Ami partner, Carol Polevoi, has practiced for over 30 years as a licensed psychotherapist working with individuals, families, couples, groups, and businesses. She is certified as an Integrative Body Psychotherapist (IBP) and teacher, biofeedback and stress management specialist, and a professional, wellness, and mind/body/eating coach. Ms. Polevoi is also a C-suite advisor with CSQ Magazine, writing many articles on Health and Wellness.

SUNDAY, NOVEMBER 13, 2022 (ZOOM), 11:00 AM
LIVE DOCENT-LED TOUR OF ANU MUSEUM IN TEL AVIV!

Grab a bagel and coffee, turn on your computer and be transported to the spectacular ANU – Museum of the Jewish People in Tel Aviv. With our live tour guide, we will explore highlights of the spectacular new museum to learn about the unique and ongoing story of the Jewish People.
IT'S A MATCH! SPECIAL INTEREST GROUPS

Both Art and Museum and Movie Groups are meeting regularly. The Museum group has been to Holocaust Museum LA and also the Valley Relics Museum. Interested in joining one, two or all of these great groups? Here's how to find out more info:

**Movie Groups:** Contact Gil and Marilyn Spiegel: **gilandmarilyn@gmail.com**

**Art and Museum:** Contact: Bernice Sedlik: **bernice@sedlik.com** or Nitza Zemel: **nzem@nitzaz.com**

**Our Walking and Hiking Group** is also getting underway. Contact: Beth Lieberman: **liebermanedit@socal.rr.com**

Looking for foodies to join our **Dining Group:** Contact: Rich Abrams: **aberich@sbcglobal.net**

BULLETIN BOARD

Looking for the phone number, email or home address for another Or Ami Partner? Simple! Just sign into your ShulCloud account and you’ll find a complete roster. Or download the OrAmi app on your phone.

Important Information! **988 SUICIDE & CRISIS LIFELINE is now available. PHONE 988.** This telephone service is a tremendous step toward providing lifesaving support to countless number of people in crisis. Calls to this line rose 45% after the changeover to this new number.
THE ART OF POSITIVE LIVING, Bits of Wisdom

“Aging is an extraordinary process where you become the person you always should have been.” David Bowie

“Getting older is like climbing a mountain; you get a little out of breath, but the view is much better.” Ingrid Bergman

Now, we’d love to hear YOUR bits of wisdom that we can share with our Villagers!

NOT A VILLAGER YET?

Not a Villager yet? Want to find out more?

Email us: village@orami.org. Already a paid Villager? Thank you! Your support means so much.

Keep an eye on our webpage for news of our upcoming events! www.orami.org/village

"The mere process of growing older together will make our slightest acquaintances seem like best friends."

Logan Pearsall Smith