

Sha'arei Or Gates of Light

Prayer supplement songs are reprinted in the final pages of this packet.

Services for

Rosh Hashanah

and Yom Kippur

### Service for Erev Yom Kippur

ָסְלַח נָא לַעֲוֹן הָעָם הַהֶּה בְּגֹדֶל חַסְדֶּךְ. "Forgive the sin of this people, for great is Your kindness." (Num.14:19)

Once more Yom Kippur has come, all pretense gone. With naked heart revealed to the hiding self and to God, we stand in holy time, between the day that was and the one that might be; and we tremble. Toward what did we aim? How did we stumble? What did we take, and what did we give? To what were we blind? If last year's confession came easily to our lips, will this one come from deep within our hearts? On this Yom Kippur, we have come together to pray, to praise, to turn inward, and to probe ourselves.

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In the Jewish tradition we kindle lights on the eve of holy days and festivals to symbolize the coming of a new day with its message of hope and renewal. These Yom Kippur lights are only flickering flames, yet they illuminate our faltering steps. These flames remind us of years long past, of the beauty and happiness that have delighted our hearts. May these flickering candles inspire us to use the year ahead for kindness and compassion, for blessing and goodness, for justice and peace.

בָּרוּך אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְשֵׁנוּ בְּמִצְוֹתִיוּ, וְצָוָנוּ לִהַדְלִיק נֵר שֵׁל [שַׁבַּת וִשֵׁל] יוֹם הַכִּפּוּרִים.

Ba-ruch A-tah, Adonai E-lo-hei-nu, Me-lech ha-o-lam, a-sher ki-d'sha-nu b'mitz-vo-tav, v'tzi-va-nu l'had-lik neir shel (Shabbat v'shel) Yom Ha-Kippurim.

Blessed is our God, Guide of the Universe, who hallows us with mitzvot, and commands us to kindle the lights of (Shabbat and) the Day of Atonement.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהֶחֲיָנוּ, וְקְיְּמְנוּ, וְהִגִּיעֻנוּ לַוְמֵן הַזֶּה.

Baruch A-tah, Adonai, E-lo-hei-nu, Me-lech ha-o-lam, she-he-che-yanu, ve-ki-y'ma-nu, ve-hi-gi-a-nu laz-man ha-zeh.

Blessed is Adonai our God, Guide of space and time, for giving us life, for sustaining us, and for enabling us to reach this season.

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The year gone by has faded with the sunset as we move always forward into life.

This night, which borders past and future, summons us to this sanctuary.

It summons us to account for the gift of life.

On this sacred night we join as one congregation with repentance on our lips and with resolve in our hearts that our repentance be reflected in our deeds.

We seek forgiveness from ourselves, from others, and from God.

We seek atonement; to be at one with ourselves, with others, and with God.

Shine a light for us, O Source of light, that we may see the way into a new and better year.

Or za-ru-ah la-tza-dik u-l'yish-rei leiv sim-cha.

Light is sown for the righteous and gladness for the upright in heart. (Psalm 97:11)

There is a light. What makes it shine? When I do right, it becomes mine. Straight from the heart, happiness grows. Where there's a light, life overflows.

There is a seed. What makes it grow? Where it will lead, there I must go. Straight from the heart, the truth never fails. Where there's a light, justice prevails.

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God of all generations, make us honest enough to recognize our transgressions, big enough to admit them, and strong enough to forsake them.

Humble us by showing us what we are; exalt us with a vision of what we may yet grow to be.

Keep us ever mindful of our dependence upon You, and help us to understand Your desires for us.

United with You in a holy partnership, may we dedicate our lives to the repair of Your world.

Help us create homes filled with joy and harmony, and to labor for peace among communities and nations.

On this sacred night, grant us atonement, and help us to find serenity within ourselves.

Kindle within us the fires of faith, and set aglow our courage to live the words we pray.

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In this spirit, eight hundred years ago, Rabbi Meir of Rothenberg transformed his congregation into a legal body on Yom Kippur. So, too, do we come together on this night as a holy community, transforming our sanctuary into a court for the Jewish soul.

בִּישִׁיבָה שֶׁל מַעְלָה וּבִישִׁיבָה שֶׁל מַטָּה, עַל דַּעַת הַמָּקוֹם וְעַל דַּעַת הַקָּהָל, אָנוּ מַתִּירִין לְהִתְפַּלֶל עִם הָעֲבַרְיָנִים.

By the authority of the heavenly court, and by the authority of the earthly court, with the knowledge of the ever-present God, and with the knowledge of this congregation, we welcome all to pray with our community and declare it proper to pray with others who have wronged either God or other human beings.

All vows, promises, and commitments we made since last Yom Kippur and in the years before – may we be given strength to keep them.

Our marriage vows:

May they endure through dark days and dull days, through fatigue and anger. May our love and trust prove strong enough to last.

Our vows for good health, to exercise, to diet:

May we take our own lives seriously enough to heed them; caring for our bodies in the midst of the pressures of our daily lives.

The promises we make to expand our minds and nourish our spirits:

May we be strong enough to let this year be a year of study and of prayer.

Our commitments to family and to friends, pledges of tzedakah; vows to work for others:

May we be as compassionate and generous as our tradition teaches we should be.

Our God, and God of our ancestors, we mean in all seriousness the vows we make to You, and to ourselves.

But even as we vow, we are conscious of how last time we failed. The guilt of our failures weighs heavily upon us. We have sinned, we have transgressed, we have acted deceitfully.

כָּל נִדְרֵי נֶאֶסָרֵי וַחֲרָמֵי, וְקוֹנָמֵי וְכִנּוּזֵי, וְקנּוּסֵי וּשְׁבוּעוֹת, דִּנְדְרְנָא וּדְאִשְׁתַּנְא, וּדְאַחֲרֶמְנָא, וּדְאַסֵּרְנָא עַל נַפְּשָׁתְנָא, מִיּוֹם כִּפָּרִים זֶה עַד יוֹם כִּפָּרִים הַבָּא עָלֵינוּ לְטוֹבָה, כָּלְּהוֹן אִחֲרְטְנָא בְהוֹן. כָּלְהוֹן יְהוֹן שָׁרָן, שְׁבִיקִין שְׁבִיתִין, בְּטֵלִין וּמְבָּטָלִין, לָא שְׁרִירִין וְלָא קַיָּמִין. נִדְרֵנָא לָא נִדְרֵי, וָאֱסָרֵנָא לָא שְׁבוּעוֹת.

Ba-ruch A-tah Adonai, E-lo-hei-nu Me-lech ha-o-lam, a-sher bi-d'varo ma-a-riv a-ra-vim. B'choch-ma po-tei-ach sh'a-rim, u-vit'vu-na m'sha-neh i-tim, u-ma-cha-lif et haz'ma-nim, u-m'sa-deir et ha-ko-cha-vim b'mish-m'ro-tei-hem kir-tso-no. Bo-rei vom va-lai-la, go-leil or mi-p'nei cho-shech, v'cho-shech mi-p'nei or, u-ma-a-vir yom u-mei-vi lai-la, u-mav-dil bein yom lai-la, Adonai tz'va-ot sh'mo. Eil chai v'ka-yam, ta-mid yim-loch a-lei-nu, l'o-lam va'ed. Ba-ruch A-tah Adonai, ha-ma-a-riv a-ra-vim.

In the beginning, You made a simple world: day and night, water and earth, plants and animals. But now You create galaxies beyond systems in the unending curve of space. Now we know You create with subtlety the invisible atom with its secret heart of power. You create, with delicacy, the cell; splitting, becoming life. Filled with joy, You make a human being; a whole world, mysterious, delicate, and violent.

Overflowing with joy, You create myriads of people, fling galaxies across space, sowing them with countless kinds of life. Your love - massive, cosmic, joyful explodes around us, as in the beginning, in a burst of light, a rush of waters, in the cry of birth, and in ourselves.

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If you're lost, you feel afraid, and you don't know what to say, then listen, listen to our God. Is there a question on your mind? Is the answer hard to find? Then listen, listen to our God.

Listen with all your heart and soul, and with all your might; write them and learn them and teach them well. Every morning and night; close your eyes and listen.

Quiet yourself; there's nothing to say, stop all the chatter that gets in the way, and listen, listen to our God.

When the wind and the thunder finally disappear, there's still a voice that you can hear, if you listen, listen to our God.

You can hear it from the top of the highest hill, or from the valley below. It can come from the edge of the universe; it can come from within your soul. Close your eyes and listen.

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Loving life and its mysterious Source with all our heart and all our spirit, all our senses and strength, we take upon ourselves and into ourselves these promises: To care for the earth and those who live upon it.

To pursue justice and peace. To love kindness and compassion. We will teach this to our children throughout the passage of the day as we dwell in our homes, and as we go on our journeys, from the time we rise until we fall asleep. May our actions be faithful to our words that our children's children may live to know that truth and kindness have embraced, and that peace and justice have kissed, and are one.

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Yom Kippur punctuates our lives like a semi-colon, forboding a full stop – tomorrow, or years from now.

Has a year already passed? Are we where we were before? Have we failed again?

It seems that, but yesterday, we stood before You. Errors and sins we humbly acknowledged; numbly we admitted our faults.

Yesterdays are many; tomorrows, now, fewer; so many opportunities have passed.

And now we face Your judgment. We can bear it, God, because of Your great mercy. "You know how we are made. You remember we are dust."

But if last year we hoped for transformation, then it's time to judge ourselves.

Your judgment we can bear; it is our own that frightens us. No punishment is greater, Eternal One, than what we give ourselves.

Arm us against self-hatred. Remove our bitterness of spirit. Help us to forgive ourselves for having failed again.

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We believe that the world is beautiful and worth singing about.

We believe that the world is full of kindness and of faith, that the success of evil-doers, of bigots and tyrants is only temporary and that the righteous will strike deep roots growing in stature and in power.

We believe that being Jewish means being godly; that being godly means being just. This is our goal and our destiny.

We believe that the life of the Jew has been a struggle for freedom; that the triumph of freedom is a most wondrous miracle. We remember at all times and at all places God's greatest claim on our loyalty: "I am the Eternal your God Who took you out of the land of Egypt, out of the house of bondage." And so we are commanded to remember God, and never to bow down to Pharoah.

מִי כָמְכָה בָּאֵלִים יְיָ, מִי כָּמְכָה נָאְדָּר בַּקְּדֶשׁ, נוֹרָא תְהִילֹת, עְשֵׂה פֶּלֶא. מַלְכוּתְךְּ רָאוּ בָנֶיךְ, בּוֹקֵעַ יָם לִפְנֵי משֶׁה, זֶה אֵלִי עָנוּ וְאָמְרוּ. יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד. וְנֶאֲמַר: כִּי פָּדָה יְיָ אֶת יַעֲלְב, וּגְאָלוֹ מִיַּד חָזָק מִפֶּנוּ. בָּרוּךְ אַתָּה יְיָ, גָּאַל יִשְׂרָאֵל:

Mi cha-mo-cha ba-ei-lim A-do-nai. Mi ka-mo-cha ne-dar ba-ko-desh. No-ra t'hi-lot o-sei feh-leh. Mal-chu-t'cha ra-u va-ne-cha, bo-kei-a yam lif-nei Mo-she, zeh Ei-li a-nu, v'a-m'ru: A-do-nai yim-loch l'o-lam va-ed.

V'ne-e-mar: Ki fa-da Adonai et Yaakov, u'g'a-lo mi-yad cha-zak mi-me-nu. Ba-ruch A-tah Adonai, ga'al Yisraeil.

Who is like You, Eternal One, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, doing wonders? In their escape from the sea, Your children saw Your sovereign might displayed. "This is my God!" they cried. "The Eternal will reign for ever and ever!" Blessed are You, Adonai, Redeemer of Israel.

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Shelter us in the cool shade of Your wings, for You are the God who protects us and shields us.

God our Guide, Compassionate and Forgiving are You.

Protect our going forth and our coming home into life and peace from this moment until the end of time.

Spread over us a sukkah filled with Your peace.

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O Mentor of Israel, on this Yom Kippur eve help us acquire the priceless knowledge of how to make amends when we have wronged others. When our pride will not allow us to seek forgiveness, then let us learn that in Your sight, contrition is a mitzvah far above pride. Help us to learn, also, that merely to be sorry for our errors and shortcomings is not enough. We must discipline ourselves by repeated mitzvot, to repair whatever damage we may have done to others.

May we act to make restitution for the precious things which we robbed from our neighbors, be it belongings, happiness, or sleep. May we be strong enough to face someone and say, by word or by deed, "I repent of the wrong that I have done you."

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Source of all being, we turn to You as did our people in ancient days. They beheld You in the heavens; they felt You in their hearts; they sought You in their lives. Their quest is ours. Help us to see the wonder of being. Give us the courage to search for truth. Teach us the path to a better life. May we, by our lives, our labors and our prayers, bring nearer the world we envision: a world of justice, freedom and peace.

Inspire us, Soul of our Souls, with a sense of the sacred.

Too often we succumb to cynicism; too often we wallow in worthlessness.

Inspire us, Holy One, with the blessings of Your truth.

Too often we speak slander and violence; too often we falter in our faithfulness.

Help us, Compassionate One, to help others. Protect us, Healer, from callousness.

Inspire us, Merciful One, with kindness. Protect us, Eternal, from indifference.

Help us to open our eyes to Your truth. Help us to open our hearts to Your Torah. Help us to open our lives to You.

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מוֹדִים אֲנֵחְנוּ לָךְ, שָׁאַתָּה הוּא, יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ, לְעוֹלָם וַעֶד. צוּר חַיֵּינוּ, מָגֵן יִשְׁעֵנוּ, אַתָּה הוּא לְדוֹר וָדוֹר. נוֹדֶה לְךְּ וּנְסַפֵּר תְּהִלָּתֶךְ. עַל חַיֵּינוּ הַמְּסוּרִים בְּיָדֶךְ, וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָךְ, וְעַל נִפֶּיךְ שֶׁבְּכָל יוֹם עִמָּנוּ, וְעַל נִפְּלְאוֹתֶיךְ וְטוֹבוֹתֶיךְ שֶׁבְּכָל עַת, עֶרֶב וָבְקֶר וְצָהָרָיִם, הַטוֹב כִּי לֹא כָלוּ רְחֲמֶיךְ, וְהַמְּרַחֵם כִּי לֹא תַמּוּ חֲסָדֶיךְ מֵעוֹלָם קּוְינוּ לָךְ.

Mo-dim a-nach-nu lach, sha-A-tah Hu, Adonai E-lo-hei-nu vei-lo-hei a-vo-tei-nu, l'o-lam va-ed. Tzur cha-yei-nu, ma-gein yish-ei-nu, A-tah Hu l'dor va-dor. No-de l'cha u-n'sa-peir t'hi-la-te-cha. Al cha-yei-nu, ha-m'su-rim b'ya-de-cha, v'al nish-mo-tei-nu ha-p'ku-dot Lach, v'al ni-se-cha she-b'chol yom i-ma-nu, v'al nif-lo-te-cha v'to-vo-te-cha she-b'chol eit, e-rev va-vo-ker v'tzo-ho-ra-yim. Ha-tov, ki lo cha-lu ra-cha-me-cha; v'ham-ra-cheim, ki lo tam-mu cha-sa-de-cha mei-o-lam ki-vi-nu Lach.

אָשַׁמְנוּ, בָּגַדְנוּ, נָּזַלְנוּ, דִּבַּרְנוּ דְפִי. הֶעֲוִינוּ, וְהִרְשַׁעְנוּ, זַדְנוּ, חָמַסְנוּ, טָפַלְנוּ שֶׁקֶר. יָעַצְנוּ רָע, כִּזַּבְנוּ, לַצְנוּ, מָרַדְנוּ, נִאַצְנוּ, סָרַרְנוּ, עָוִינוּ, פָּשַׁעְנוּ, צָרַרְנוּ, קִּשִּׁינוּ עָרֶף. רָשַׁעְנוּ, שִׁחַתְנוּ, תִּעַבְנוּ, תָּעִינוּ, תִּעְהָעְנוּ.

A-sham-nu, ba-gad-nu, ga-zal-nu, di-bar-nu do-fee. He-e-vi-nu, v'hir-shah-nu, zad-nu, cha-mas-nu, ta-fal-nu she-ker. Ya-atz-nu rah, ki-zav-nu, latz-nu, ma-rad-nu, ni-atz-nu, sa-rar-nu, ah-vi-nu, pa-sha-nu, tza-rar-nu, ki-shi-nu oh-ref. Ra-sha-nu, shi-chat-nu, ti-av-nu, ta-i-nu, ti-ta-nu.

Of these things we have been guilty: we have Acted out of malice; we have Back-bitten; we have been Contemptuous of others; we have Double-crossed; we have given Evil advice; we Falsified the truth; we have Gloated over our achievements; we have Hated wrongdoers; we have been Insolent; we have Jeered convictions not our own; we have Knifed friends in the back; we have Lost our self-control; we have Manipulated; we have Nullified the humanity of others; we have Oppressed our brothers and sisters; we have told Petty lies; we have Quietly acquiesced in wrong; we have Refused to back down from positions we could see were incorrect; we have Sneered at serious matters; we have Trifled with other humans; we have Usurped others' positions; we have practiced Violence; we have blindly supported War; we have committed X-number of sins of which we have not been aware; we have said Yes when we should have cried out no; we have lacked the Zeal to struggle for our convictions.

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We confess our moral failures:

For the sin which we have committed by spurning parents and teachers,

Fearful that acceptance of their guidance and authority implies a lessening of our own worth.

For the sin which we have committed by wronging our neighbors,

Regarding them as tools to be used or strangers to be ignored, rather than as fellow-creatures.

For the sin which we have committed by envy,

Minimizing our own blessings while exaggerating the good fortune of others.

For the sin which we have committed by hardening our hearts,

Fearful of showing compassion lest others think of us as weaklings.

For the sin which we have committed by denying and lying,

Because we did not have the fortitude to acknowledge the truth.

For the sin which we have committed by bribery,

Trying to get special favors for ourselves or our children, regardless of the law or of the common good.

For the sin which we have committed by slander and tale-bearing,

Building up our own importance by belittling others and showing off.

V'al ku-lam E-lo-ha s'li-chot, s'lach la-nu, m'chal la-nu, ka-per la-nu.

For all these sins, whether committed inadvertently or with intent, may we seek forgiveness and may we be forgiven.

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Sh'ma ko-le-inu, Adonai E-lo-hei-nu, chus v'ra-cheim a-lei-nu, v'ka-beil b'ra-cha-mim u'v'ra-tzon et t'fi-la-tei-nu. Ha-shi-vei-nu, Adonai, ei-le-cha, v'na-shu-va. Cha-deish ya-mei-nu k'ke-dem.

Hear our voice, Eternal One. Have compassion upon us and, with that compassion, accept our prayer. Help us to return to You; then truly shall we return. Renew our days as in the past.

אַבִינוּ מַלְבֵּנוּ, שִׁמַע קוֹלֵנוּ.

Avinu Malkeinu, hear our plea.

אָבֵינוּ מַלְבֵנוּ, חָטָאנוּ לְפָנֵיךָ.

Avinu Malkeinu, we have sinned before You.

אָבִינוּ מַלְבֵנוּ, חֲמוֹל עָלֵינוּ וְעַל עוֹלְלֵנוּ וְטַפֵּנוּ.

Avinu Malkeinu, have mercy upon us and our children.

אָבֵינוּ מַלְבֵּנוּ, כַּלֵּה דֶבֶר וְחֲרֵב וְרָעָב מֵעָלֵינוּ.

Avinu Malkeinu, help us to diminish pestilence, war and famine.

אָבִינוּ מַלְבֵנוּ, כַּלֵה כָּל צַר וּמַשְטֵין מֵעָלֵינוּ.

Avinu Malkeinu, inspire us to cause all hate and oppression to vanish from the earth.

אָבִינוּ מַלְבֵּנוּ, כָּתִבֵנוּ בִּסֵפֵר חַיִּים טוֹבִים.

Avinu Malkeinu, enter us into the Book of Life.

אַבִינוּ מַלְבֵּנוּ, חֲדֵשׁ עַלֵינוּ שַׁנַה טובַה.

Avinu Malkeinu, renew our faith in the future that we may make the coming year truly a shanah tovah, a year of goodness.

אָבִינוּ מַלְבֵּנוּ, חָנֵנוּ וַעֲנֵנוּ, כִּי אֵין בָּנוּ מַעֲשִׂים, עֲשֵׂה עִפָּנוּ צְדָקָה וָחֶסֶד וְהוֹשִׁיעֵנוּ.

Avinu Malkeinu, have compassion on us, for we are not perfect. Deal with us in both justice and mercy so we may be renewed.

A-vi-nu Mal-kei-nu, cha-nei-nu, va'a-nei-nu, ki ein ba-nu ma'a-sim. A-sei i-ma-nu tz'da-ka v'che-sed v'ho-shi-ei-nu. יִתְגַדֵל וְיִתְקַדֵשׁ שְׁמֵה רַבָּא. בְּעָלְמָא דִי־בְרָא כִרְעוּתֵה, וְיַמְלִיךְ מַלְכוּתֵה בְּחַיֵיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵי דְכָל־בֵּית יִשְׂרָאֵל, בַּעֵגָלָא וּבִוֹמַן קָרִיב, וִאִמְרוּ: אָמֵן.

יָהֵא שְׁמֵה רַבָּא מְבָרַךְ לְעָלֵם וּלְעָלְמֵי עָלְמַיָּא. יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵׂא, וְיִתְהַלֵּל שְׁמֵה דְקוּדְשָׁא, בְּרִיךְ הוּא,

לְעֵלָא מִן כָּל־בִּרְכָתָא וְשִׁירָתָא, הָשְׁבְּחָתָא וְנֶחֱמָתָא דַאֲמִירַן בְּעַלְמָא, וְאִמְרוּ: אָמֵן.

> יְהֵא שְׁלָמָא רַבָּא מִן־שְׁמַיָה וְחַיִּים עָלֵינוּ וְעַל־כָּל־יִשְׂרָאֵל, וְאִמְרוּ: אָמֵן.

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עַלֵינוּ וְעַל־כָּל־יִשִּׁרָאֵל, וְאִמְרוּ: אָמֵן.

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba. B'al-ma di-v'ra chir-u-tei, v'yam-lich mal-chu-tei b'cha-yei-chon u'v'yo-mei-chon u'v'cha-yei d'chol beit Yisraeil, ba'a-ga-la u'viz-man ka-riv, v'im-ru: Amen.

Y'hei sh'mei ra-ba m'va-rach l'a-lam ul'al-mei al'ma-ya.

Yit'ba-rach v'yish-ta-bach v'yit-pa-ar, v'yit-ro-mam, v'yit-na-sei, v'yit-ha-dar v'yit-a-leh, v'yit-ha-lal sh'mei d'Ku-d'sha, b'rich Hu. L'ei-la min kol bir-cha-ta v'shi-ra-ta, tush-b'cha-ta v'ne-che-ma-ta da'a-mi-ran b'al-ma, v'im-ru: Amen.

Y'hei sh'la-ma raba min sh'ma-ya v'cha-yim a-lei-nu v'al kol Yisraeil, v'im'ru: Amen.

O-seh sh-alom bim-ro-mav, hu ya'a-seh sha-lom a-lei-nu v'al kol Yisraeil, v'im-ru: Amen.

Flood us with Your light, let Your Torah seize our hearts, and unite us to revere Your name. Infuse our deeds with holiness, radiant with passion for life. May Your mercy ever sustain us with the wisdom of Torah. O Holy One, we bless You, for Your blessed gift of love.

## בָּרוּךְ אַתָּה יָיָ, הַבּוֹחֵר בְּעַמוֹ יִשְׂרָאֵל בְּאַהַבָה.

Ba-ruch A-tah Adonai, ha-bo-cheir b'a-mo Yisraeil b'a-ha-va.

\* \* \*

Listen! Because I know You will hear me as I fear this unknown I must enter, surrendering my self, my authority, if only for a brief while.

Listen! Because I know You will hear as I praise You now.

Listen! Because I know You are there: hearing me, warming me, renewing me, leading me through this time to a place of health and vigor.

\* \* \*

If you're lost, you feel afraid, and you don't know what to say,
Then listen, listen to our God.

Is there a question on your mind? Is the answer hard to find?
Then listen, listen to our God.

Listen with all your heart and soul, and with all your might;
Write them and learn them and teach them well every morning and night.

Close your eyes and listen.

Quiet yourself; there's nothing to say, stop all the chatter that gets in the way; And listen, listen to our God.

When the wind and the thunder finally disappear, There's still a voice that you can hear, if you listen, listen to our God.

You can hear it from the top of the highest hill, or from the valley below. It can come from the edge of the universe; it can come from within your soul.

Close your eyes and listen.

אֲדֹנָי שְׂפָתֵי תִּפְתָּח וֹפִי יַגִּיד תְּהִלְּתֶךִּי

Adonai, s'fa-tai tif-tach, u-fi ya-gid t'hi-la-te-cha.

Eternal God, open up my lips, that my mouth may declare Your glory.

שְׁמַע קוֹלֵנוּ וְנָשְׁוּבָה.

Sh'ma ko-lei-nu v'na-shu-va.

Hear our voices and we will return to You.

בָּרוּך אַתָּה יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְקֹב, וֵאלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי לֵאַה, וֵאלֹהֵי רָחֵל. יִצְחָל, וֵאלֹהֵי וַאלֹהֵי שָׁרָה, אֱלֹהֵי רְבְקָה, וְאֶלֹהִי לַאַה, וֵאלֹהֵי רָחֵל. הָבִּלֹּל הַגִּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹנֵה הַכּּל, וְזוֹכֵר חַסְדֵי אָבוֹת וְאִמָהוֹת, וּמֵבִיא גְּאֻלָּה לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה:

Ba-ruch Atah Adonai E-lo-hei-nu, vei-lo-hei a-vo-tei-nu v'i-mo-tei-nu. E-lo-hei Avraham, E-lo-hei Yitzchak, vei-lo-hei Yaakov, E-lo-hei Sara, E-lo-hei Rivka, E-lo-hei Leah, vei-lo-hei Rachel. Ha-Eil ha-ga-dol ha-gi-bor v'ha-no-rah, Eil eil-yon, go-meil cha-sa-dim to-vim v'ko-nei ha-kol v'zo-cheir chas-dei a-vot v'i-ma-hot, u'mei-vi g'u-lah liv-nei v'nei-hem l'ma-an sh'mo b'a-ha-vah.

זָכְרֵנוּ לְחַיִּים, מֶלֶךְ חָפֵץ בַּחַיִּים, וְכָתְבֵנוּ בְּסֵפֶר הַחַיִּים, לְמַעַנְךּ אֱלֹהִים חַיִּים.

Zoch-rei-nu l'cha-yim, Me-lech cha-feitz ba-cha-yim. V'chot-vei-nu b'Sei-fer ha-Cha-yim, l'ma'an-cha, E-lo-him chayim.

> מֶלֶך עוֹזֵר וּמוֹשְׁיעַ וּמָגַן: בָּרוּךְ אַתָּה יִיָ, מָגַן אַבַרָהָם וִעַזַרת שַּׂרָה.

Me-lech o-zeir u'mo-shi-a u-ma-gein. Ba-ruch A-tah Adonai, ma-gein Avraham, v'ez-rat Sara.

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וּנְתַנֶּה תְּלֶּחף קְדָשַׁת הַיּוֹם, כִּי הוּא נוֹרָא וְאָיוֹם: וּבוֹ תִנָּשֵׂא מַלְכוּתֶךּ, וְיִכּוֹן בְּחֶטֶד כִּסְאֶךּ, וְתִשֵׁב עָלָיו בָּאֱמֶת. אֱמֶת כִּי אַתָּה הוּא דַיָּן וּמוֹכְיחַ, וְיוֹדֵעַ וַעֵד, וְכוֹתֵב וְחוֹתֵם. וְסוֹפֵר וּמוֹנֶה, וְתִוְכּוֹר כָּל הַנִּשְׁכָּחוֹתץ וְתִפְתַח אֶת סֵפֶר הַזִּכִרוֹנוֹת, וּמֵאֵלָיו יִקָּרָא, וְחוֹתַם יַד כָּל אָדָם בּוֹ.

\* \* \*

בָּרֹאשׁ הַשָּׁנָה יִכָּתֵבוּן, וּבִיוֹם צוֹם כִּפּוּר יֵחָתֵמוּן.

B'Rosh Ha-sha-nah yi-ka-tei-vun, u'v'Yom Tzom Ki-pur yei-cha-tei-mun.

פַּמָּה יַעַבְרוּן, וְכַמָּה יִבָּרִאוּן. מִי יִחְיֶה, וּמִי יָמוּת. מִי בְקצוֹ, וּמִי לֹא בְקצוֹ. מִי בָּאֲשׁ, וּמִי בַמַּיִם. מִי בַחֶּרֶב, וּמִי בַחַיָּה. מִי בָרָעָב, וּמִי בַצְּמָא. מִי בַרְעַשׁ, וּמִי בַּמַגּפָה. מִי בַחֲנִיקָה, וּמִי בְסְקִילָה. מִי יְנְוּחַ, וּמִי יְנְוּעַ. מִי יִשְׁקֵט, וּמִי יִטְרָף. מִי יִשְׁבֵּר, וּמִי יִרוּם. מִי יֵעָנִי, וּמִי יֵעָשַׁר. מִי יִשְׁפֵל, וּמִי יְרוּם. וּתְשׁוּבָה וּתְפַלָּה וּצְדָקָה מַעֲבִירִין אֶת רְעַ הַגְּוֵרָה.

U't'shu-va u't'fi-la u'tz'da-ka ma'a-vi-rin et ro-a ha-g'zei-ra.

But *teshuvah*, *tefilah*, and *tzedakah* make it easier to face the world, make it easier to confront what life holds in store, and make it easier to face ourselves.

Teshuvah: Repentance.

To look within ourselves, to change what can be changed, to repair what can be repaired, to reconcile what can be reconciled, to let go.

Tefilah: Prayer.

Developing our awareness of the Source of all life by knowing the blessings of life and sharing those blessings with each other, asking for forgiveness, proclaiming our aspirations for wholeness, singing when it's right to sing, crying when we need to cry, and reflecting regularly.

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Al chet shechatanu l'fanecha... For the sin we have sinned before You...

...ba-ga-lu-ee u'va-sah-ter.

For the sin we have sinned openly or secretly.

עַל חֵטָא שַׁחָטָאנוּ לִפָּנֵיך בִּדְעַת וּבִמְרַמָה,

...b'da'at u'v'mir-mah.

For the sin we have sinned knowingly and deceitfully.

...b'cha-chash u'v-cha-zav

And for the sin we have sinned by denying and lying.

...b'la-tzon.

For the sin we have sinned by expanding our rights and diminishing our duties.

...bil-shon ha-rah.

For the sin we have sinned by slander.

...b'ma-sah u'v'-ma-tan.

And for the sin we have sinned in business.

...bin-ti-yat ga-ron.

For the sin we have sinned by an arrogant attitude.

עַל חֵטָא שֵׁחָטֶאנוּ לְפָנֵיךְ בִּזְלְזוּל הוֹרִים וּמוֹרִים,

...b'zil-zul ho-rim u'mo-rim.

For the sin we have sinned by disrespect for parents and teachers.

ּוְעַל חֵטָא שֶׁחָטֶאנוּ לְפָנֵיך בִּצְדִיַּת רֻעַ.

...bitz-di-yat rei-ah.

And for the sin we have sinned by failing to welcome converts into the household of Israel.

עַל חֵטָא שֶׁחָטָאנוּ לְפָנֵיךְ בְּצָרוּת עֵיִן,

...b'tza-rut a-yin.

For the sin we have sinned by envy.

עַל חֵטָא שֶׁחָטָאנוּ לְפָנֵיך בְּזָדוֹן וּבִשְׁגָנָה,

...b'za-don u'vish-ga-ga.

For the sin we have sinned under compulsion or by free will.

ועל חַטָא שַחַטַאנוּ לְפַנֵיך בִּחְלוּל הַשָּׁם.

...b'chi-lul ha-shem.

And for the sin we have sinned by disgracing the Jewish people, our beliefs and heritage.

עַל חֵטָא שֶׁחַטָאנוּ לְפַנֵיךְ בִּרְכִילוּת,

...bir-chi-lut.

For the sin we have sinned by gossip and tale-bearing.

עַל חֵטָא שֵׁחָטָאנוּ לִפָּנֵיך בִּשִׂנָאַת חָנָם,

...b'sin-at chi-nam.

For the sin we have sinned by groundless hatred.

עַל חֵטָא שַׁחָטָאנוּ לְפָנֵיך בִּמַאֵכָל וּבִמְשְׁתֵּה,

...b'ma-a-chal u'v'mish-teh.

For the sin we have sinned by over-eating and drinking.

V'al ku-lam E-lo-ha s'li-chot, s'lach la-nu, me-chal la-nu, ka-per la-nu.

For all these sins, O God of compassion, forgive us, pardon us, restore us.

\* \* \*

In these ways we diminish ourselves and harm others:

Through fraud and falsehood, Through dishonesty, however good the excuse, Through the breach of trust, Through saying much and doing little, Through envy and through the hatred it breeds.

In these ways we diminish ourselves and harm others:

By pretending emotions we do not feel,

By using the sins of others to excuse our own,

By denying our responsibility for our own misfortunes,

By refusing to admit our share in the troubles of others.

In these ways we diminish ourselves and harm others:

By condemning in our children the faults we tolerate in ourselves,

By condemning in our parents the faults we tolerate in ourselves,

By remembering the price of things and forgetting their value,

By sacrificing the truth to protect our egos,

By desiring to be served rather than serving others,

By feeling Jewish and doing so little about it.

In these ways we diminish ourselves and harm others:

By lying to gain advantage,

By using people as stepping-stones to our own needs,

By manipulating those we claim to love.

In these ways we diminish ourselves and harm others:

By treating with arrogance those who are vulnerable,

By seeking out those we can feel superior to,

By diluting our Jewish heritage so that it cannot be passed on,

By erecting borders and finding them satisfying,

By remaining silent in the face of evil.

## וְעַל כְּלָם, אֵלְוֹהַ סִלִּיחוֹת, סִלַח לָנוּ, מְחַל לָנוּ, כַּפֵּר-לָנוּ.

V'al ku-lam E-lo-ha s'li-chot, s'lach la-nu, me-chal la-nu, ka-per la-nu.

For all these sins, O God of compassion, forgive us, pardon us, restore us.

\* \* \*

שְׁמַע קוֹלֵנוּ, יְיָ אֱלֹהֵינוּ, חוּס וְרַחֵם עָלֵינוּ, וְקַבֵּל בְּרַחֲמִים וּבְרַצוֹן אֶת הְפִּלָּתֵנוּ. הֲשִׁיבֵנוּ יְיָ אֵלֶיךְ וְנָשִׁוּבָה, חַדִּשׁ יָמֵינוּ כְּקֶדֶם.

Sh'ma ko-le-inu, Adonai E-lo-hei-nu, chus v'ra-cheim a-lei-nu, v'ka-beil b'ra-cha-mim u'v'ra-tzon et t'fi-la-tei-nu. Ha-shi-vei-nu, Adonai, ei-le-cha, v'na-shu-va. Cha-deish ya-mei-nu k'ke-dem.

Hear our voice, Eternal One. Have compassion upon us and, with that compassion, accept our prayer. Help us to return to You; then truly shall we return. Renew our days as in the past.

\* \* \*

Avinu Malkeinu, we pray for life. Bless us, once more, with a year of life so that we may be privileged to complete the year we have just begun.

Despite the burdens and the heartbreaks, the pains and perils, we want to live; we ask to be sealed in the Book of Life.

But even as we pray that years may be added to our lives, we ask that true life may be added to our years.

May the New Year be for us a time for enhancing the quality of our lives, enriching their content, deepening their meaning.

Help us to keep our minds alive. May we be open to new ideas, entertain challenging doubts, re-examine long-held opinions, nurture a lively curiosity, and strive to add to our knowledge.

Help us to keep our hearts alive. May we develop greater compassion, be receptive to new friendships, and grow more sensitive to those who surround us.

Help us to keep our souls alive. May we be more responsive to the needs of others, less vulnerable to consuming greed, more attentive to the craving for fellowship, and more devoted to truth.

Help us to keep our spirits alive. May we face the future with confidence, knowing that every age has its unique joys and satisfactions, each period in our lives a glory of its own.

Help us keep our faith alive. May we be sustained by the knowledge that You have planted within us life eternal and have given us the power to live beyond our years.

Whether our years be few or many, help us to link our lives to the life of our people and to our eternal faith.

אָבֵינוּ מַלְבֵּנוּ, שִׁמַע קוֹלֵנוּ.

Avinu Malkeinu, hear our plea.

אָבִינוּ מַלְבֵּנוּ, דְשָאנוּ לְפָנֶיךָ.

Avinu Malkeinu, we have sinned before You.

אַבֶינוּ מַלְבֵּנוּ, חַמוֹל עַלֵינוּ וְעַל עוֹלַלֵנוּ וְטַבֵּנוּ.

Avinu Malkeinu, have mercy upon us and our children.

אַבִינוּ מַלְבֵּנוּ, כַּלֶה דֵבֶר וְחֵרֵב וְרַעַב מֵעַלֵינוּ.

Avinu Malkeinu, help us to diminish pestilence, war and famine.

אַבִינוּ מַלְבֵּנוּ, כַּלֶה כָּל צַר וּמַשְּׂטֵין מֵעַלֵינוּ.

Avinu Malkeinu, inspire us to cause all hate and oppression to vanish from the earth.

אַבִינוּ מַלְבֵנוּ, כַּתִבֵנוּ בְּסֵפֵר חַיִּים טובִים.

Avinu Malkeinu, enter us into the Book of Life.

אַבִינוּ מַלְבֵּנוּ, חַדִּשׁ עַלֵינוּ שָׁנָה טוֹבַה.

Avinu Malkeinu, renew our faith in the future that we may make the coming year truly a Shanah Tovah, a year of goodness.

אָבִינוּ מַלְבֵּנוּ, חָנֵנוּ וַעֲנֵנוּ, כִּי אֵין בָּנוּ מַעֲשִׂים, עֲשֵׂה עָפָנוּ צְדָקָה וָחֵסֵד וְהוֹשִׁיעֵנוּ.

Avinu Malkeinu, though we may be unworthy, do not give up on us. Inspire and encourage us, for You are both just and loving.

A-vi-nu Mal-kei-nu, cha-nei-nu, va'a-nei-nu, ki ein ba-nu ma'a-sim. A-sei i-ma-nu tz'da-ka v'che-sed v'ho-shi-ei-nu. פִּי מִצִּיּוֹן תֵּצֵא תוֹרָה וּדְבַר יהוה מִירוּשָׁלָיִם. בָּרוּךְ שֵׁנָתַן תּוֹרָה לְעַמוֹ יִשְׂרָאֵל בִּקְדִשָּׁתוֹ.

Ki Mi-Tzi-yon tei-tzei To-rah u'd'var Adonai mi-ru-sha-la-yim. Ba-ruch she-na-tan To-rah l'a-mo Yisraeil bi-k'du-sha-to.

From out of Zion shall come forth Torah, and the word of the Eternal from Jerusalem. Blessed be the One who gave the holy Torah to Your people, Israel.

שְׁמֵע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד. אַחָד אֵלֹהֵינוּ, גָּדוֹל אַדוֹנֵנוּ, קָדוֹשׁ שִׁמוֹ.

Sh'ma Yisraeil, Adonai E-lo-hei-nu, Adonai E-chad! E-chad E-lo-hei-nu, ga-dol A-do-nei-nu, ka-dosh sh'mo.

Hear O Israel, the Eternal our God, the Eternal is One! Our God is One, the Eternal is great, holy is God's name.

גַדְלוּ לַיְיָ אָתִי, וּנְרוֹמְמָה שְׁמוֹ יַחְדָּו.

Gad-lu l'Adonai i-ti, u'n-ro-m'ma sh-mo yach-dav.

Let us praise God and exalt God's name, together.

לְּךְ יְיָ הַגְּדָלָה וְהַגְּבוּרָה וְהַתִּפְאֶרֶת וְהַנֵּצֵח וְהַהוֹד, כִּי כֹל בַּשָּׁמֵיִם וּבָאָרץ: לְךָ יִיַ הַמַּמִלֶּכָה וְהַמִּתְנַשֵּׂא לִכֹל לְרֹאשׁ:

L-cha, Adonai, ha-g'du-la v'ha-g'vu-ra v'ha-tif-e-ret v'ha-nei-tzach v'ha-hod. Ki chol ba-sha-ma-yim u'va-a-retz. L'cha, Adonai, ha-mam-la-cha v'ha-mit-na-seh l'chol l'rosh.

Yours, Eternal, is the greatness, the power, the harmony, the victory, and the glory. For all that is in heaven and earth is Yours. To You, Eternal, is the reign; You are supreme over all.

### רוֹמְמוּ יָיָ אֱלֹהֵינוּ, וְהִשְׁתַּחֲווּ לְהַר קָּדְשׁוֹ, כִּי קָדוֹשׁ יִיָ אֱלֹהֵינוּ:

Ro-m'mu Adonai E-lo-heinu, v'hish-ta-cha-vu l'har kod-sho, ki ka-dosh Adonai E-lo-heinu.

Exalt the Eternal our God, and bow down before the holy mountain, for holy is the Eternal our God.

#### Blessing Before the Reading of the Torah

Bar-chu et Adonai ha-m'vo-rach!

בַּרְכוּ אֶת יְיָ הַמְּבוֹרָךְ.

Ba-ruch Adonai ha-m'vo-rach l'o-lam va-ed!

בָּרוּךְ יִיָ הַמִּבוֹרָךְ לְעוֹלֶם וָעֵד.

Ba-ruch Adonai ha-m'vo-rach l'o-lam va-ed!

בָּרוּךְ יְיָ הַמְּבוֹרָךְ לְעוֹלָם וָעֶד.

Ba-ruch A-tah, Adonai E-lo-hei-nu, Me-lech ha-o-lam, a-sher ba-char ba-nu mi-kol ha'a-mim, v'na-tan la-nu et To-ra-to. בָּרוּך אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֶשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִים וְנָתֵן לָנוּ אֶת תּוֹרָתוֹ.

Ba-ruch A-tah, Adonai, no-tein ha-To-rah.

בַּרוּךְ אַתַּה יָיַ, נוֹתֵן הַתּוֹרַה.

Let us bless the Eternal One Who is to be blessed.

Blessed is the Eternal One Who is blessed now and forever.

Blessed are You, Eternal our God, Sovereign of the universe, Who has chosen us from among the peoples, giving us this Teaching. Blessed are You, Eternal One, who gives the Torah.

ש אַלָּהוּכֶם נִצְבִים הַיּוֹם כָּלְּכֶם לִפְּבֵּי וְהוָה אֱלְהַוּכֶם רֵאשׁוכֶם שׁבְטֵיכָם עַ זַקְנֵיכֶם וְשִׁיטְרֵיכֶּם כּל אָישׁ יִשְׂרָאֵל: י טַפְּכֶם וְשֵׁיכֶם וְגַרֶּדְ אֲשָׁר בְּקֶרֵב מָחָנֶיֶך מֵחֹטֵב עֵצֶּיוְד עַר שֹׁאָב מֵימֶיך: יא לְעָבְרְדֹּ בִּבְרֵית יְהֹוָה אֶלֹּהֶּיך וּבְאֶלְתֻוֹ אֲשֶׁרֹ יְהֹנָה אֱלֹהֶיף כֹּרָת עִבְּיָּה הַיִּוֹם: יב לְמַעַן הָקִים־אִּתְף הַיּוֹם ו לוֹ לְצָׁם וְהַוּא יִהְנֶה־לְּהַ לֵאלהִים כַּאֲשָׁר דּבֶּר־לֶךְ וְכַאֲשֶׁר גִּשְׁבַע' לַאֲבֹעׁיִה לאַבְרָהָם לִיִצְהָּק וְלִיָּעַקְב: יג וְלָא אִתּכֶּם לִבַדְכֶּם אֱגֹכִי כַּרַת אֶת־הַבְּרֵית הַוֹּאַת וְאֶת־הָאָלָּה הַוֹּאַת: יד כִּי<sup>°</sup> אֶת־אֲשֶׁר יָשִׁנוֹ פֹּה עִמְּנוּ עֹמֵד הַיּּוֹם לִפְּ<del>נֵי</del> יָהוָה אֱלֹהֵינוּ וִאַת אֲשֶׁר אֵינֶנוּ פֹּה עַמָּנוּ הַיְּוֹם: רֹאַ כִּי הַמִּצְוָה הַוֹּאת אָשֶׁר אָנֹכִי מְצַוְּדָּ הַיָּוֹם לְאֹינִפְּלֵאת הוא מִמְדֹּ וְלְאִירְוּדָּקה הַוּא: יב לָא בַשְּׁבִּים הָוֹא לֵאמֹר מֵי יַעַלֶה־לָגוּ הַשְּׁמַיְמָה וְיִקְּחָה לְּנוּ וְיַשְׁמִעֵנוּ א<del>ֹבָ</del>ה וְנָעֲשֶׂנְה: יג וְלְאׁ־מֵעָבֶר לַ<del>יָּ</del>ם הֻוֹא לֵאמֹר מִי יַעַבְר־לְנוּ אֶל־גַעָבֶר הַיָּם וְוִפְּחֵהָ לָנוּ וַיַשָׁמִעָנוּ אֹתָּה וַנַעֲשֶׂנָה: יד כִּי־קָרוֹב אֵלֶידְ הַדְּבָּר מִאֶד בִּפִידְ וּבִלְבֶבְּדְּ לַצַשׂתְוֹ: טו רָאָה נָתַתִּי לְפָנֶידְ הַיּוֹם אֶתּיהַהַיִּים וְאֶתיהַאָוֹב וְאֶתיהַבְּּיֶת וְאֶתִיהָרֵע: טז אֲשָּׁר אֲנֹכִי מְצַוְּדְּ הַיּוֹם לְאַהַבְּה אֶתִיוְהוָה אֱלֹהֶידִּ לְלֶכֶת בּדְרָכְּיו וְלִשְׁמֶּר מִצְוֹתָיו וְחֻקּּדָּיו וּמִשְׁפָּטְיו וְחָיִיתְ וְרָבִיתְ וּבַרַכְדְּ יְהֹוָה אָלהֶיף בְּאָרֶץ אֲשֶׁר־אַתָּה בָא־שָׁמָה לְרִשְׁתָּה: יז וְאִם־יִפְנֶּה לְבֶבְּּדְּ וְלָא ָתִשְׁמֶע וְנִדַּחְתָּ וְהְשְׁתַּחָוֶּיתָ בֵּאלוֹתִים אֲחַדִּים וַגַעַבַרְתָּם: יח הַגַּּדְתִּי לְכֶם הַיֹּוֹם כִּי אָבֹר הִאבֶרָוּן לאיתַאָריכָן יָמִים עַליהָאָרָבְיה אֲשָׁר אַתָּה עבר אָתיהַיַּרַדִּין לָבָוֹא שָׁמָה לִרִשִׁתָה: יט הַעָרֹתִי בָבֶם הַיּוֹם אֶתיהַשָּׁמַיִם וְאֶתִיהָאֶרֶץ הַחַיָּיִם וְהַבְּּעֶת נְתַתִּי לְפָנֶידִּ הַבְּרָבָּה וְהַקְּלָלֶה וּבְחַרְתְּ בַּחַיִּים לְמַעַן תִּרְשֶּׁה אַתָּה וְזַרְעֶך: כּ לְאַהֲבָה אֶתיְהוָֹה אֱלֹהֶיךּ לִשְׁמַעַ בְּקֹּלוֹ וּלְדַבְקָה־בֶּוֹ כִּי הָוּא חַיֶּידִ וְאָרֶדְ יָמֶידְ לְשָׁבֶּת עַל־הָאֲדְבָּה אֲשֶׁר ּ נִשְּׁבַע יהוֹה לַאָבֹתֶיף לאַבְרָתָם לִיצִחָק וְלִיצֵקֹב לְתֵת לְהָם:

# Deuteronomy 29:9-14, 30:11-20

<sup>9</sup>You stand this day, all of you, before the ETERNAL your God—your tribal heads, your elders and your officials, all the people of Israel, <sup>10</sup>your children, your spouses, even the stranger within your camp, from woodchopper to waterdrawer—<sup>11</sup>to enter into the covenant of the ETERNAL your God, which the ETERNAL your God is concluding with you this day, with its sanctions; <sup>12</sup>to the end that God may establish you this day as God's people and be your God, as the ETERNAL promised you and as the ETERNAL swore to your ancestors, Abraham, Isaac, and Jacob. <sup>13</sup>I make this covenant, with its sanctions, not with you alone, <sup>14</sup>but both with those who are standing here with us this day before the ETERNAL our God and with those who are not with us here this day.

<sup>11</sup>Surely, this Instruction which I enjoin upon you this day is not too baffling for you, nor is it beyond reach. <sup>12</sup>It is not in the heavens, that you should say, "Who among us can go up to the heavens and get it for us and impart it to us, that we may observe it?" <sup>13</sup>Neither is it beyond the sea, that you should say, "Who among us can cross to the other side of the sea and get it for us and impart it to us, that we may observe it?" <sup>14</sup>No, the thing is very close to you, in your mouth and in your heart, to observe it. <sup>15</sup>See, I set before you this day life and prosperity, death and adversity. <sup>16</sup>For I command you this day, to love the ETERNAL your God, to walk in God's ways, and to keep God's commandments, God's laws, and God's rules, that you may thrive and increase, and that the ETERNAL your God may bless you in the land that you are about to enter and possess. <sup>17</sup>But if your heart turns away and you give no heed, and are lured into the worship and service of other gods, <sup>18</sup>I declare to you this day that you shall certainly perish; you shall not long endure on the soil that you are crossing the Jordan to enter and possess. <sup>19</sup>I call heaven and earth to witness against you this day: I have put before you life and death, blessing and curse. Choose life—if you and your offspring would live—<sup>20</sup>by loving the ETERNAL your God, heeding God's commands, and holding fast to God. For thereby you shall have life and shall long endure upon the soil that the ETERNAL swore to your ancestors, Abraham, Isaac, and Jacob, to give to them.

#### Blessing After the Reading of the Torah

Ba-ruch A-tah, Adonai, E-lo-hei-nu, Me-lech ha-o-lam, a-sher na-tan la-nu To-rat e-met, v'cha-yei o-lam na-ta b'to-chei-nu. Ba-ruch A-ta, Adonai, no-tein ha-To-rah. בָּרוּך אַתָּה יִיָ אֱלֹהֵינוּ מֵלֶךְ הָעוֹלָם אַשֶּׁר נָתַן לָנוּ תּוֹרַת אֱמֶּת ְוְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ. יְחַיֵּי עוֹלָם נָטַע בָּרוּךְ אַתָּה יִיָ, נוֹתֵן הַתּוֹרָה.

Blessed are You, Eternal our God, Sovereign of the universe, who has given us a teaching of truth, implanting within us eternal life. Blessed are You, Eternal One, who gives the Torah.

> \* \* \*

Mi she-bei-rach a-vo-tei-nu m'kor ha-b'ra-cha l'i-mo-tei-nu

May the source of strength who blessed the ones before us, help us find the courage to make our lives a blessing. And let us say: Amen.

Mi she-bei-rach i-mo-tei-nu m'kor ha-b'ra-cha la-a-vo-tei-nu

Bless those in need of healing with r'fu-a sh'lei-ma, the renewal of body, the renewal of spirit. And let us say: Amen.

\* \* \*

V'zot ha-Torah a-sher sam Moshe lif-nei B'nei Yisraeil al pi Adonai b'yad Moshe.

This is the Teaching, which Moses placed before the children of Israel; God's word through the hand of Moses.

### Service for Yom Kippur Afternoon

אַך בֶּעָשוֹר לַחֹדֶשׁ הַשְּׁבִיעִי הַזֶּה יוֹם הַבִּפֻּרִים הוּא מִקְרֵא־קֹדֶשׁ יִהְיֶה לֶכֶם וְתַּבְּעָשׁתִיבֵם וְהַקְּרָבִתָּם אִשֵּׁה לֵיהוֹנָה.

"The tenth day of the seventh month will be for you a day of repentance; a holy assembly. You shall afflict your souls and draw near to your God." (Lev. 23:27)

On this Day of Atonement, we pray: sustain us and strengthen us.

Keep us mindful of the meaning of the prayers we utter; make us sensitive to the purposes of the fast we have begun.

Keep us hungry for Torah, and give us the will to study it.

Keep us hungry for justice, and give us courage to pursue it.

Keep us hungry for peace, and give us the strength to work for it.

Keep us hungry for righteousness, and give us the determination to live for it.

Keep us hungry for love, and give us understanding to earn it.

Keep us hungry for reconciliation, and give us the wisdom to obtain it.

Keep us hungry for Your forgiveness, and give us the humility to ask for it.

On this Yom Kippur, O God, may our hunger provide us with food for our souls.

We are hungry for food today because we have chosen to fast. Yet we hunger for other things throughout the year. We hunger for love and affection. We hunger for other people to need us. We hunger to know that we are important to others. We hunger for dignity and self-respect. We hunger for a sense of purpose. We hunger to see good things in the world: courage, faith, kindness and love. Sustainer of Israel, help us to satisfy our hungers physically and spiritually, enable us to nourish others by giving of ourselves.

Be with us, O God of Israel, as we gather here in prayer on this Day of Atonement. Help us to be at one with You and with our neighbors. Help us, above all, to be at one with ourselves so that these precious days are not lost to pretense and self-deception.

Give us the strength to speak out honestly in prayer, and to know ourselves as we are: human beings sinned against and sinning. Keep us from blaming others or blaming You. Help us, instead, to accept the responsibilities of our lives so that we may grow in spirituality and goodness according to Your will.

אָדֹנָי שְׂפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלֶּעֶךִּ:

Adonai s'fa-tai tif-tach, u-fi ya-gid t'hi-la-te-cha.

Eternal God, open up my lips, that my mouth may declare Your glory.

שְׁמַע קוֹלֵנוּ וְנָשְׁוּבָה.

Sh'ma ko-lei-nu v'na-shu-va.

Hear our voices and we will return to You.

בָּרוּך אַתָּה יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ, אֱלֹהֵי אַבְרָדְהָם, אֱלֹהֵי יִצְקֹב, וֵאלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי לֵאַה, וֵאלֹהֵי רָחֵל. יִצְחָל, וֵאלֹהֵי וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹנֵה הַכּּל, וְזוֹבֵר חַסְדֵי אָבוֹת וְאִמָהוֹת, וּמֵבִיא גְּאֻלָּה לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה.

Ba-ruch Atah Adonai E-lo-hei-nu, vei-lo-hei a-vo-tei-nu v'i-mo-tei-nu. E-lo-hei Avraham, E-lo-hei Yitzchak, vei-lo-hei Yaakov, E-lo-hei Sara, E-lo-hei Rivka, E-lo-hei Leah, vei-lo-hei Rachel. Ha-Eil ha-ga-dol ha-gi-bor v'ha-no-rah, Eil eil-yon, go-meil cha-sa-dim to-vim v'ko-nei ha-kol v'zo-cheir chas-dei a-vot v'i-ma-hot, u'mei-vi g'u-lah liv-nei v'nei-hem l'ma-an sh'mo b'a-ha-vah.

וָבָרֵנוּ לְחַיִּים, מֵלֶךְ חָפֵץ בַּחַיִּים, וְכָתִבֵנוּ בִּסֵפֵר הַחַיִּים, לְמַעַנְךְ אֵלֹהִים חַיִּים.

Zoch-rei-nu l'cha-yim, Me-lech cha-feitz ba-cha-yim, v'chot-vei-nu b'Sei-fer ha-Cha-yim, l'ma'an-cha, E-lo-him chayim.

### מִי כָמְוֹךְ אַב הָרַחֲמִים, זוֹכֵר יְצוּרָיו לְחַיִּים בְּרַחֲמִים.

Mi cha-mo-cha, Av ha-ra-cha-mim, zo-cheir y'tzu-rav l'cha-yim b'ra-cha-mim?

V'neh-eh-man A-tah l'ha-cha-yot ha-kol. Ba-ruch A-tah Adonai, m'cha-yei ha-kol.

Adonai is forever mighty;

Restoring life to those marked out for death;

Liberating peoples once destined for defeat;

Banishing despair through the loving acts of human beings;

Reviving barren hopes within the womb of weary dreamers;

Cutting loose the fetters of the victims fallen underneath the sickness of our days;

Remembering those obscured by the dust of time.

May You extend Your power to us;

Restoring us;

Banishing our despair;

That from the dust of our uncaring age

we bring to bloom those loving acts that make us human.

Blessed are You, Eternal One, Who renews all life.

\* \* \*

God's gift to us is the power and the freedom to choose. Humans are not angels nor are we robots. We are forever faced with choices of good and evil, blessings and curses. The struggle is ceaseless; the choice is ours.

We have been created with minds able to think good thoughts and hearts capable of good intentions. Often we fail to fulfill this capacity, to live up to the promise of God's pure gift.

We have been created with eyes, the blessing of sight, to see the world's beauty and the holiness of all its creatures.

Often we squander God's gift and look without seeing. Often we contaminate it, and let our eyes lead us astray.

We have been created with ears to hear sacred words, to hear sounds of wisdom, beauty and love.

Often we squander God's gift, and hear without listening. Often we debase it, by listening to gossip, obscenities and words of hatred.

We have been created with mouths and tongues, with the gift of speech that God gave to no other creature. With words we try to pray. With words we speak, with love, to God and human beings.

But malice, pettiness, falsehood and slander have sullied our speech. With words we have mocked God's gift, shaming neighbor and stranger, cursing, laughing at the pain of others, uttering false oaths, insincere pledges and vain promises.

We have been created with hands, the ability to sense creation through touch, the capacity to transmit tenderness.

Sometimes we have veered toward violence, using our hands to injure or destroy.

We have been given legs to walk in God's path, to pursue God's commandments.

Instead of walking always in the ways of Godliness, often we have rushed to do unworthy deeds. We have walked away from Torah and from people.

We have been blessed with life and with the ability to share and transmit joy.

*Infidelity and disloyalty have sometimes corrupted this pure gift.* 

All that we are, body and soul, are bared before God and before our own examination. We are burdened by the bad choices we have made. We have marred the pure beauty of our souls through our misdeeds.

May we find the courage to renew our lives, to change at least part of what should be changed. May Yom Kippur lead us to reconciliation with ourselves, with those whom we have hurt and offended and, by doing so, lead us to reconciliation with God.

\* \* \*

Let us ask ourselves hard questions for this is the time for truth.

How much time did we waste in the year that is now gone?

Did we fill our days with blessing or were they dull and empty?

Was there love inside our home or was the affectionate word left unsaid?

Was there real companionship or were we living together and growing apart?

Were we a help to our loved ones or did we take them for granted?

The kind deed: did we perform it or postpone it? The unnecessary gibe: did we say it or hold it back?

Did we live by false values? Did we deceive others? Did we deceive ourselves?

Did we acquire only possessions or did we acquire new insights, as well?

Did we fear what the crowd would say and kept quiet when we should have spoken out?

Did we mind only our own business or did we feel the heartbreak of others?

Did we live right, and if not, what have we learned and will we change?

\* \* \*

Al chet she-cha-ta-nu l'fa-ne-cha...

עַל חֵטָא שֵׁחָטָאנוּ לְפָנֵיךְ...

For all these sins, we ask God and each other, to give us the strength to forgive ourselves and one another:

For pretending to have emotions we do not feel;

For using the sins of others to excuse our own;

For giving up our dreams;

For closing our eyes to reality;

For false pride;

For no pride;

For self-contempt;

For over-inflated egos;

For withholding the helping hand.

For making martyrs of ourselves;

For demanding instant gratification;

For expecting constant gratification;

For expecting too much;

For settling for too little;

For cooperating with self-destructive behavior in others or in ourselves;

For not supporting each other as we attempt to change;

For trying to possess and control those we love;

*For withholding love and support;* 

For doubting our ability to love or to receive love from others;

For fearing commitment with another.

V'al ku-lam, E-lo-ha s'li-chot, s'lach la-nu, me-chal la-nu, ka-per la-nu.

For all these sins, O God of compassion, forgive us, pardon us, restore us.

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\* \* \*

We examine not only our personal lives but also our responsibilities as part of our community, our people, and our nation. We seek forgiveness....

For the sins of ignoring the dangers facing our Jewish brothers and sisters in foreign lands;

And for the sins we have committed by not publicly supporting the Jewish people and Israel when they are being treated or criticized unfairly.

For the sins of being critical of Jewish life from a distance rather than from personal involvement and commitment;

And for the sins of not spending more time engaged in learning Jewish tradition and studying Jewish history, literature and holy texts.

For the sins of not giving enough time to building the kind of Jewish community we desire, but instead expecting things to happen without contributing to make them happen.

\* \* \*

We sin against You when we sin against ourselves. For our failures of justice, O God, we ask forgiveness for us and all humanity:

For worshipping money.

For ignoring the problems in our society.

For not acknowledging the human rights of others.

For not addressing injustice.

For turning away from the plight of the hungry.

For turning away from the victims of oppression.

For tolerating racism.

For tolerating discrimination of any group.

For dismissing the disenfranchised.

# וְעַל כָּלָם, אֱלְוֹהַ סְלִיחוֹת, סְלַח לֶנוּ, מְחַל לָנוּ, כַּפֶּר-לָנוּ.

V'al ku-lam, E-lo-ha s'li-chot, s'lach la-nu, me-chal la-nu, ka-per la-nu.

For all these sins, O God of compassion, forgive us, pardon us, restore us.

\* \* \*

For the sin which we have committed by dividing our cities into slums and gated communities;

For the sin of threatening the survival of species on this planet;

For the sin of filling the common air with poisons;

For the sin of making our waters unfit to drink and unsafe for marine life;

For the sin of pouring noxious chemicals upon trees and soil;

For the sin we have committed by appeasing aggressors;

For the sin which we have committed before You by not working for peace.

# וְעַל כֻּלָם, אֶלְוֹהַ סְלִיחוֹת, סְלַח לֶנוּ, מְחַל לָנוּ, כַּפֶּר-לָנוּ.

V'al ku-lam, E-lo-ha s'li-chot, s'lach la-nu, me-chal la-nu, ka-per la-nu.

For all these sins, O God of compassion, forgive us, pardon us, restore us.

\* \* \*

We thank You, O Mentor of Israel, for our family and for what we mean and bring to one another. We are grateful for the bonds of loyalty and affection which sustain us, and which keep us close to one another no matter how far apart we may be. We thank You for implanting within us a deep need for each other, for giving us the capacity to love and to care, and for enabling us to share our simchas and our tzuris together.

Help us to be modest in our demands of one another, but generous in our giving to each other. May we never measure how much love or encouragement we offer; may we never count the times we forgive. Rather, may we always be grateful that we have one another and that we are able to express our love in acts of kindness.

Keep us gentle in our speech. When we offer words of criticism, may they be chosen with care and spoken softly. May we waste no opportunity to speak words of sympathy, of appreciation and of praise.

Bless our families with health, happiness and contentment. Above all, grant us the wisdom to build a joyous and peaceful home in which the spirit of Jewish tradition, and pride in the heritage of Israel, will always abide. O Source of peace, bless the whole family of Israel with peace.

שִּׁים שָׁלוֹם טוֹבָה וּבְרָכָה, חֵן וָחֶסֶד וְרַחֲמִים, עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל עַמֶּךְ. בַּרְכֵנוּ, אָבִינוּ, כָּלֶנוּ כְּאֶחָד בְּאוֹר פָּנֶיךּ, כִּי באוֹר פָּנֶיךּ נָתַתָּ לֶנוּ, יְיָ אֱלֹחֵינוּ, תּוֹרַת חַיִּים וְאַהֲבַת חֶסֶד, וּצְדָקָה וּבְרָכָה וְרַחֲמִים וְחַיִּים וְשָׁלוֹם. וְטוֹב בְּעִינֶיךְ לְבָרֵךְ אֶת עַמְּךְ יִשְׂרָאֵל בְּכָל עֵת וּבְכָל שָׁעָה בִּשְׁלוֹמֶךְ.

בְּסֵפֶּר חַיִּים, בְּרָכָה וְשָׁלוֹם וּפַּרְנָסָה טוֹבָה, נִזָּכֵר וְנִכָּתֵב לְפָנֶיךּ, אֲנַחְנוּ וְכָל עַמְךּ בֵּית יִשְׂרָאֵל, לְחַיִּים טוֹבִים וּלְשָׁלוֹם. בָּרוּךְ אַתָּה יְיָ, הַמְבָרֵךְ אֶת עַמּוֹ יִשִּׂרָאֵל בַּשָּׁלוֹם.

Sim sha-lom to-va u'v'ra-cha chein va-che-sed v'ra-cha-mim a-lei-nu v'al kol Yisraeil, amecha.

We dream of Shalom; to be whole, one, and complete. At peace and at home with neighbor and nature, the beast of the field, and the air we breathe.

We praise You, God the Creator,
God the Sustainer,
God the Teacher, Who has taught us the way of shalom
and has taught us that shalom is the way.

## **Yizkor Service**

We have come for Yizkor, to remember: To recall, as individuals, those whose lives were intertwined with ours in a personal bond, and to remember as a community those whose lives were ended because they were Jews. We, as individuals and as Jews, neither live nor die in isolation. We are part of a Jewish community; we are members of the Jewish people. Before we mourn our personal losses, we turn to the encompassing losses suffered by our people.

Every age has its martyrs: teachers, students, simple men and women whose faith gives strength to the weak and hope to the despairing. They live in us and in all the generations to come. They form a golden chain in history.

The destruction of six million of our people is not only a human tragedy, it is also a divine tragedy. The faith we had in humanity, the trust we had for the future, our confidence in culture and civilization – all these were also destroyed during the *Shoah*.

They lie in nameless graves in far off forests and abandoned fields; their ashes comingled at Auschwitz and Buchenwald, Bergen-Belsen and Babi-Yar, at Treblinka and Terezin. Yet they must not be forgotten. We shall remember them in their pain and their agony. We shall remember them as our own.

We remember them because the world would like to forget them. To forget how they cried for help and the nations overlooked them; how they tried to escape and the nations excluded them; how they died in the camps and the nations ignored them. And not just the victims of the Shoah. In every generation, Jews have died *al Kiddush HaShem*, for the sanctification of your Holy Name, just because they were Jews. Just because they believed in You.

\* \* \*

What can we say? What can we do? How bear the unbearable, or accept what life has brought to our people? All who are born must die, but how shall we compare the slow passage of our days with the callous slaughter of the innocent, cut off before their time? They lived with faith, not all, but many, and surely many died with faith: faith in God, in life, in the goodness that even flames cannot destroy. May we find a way to the strength of that faith, that sure sense that life and soul endure beyond this body's death.

They have left their lives to us. Let a million prayers rise whenever Jews worship; let a million candles glow against the darkness of these unfinished lives.

We pray, O Source of Life, that Your Torah to which these, Your children, have borne witness in life and in death, sheds a renewed light in the hearts of all people, that all of them – nameless to us but known to You – shall not have suffered in vain.

אָנִי מַאֲמִין בֶּאֶמוּנָה שְׁלֵמָה בְּבִיאַת הפָּשִׁיחַ. וְאַף עַל פִּי שֶׁיִתְמַהְמֵהַ עִם כָּל זֶה אֲנִי מַאֲמִין, עם כָּל זֶה אֲחַבֶּה לוֹ בְּכָל יוֹם שֶׁיָבוֹא אֲנִי מַאֲמִין.

A-ni ma'a-min b'e-mu-na sh'lei-ma b'vi-at ha-ma-shi-ach. V'af al pi sheh-yit-ma-mei-ah im kol zeh a-ni ma'a-min; im kol zeh a-cha-keh lo be-chol yom sheh-ya-vo ani ma'a-min.

I believe with perfect faith in the coming of a better world. And even if the Messianic Age be delayed, still I believe. Through all of this, I will wait for it; every day I believe it will come.

\* \* \*

We mourn for the suffering and the loss of our people even as we now turn our thoughts to those members of our own family and our congregational family whose loss is our loss.

O God, this hour revives in us memories of loved ones who are no more. What happiness we shared when they walked among us! What joy when, loving and loved, we lived our lives together!

Their memory is a blessing forever.

Months or years may have passed, yet we feel near to them. Our hearts yearn for them. Though the bitter grief has softened, duller pain abides, for the place where once they stood is empty now, forever. The links of life are broken. But the links of love and longing remain forever.

Their souls are bound up with ours forever.

We see them now with the eye of memory: their faults forgiven, their virtues grown larger. So does goodness live, and weakness fade from sight. We remember them with gratitude and bless their names.

Their memory is a blessing forever.

As we reflect upon those whose memory moves us this day, we seek consolation; we pray for the strength and the insight born of faith.

\* \* \*

The eye is never satisfied with seeing; endless are the desires of the heart. We devise new schemes on the graves of a thousand disappointed hopes. Like Moses on Mount Nebo, we behold the Promised Land from afar but may not enter it. Our life, at its best, is an endless effort for a goal we never attain. Death finally terminates the struggle, and joy and grief, success and failure, all are ended. Like children falling asleep over their toys, we relinquish our grasp on earthly possessions only when death overtakes us. Master and servant, rich and poor, strong and feeble, wise and simple, all are equal in death. The grave levels all distinctions, and makes the whole world kin.

\* \* \*

Adonai, what are we human beings that You should know about us, we children of the flesh that You should take account of us? A person is like vapor, our days as quickly passing as a shadow. In the morning we flourish and grow tall; in the evening we are cut down, dried up. You turn us to contrition saying, "Do teshuvah, children of the flesh!" Would that we were wise, and understood what will happen to us in the end, for when we die we take nothing away. Our glory will not descend along with us.

If I was one of those cut off too soon, after my death say this about me:

There are people who die before their time, leaving their poetry, their song of life, unfinished.
What a shame!
There was another song to sing, and now it's gone, gone forever!

#### They had a harp -

A soul expressive and alive, and the poet within them used all its strings to tell private thoughts, yet kept one secret hidden. Round and round their fingers played, but one string was mute to the end, silent to the very end.

So the pain is very, very great!
There are people who die before their time leaving a song unfinished.
There was another song to sing, and now it's gone, gone forever!

\* \* \*

To the living, death is a wound. Its name is grief. Its companion is loneliness. Whenever it comes - whatever its guise, even when there are no tears - death is a wound.

But death belongs to life as night belongs to day as darkness belongs to light as shadows belong to substance as the fallen leaf to the tree death belongs to life.

It is not our purpose to live forever. It is only our purpose to live.

It is no great mitzvah that one lives long. It is a mitzvah only that a person's life was good. The light of life is a finite flame. Like the *Yahrtzeit* candle, life is kindled and it glows. But soon it fades; its substance is consumed, and it is no more.

In light we see; in light we are seen. The flame dances and our lives are full. But as night follows day, the candle of our life burns down and sputters. There is an end to the flame. We see no more, and are no more seen.

Yet we should not despair, for we are more than a memory slowly fading into the darkness. With our lives, we give life.

Something of us can never die; we move in the eternal cycle of darkness and death, of light and life.

#### Psalm 23

מִזְמוֹר לְדָוִד יְהֹנָה רֹעִי לֹא אֶחְסֶר. בִּנְאוֹת דֶּשֶׁא יַרְבִּיצֵנִי עַל־מֵי מְנָחוֹת יְנַחֲבֹנִי. נַפְשִׁי יְשׁוֹבֵב יַנְחֵנִי בְמַעְנְּלֵי־צֶדֶק לְמַעַן שְׁמְוֹ. גַּם כִּי־אֵלֵךְ בְּגִיא יַנְחֲלֵנִי. עַפְּדִי שִׁבְטְך וּמִשְׁעַנְתֶּךְ הַפָּה יְנַחֲמֻנִי. צַּלְמָעוֹ לֹא־אִירָא רָע כִּי־אַתָּה עִפָּדִי שִׁבְטְך וּמִשְׁעַנְתֶּךְ הַפָּה יְנַחֲמֻנִי. אַךְ טוֹב וָחֶסֶד תַּעְרֹךְ לְפָנֵי שֻׁלְחָן נָגֶד צֹרְרָי דִּשַּׁנְתָ בַשֶּׁמֶן רֹאשִׁי כּוֹסִי רְוָיֶה. אַךְ טוֹב וָחֶסֶד יִרְדְּפוּנִי כָּל־יְמֵי חַיִּי וְשַׁבְתִּי בְּבֵית־יְהֹנָה לְאֹרֶךְ יָמִים.

Adonai is my shepherd;

I shall not want.

You make me lie down in green pastures;
You lead me beside the still waters;
You restore my soul.

You lead me in straight paths for Your name's sake.
Yea, though I walk in the valley of the shadow of death,
I fear no evil, for You are with me.
Your rod and Your staff, they comfort me.
You set a table before me in the presence of my enemies.
You anoint my head with oil; my cup overflows.

Surely goodness and mercy shall follow me all the days of my life.
And I shall dwell in the house of the Eternal forever.

#### In Memory of a Spouse

It was better when you were here, better when we could share. Now I walk our familiar ways expecting to see you; forgetful of what is. I cannot but sigh when I remember. There remains a place in me emptied by your loss, only partly filled by your memory. It is better to share, harder to be alone. Part of you will stay with me, hand and hand, still sharing, still caring, always.

#### In Memory of a Loved One or Friend

The days when we were together in happy companionship seem as yesterday. Yet my life continues to unfold while yours does not. Your loving friendship was my delight and support. It can never be replaced. Your warmth and your compassion abide with me still. I know by the way I live my life that part of you is in me, and will be always.

אֵל מָלֵא רַחֲמִים שׁוֹכֵן בַּמְּרוֹמִים. הַמְצֵא מְנוּחָה נְכוֹנָה תַּחַת כַּנְפֵי הַשְּׁכִינָה עם קְדוֹשִׁים וּטְהוֹרִים כְּזֹהַר הָרָקִיעַ מֵזְהִירִים אֶת נִשְׁמוֹת יְקָרִינוּ שֶׁהָלְכוּ לְעוֹלָמֵם. בַּעַל הָרַחֲמִים יַסְתִּיֵרֵם בְּסֵתֶר כְּנָפָיו לְעוֹלָמִים וְיִצְרוֹר בִּצְרוֹר הַחַיִּים אֶת נִשְׁמֹתֵם. יְיָ הוּא נַחֲלָתַם. וְיָנוּחוּ בְּשָׁלוֹם עַל מִשְׁכָּבַם. וְנֹאמֵר: אַמֵּז.

O God full of compassion, Eternal Spirit of the universe, grant perfect rest under the wings of Your *Shechinah* to our loved ones who have entered eternity. Master of Mercy, wrap them in Your holy presence, and may their souls be bound up in the bond of eternal life. The Eternal God is their inheritance. May they rest in peace. And let us say: Amen.

It is a fearful thing to love what death can touch.

A fearful thing to love and then to lose.

A thing for fools, this.

Yet, kadosh, a holy thing, a holy thing to love.

For your life has lived in me. Your laugh once lifted me. Your word was gift to me. To remember this brings painful joy.

'Tis a human thing, love; a holy thing to say *Kaddish*, to love what death has touched.

יִתגַדַל וִיִתְקַדַשׁ שָׁמֵה רַבַּא. בּעַלְמָא דִי־בָרָא כִרְעוּתֵה, וְיַמְלִיךְ מַלְכוּתֵה בְּחַנִיכוֹן וּבִיוֹמֵיכוֹן וּבְחַנֵי דְכָל־בֵּית יִשִּׂרָאֵל, ַבַעַגַלַא וּבִזְמַן קַרִיב, וָאָמָרוּ: אַמֵן.

יָהֵא שָׁמֵה רַבָּא מִבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמֵיָא. יִתבַּרַך וִיִשְׁתַבַּח, וִיתפַאַר וִיתרוֹמַם וִיתנַשֵּא, וִיתִבַּדַר וִיתִעַלֵה וִיתִבַּלַל שָׁמֵה דְקוּדְשָׁא, בִּרִיךְ הוּא,

לְעֵלָא מִן כָּל־בִּרְכָתָא וִשִּׁירַתָא, ּתָשְׁבְּחָתָא וְנֶחֱמָתָא דַאֵמִירַן בִּעַלְמֵא, וִאִמְרוּ: אַמֵן.

> יָהַא שְׁלָמָא רַבָּא מִן־שְׁמַיָה וְחַיִים עָלֵינוּ וְעַל־כָּל־יִשְׂרָאֵל, וִאִמְרוּ: אַמֵן.

עשָׁה שַׁלוֹם בָּמָרוֹמֵיו, הוּא יַעֲשָׂה שַׁלוֹם עַלֵינוּ וְעַל־כָּל־יִשְׂרָאֵל, וְאָמִרוּ: אַמֵן.

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba. B'al-ma di-v'ra chir-u-tei, v'yam-lich mal-chu-tei b'cha-yei-chon u'v'yo-mei-chon u'v'cha-yei d'chol beit Yisraeil, ba'a-ga-la u'viz-man ka-riv, v'im-ru: Amen.

Y'hei sh'mei ra-ba m'va-rach l'a-lam ul'al-mei al'ma-ya.

Yit'ba-rach v'yish-tabach v'yit-pa-ar, v'yit-ro-mam, v'yit-na-sei, v'yit-ha-dar v'yit-a-leh, v'yit-ha-lal sh'mei d'Ku-d'sha, b'rich Hu. L'ei-la min kol bir-cha-ta v'shi-ra-ta, tush-b'cha-ta v'ne-che-ma-ta da'a-mi-ran b'al-ma, v'im-ru: Amen.

Y'hei sh'lama raba min sh'ma-ya v'cha-yim a-lei-nu v'al kol Yisraeil, v'im'ru: Amen.

O-seh sh-alom bim-ro-mav, hu ya'a-seh sha-lom a-lei-nu v'al kol Yisraeil, v'im-ru: Amen.

# **Neilah: The Closing of the Gates**

The dusk draws closer. The close of the day is symbolic of the close of life. In all the calendar of Judaism, there is no moment more poignant than this one. All through the day, the flood of prayer has ebbed and flowed. Now, as the sun sinks low, as the shadows of the night draw near, we feel a new pitch of intensity.

We live only once. Do we not want to live fully? The corridor of life stretches before us. Each of us must walk down its stately length. The gates do not stand open forever. As we walk down the corridor, they shut behind us, one by one. At the end they are all closed.

This is the meaning of *Neilah*, the *Closing of the Gates*. Before it is too late, let us enter the gates that lead to Torah and mitzvot. Let us enter the gates to those things in life which abide eternally.... Before the gates swing shut. Before the doors are closed.

\* \* \*

Everlasting God, we turn now to You once more on this High Holy Day to cry out our longing and the longing of all men and women for a beginning of that wholeness we call peace. Ever and again, we now admit, we have turned our backs on You, and on our sisters and brothers: forsaking Your Torah, denying Your truth, ignoring Your will, defacing Your beauty. The intelligence You have implanted within us we have applied to the arts of war; with the skill we have from You we make engines of terror and pain.

We have prayed for peace, even as we laughed at truth; for blessing, but did not care to do Your will; for mercy, and have shown none to others. We have prayed for impossible things: peace without justice, forgiveness without restitution, love without sacrifice.

But You, our Maker, abound in grace: so now again we turn to You, to attach ourselves to Your purpose, to set ourselves on the paths that lead to the coming of peace and right, freedom and joy for Israel and all the world.

Again, as the shadows fall, we ask forgiveness, and again, we praise You, O God, Source of peace.

O Mentor of Israel, be with this congregation and with all our members, their families and their households; prosper them in their various callings and occupations, help them in their needs, and guide them in their difficulties.

Hear the prayers of all who worship here, comfort the sorrowing and cheer the silent sufferers.

Bless those who guide and who serve this congregation, and those who so often contribute to its strength.

Reward with the joy of goodness the charitable and the merciful who aid the poor, care for the sick, teach the ignorant, and extend a helping hand to those who have lost their way in the world.

We pray for the ability to recognize what is good, and for the will to promote it. We seek the joy of attaining lives that are good in Your sight.

Help us to bridge the gap between our conscience and our conduct, between what we believe and what we do.

\* \* \*

We Jews are linked by a covenant we are not free to break. We are part of a covenant people whose ancestors heard God's voice, whose prophets beheld the Almighty in visions.

We have been compared to a lamb, torn by wolves, and to a lion, unafraid to walk alone among the peoples. We Jews are linked by a covenant we are not free to break.

Let not egotism, personal or national, seal our ears to the cry for compassion - tzedakah, or the voice of commandment - mitzvah. Therefore, let us commit our hearts and souls and might to accept in love the covenant of Sinai, to do that which is expected of us, to live day and night the covenant between God and Israel.

Avinu Malkeinu, we pray for life. Bless us, once more, with a year of life so that we may be privileged to complete the year we have just begun. Despite the burdens and the heartbreaks, the pains and perils, we want to live; we ask to be sealed in the Book of Life.

But even as we pray that years may be added to our lives, we ask, that true life may be added to our years.

May the New Year be for us a time for enhancing the quality of our lives, enriching their content, deepening their meaning.

Help us to keep our minds alive. May we be open to new ideas, entertain challenging doubts, reexamine long-held opinions, nurture a lively curiosity, and strive to add to our knowledge.

Help us to keep our hearts alive. May we develop greater compassion, be receptive to new friendships and grow more sensitive to those who surround us.

Help us to keep our souls alive. May we be more responsive to the needs of others, less vulnerable to consuming greed, more attentive to the craving for fellowship, and more devoted to truth.

Help us to keep our spirits alive. May we face the future with confidence, knowing that every age has its unique joys and satisfactions, each period in our lives a glory of its own.

Help us keep our faith alive. May we be sustained by the knowledge that You have planted within us eternal life and have given us the power to live beyond our years.

Whether our years be few or many, help us to link our lives to the life of our people and to our eternal faith.

אָבִינוּ מַלְבֵּנוּ, חָנֵּנוּ וַעֲנֵנוּ, כִּי אֵין בָּנוּ מַעֲשִׂים, עֲשֵׂה עִפָּנוּ צְדָקָה וָחֶסֶד וְהוֹשִׁיעֵנוּ.

A-vi-nu Mal-kei-nu, cha-nei-nu va'a-nei-nu, ki ein ba-nu ma'a-sim. A-sei i-ma-nu tz'da-ka v'che-sed v'ho-shi-ei-nu.

Avinu Malkeinu, have compassion on us, for we are not perfect. Deal with us in both justice and mercy so we may be renewed.

\* \* \*

Day softly tiptoes out through the western horizon.

Soon night will encompass our hearts.

Can we hear the chorus of the hosts on high?

Not words, but God's soft spoken plea is heard: "Keep open your gate! Keep open your gate! Close not your last remaining hope."

O Guardian of Israel, who performed wonders for our ancestors and led them out of ignorance and darkness into knowledge and light, perform a wonder in us too. Lead us step by step into goodness, holiness, peace and togetherness in the year to come.

\* \* \*

Whether by birth or by choice, we are the heirs of a covenant, a partnership entered into at Mount Sinai thirty-two centuries ago. There we learned:

There is a God Who can and will help us. There is a guidebook that can and will lead us. There is a holy community that can and will spiritually elevate us.

If we want to live more, we must love more. If we want to have more direction and purpose in our lives, we must study more Torah.

If we want to live healthier and holier lives, we must do more mitzvot.

If we want to live in a more compassionate world, we must give more tzedakah and multiply our deeds of kindness. Today is the day to begin anew. With God's help, we open the doors to go forth into a New Year of life.

\* \* \*

For twenty-five hours we have prayed out our hearts and minds on this Yom Kippur. As evening comes and the long fast draws to a close, tens of thousands of words have been spoken and sung. And yet, there are further unspoken feelings buried within us. So, we muster our remaining physical and spiritual resources and make one last desperate effort to descend into the human depths and to climb to the divine heights.

We cry out "Shema Yisrael." We repeat "Baruch Shem Kavod" three times. We stammer, seven times, each time at a higher and more urgent pitch: "Adonai Hu haElohim: Adonai is God." No longer is it the meaning of the words but rather their rhythm, their insistent repetition, in which we place our hope. And, finally, we abandon the human voice and verbal expression altogether. We reach for the shofar and through its one long, piercing cry: *Tekiah Gedolah*, our hearts' desires reach the heavens.

וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לִפְנֵי מֶלֶרְ, מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בַּרוּךְ הוּא.

Va-a-nach-nu kor-im u-mish-ta-cha-vim u-mo-dim lif-nei Me-lech, Mal-chei ha-m'la-chim, Ha-Ka-dosh Ba-ruch Hu.

יִשְׁרָאֵל: יהוה אֱלֹהֵינוּ, יהוה אֶחַר! שָׁחַר.

Sh'ma Yisraeil: Adonai E-lo-hei-nu, Adonai e-chad!

Hear, O Israel: the Eternal One is our God, the Eternal God alone!

וַעָד! שָׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וַעֶד!

Ba-ruch shem k'-vod mal-chu-to l'o-lam va-ed!

Praised be God's Sovereignty through all time.

יַיָ הוּא הַאֵלהִים

Adonai Hu ha-E-lo-him.

Adonai is God.

תִקִיעַה גִּדוֹלָה

Tekiah Gedolah.

\* \* \*

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### 4 The Climb / Esa Einai

by Jessi Alexander and Jon Mabe; and by Doug Cotler

Esa einai el heharim M'ayin yavo ezri I look to the mountains The source of my help

I can almost see it That dream I'm dreaming but There's a voice inside my head sayin, You'll never reach it.

Every step I'm taking, Every move I make feels Lost with no direction My faith is shaking but I got to keep trying Got to keep my head held high

There's always going to be another mountain I'm always going to want to make it move Always going to be an uphill battle, Sometimes you going to have

to lose, Ain't about how fast I get there, Ain't about what's waiting on the other side It's the climb

The struggles I'm facing,
The chances I'm taking
Sometimes they knock me down
but No, I'm not breaking
I may not know it,
But these are the moments that
I'm going to remember most
yeah
Just got to keep going
And I, I got to be strong
Just keep pushing on

Esa einai el heharim - I look to the mountains

There's always going to be another mountain

I'm always going to want to make it move

Always going to be an uphill battle,

Sometimes you going to have to lose,

M'ayin yavo ezri - The source of my help

Ain't about how fast I get there, Ain't about what's waiting on the other side It's the climb!

#### 5 Please Heal Us

by Sheryl Braunstein and Paul Kipnes

For those in need of healing For all in need of strength For all whose hearts are grieving For all those feeling pain

Holy One, the Source of blessing Shower us with your love Fulfill our dreams of healing Send us hope from above

Mi shebeirach avoteinu Mi shebeirach imoteinu Hu yivareich et kulanu V'hacholim ha-y'kareinu Please heal us all

For those in need of comfort For those who've lost their way For those in need of wholeness For all those losing faith

Holy One, the Source of blessing Shower us with your love Fulfill our dreams of healing Send us hope from above

Mi shebeirach avoteinu Mi shebeirach imoteinu Hu yivareich et kulanu V'hacholim ha-v'kareinu

Please heal us all Please heal us all Amen

## 6 Oseh Shalom

by Michael Hunter Ochs

Oseh shalom bimromav Hu ya-aseh shalom aleinu (repeats 3x)

Ya-aseh shalom Ya-aseh shalom Shalom aleinu v'al kol yisrael (repeats 2x)

May the One who causes peace to reign in the high heavens, let peace descend on us, on all Israel, and all the world.

Oseh shalom bimromav Hu ya-aseh shalom aleinu (repeats 3 times)

Ya-aseh shalom Ya-aseh shalom Shalom aleinu v'al kol yisrael (Repeats 8 times)

## **7** From a Distance

by Julie Gold

From a distance the world looks blue and green
And the snow capped mountains white
From a distance the ocean meets the stream
And the eagle takes to flight

From a distance there is harmony And it echoes thru the land It's the voice of hope. It's the voice of peace It's the voice of every woman and man

From a distance we all have enough And no one is in need There are no guns, no bombs, no disease No hungry mouths to feed From a distance we are instruments
Marching in a common band Playing songs of hope.
Playing songs of peace
They're the songs of every woman and man

God is watching us. God is watching us God is watching us, from a distance

From a distance you look like my friend Even though we are at war From a distance I can't comprehend What all this war is for From a distance there is harmony And it echoes thru the land

It's the hope of hopes. It's the love of loves It's the heart of every woman and man

God is watching us. God is watching us God is watching us, from a distance

## 8 Am I Awake/Bar'chu

by Noah Aronson

Am I awake? Am I prepared? Are you listening to my prayer? Can you hear my voice? Can you understand? Am I awake? Am I prepared?

Ya di li-li-li (x2)

Am I awake? Am I prepared? Are you listening to my prayer? Can you hear my voice? Can you understand? Am I awake? Am I prepared?

Ya di li-li-li (x2)

### B'Rosh Hashana

by Meir Finkelstein

B'rosh hashanah yikateivun uvyom tzom kipur yeichateimun B'rosh hashanah yikateivun uvyom tzom kipur yeichateimun

Kama yaavrun v'chama yibareiun mi yichyeh Umi yamut mi v'kitzo umi lo v'kitzo

B'rosh hashanah yikateivun uvyom tzom kipur yeichateimun B'rosh hashanah yikateivun uvyom tzom kipur yeichateimun

Mi vaeish umi vamayim Mi vacherev umi vachaya Mi varaav umi vatzama Mi varaash umi vamageifa Mi vachanika umi vaskila

B'rosh hashanah yikateivun uvyom tzom kipur yeichateimun B'rosh hashanah yikateivun uvyom tzom kipur yeichateimun

Mi yanuach umiyanua Mi Yishkeit umiyitarif Mi yishleiv umiyityasa Mi yeiani umi yeiasheir Mi yishfell umi yarum

B'rosh hashanah yikateivun uvyom tzom kipur yeichateimun B'rosh hashanah yikateivun uvyom tzom kipur yeichateimun

### n Birkat Kohanim/The Blessing

by Kari Jobe

Kein y'hee ratzon Kein y'hee ratzon

Y'varechecha Adonai v'yish'mirecha Yaer Adonai panav elecha v'chuneka Yisa Adonai panav elecha V'yaseim l'cha shalom

God bless you, and keep you God's face shine upon you and be gracious to you God's face, turn toward you, and grant you peace.

Amen Amen Amen Amen Amen Amen

May God's favor be upon you For a thousand generations And your family and your children and their children and their children

May God's presence go before you And behind you, And beside you All around you and within you God is with you, God is with you

In the morning, in the evening In your coming and your going In your weeping and rejoicing God is for you, God is for you

God is for you, God is for you Kein y'hee ratzon God is for you, God is for you Kein y'hee ratzon God is for you, God is for you Yeaaaaaah

Amen Amen Amen Amen Amen Amen Amen

### 11 V'shamru

by Michael Hunter Ochs

V'shamru v'nei Yisrael et ha-shabbat La-asot et ha-shabbat l'dorotam brit olam.

Beini u-vein b'nei Yisrael Ot hee l'olam. Beini u-vein b'nei Yisrael Ot hee l'olam.

Kee sheshet ya-meem Kee sheshet ya-meem Asah Adonai Asah Adonai et hashamayim y'et ha-aretz

U-vayom, va-yom hash'vee-ee, hash'vee-ee shavat shavat va-yin-afash.

Beini u-vein b'nei Yisrael Ot hee l'olam. Beini u-vein b'nei Yisrael Ot hee ot hee, Ot hee, ot hee, l'olam.

V'shamru, v'shamru, v'nei Yisrael et ha-shabbat

## 12 Heal Us Now

by Leon Sher

R'fa-eynu Adonai v'ney-rafeh. Hoshee-ey-nu v'nee-vashey-ah.

Eyl karov l'chol korav. Ach karov leeray-av yish-oh.

We pray for healing of the body; We pray for healing of the soul, For strength of flesh and mind and spirit.

We pray to once again be whole.

Eyl na r'fa na. Oh, please, heal us now. R'fu-at hanefesh, U-r'fu-at haguf, R'fu-ah sh'leyma. Heal us now.

Ho-shee-ah et amecha u-varech et nach-la-techa. U-r'eym v'naseym ad ha-olam.

Mee shebey-rach avoteynu, Mee shebey-rach eemo-taynu, Ana Adonai hoshee-ah na.

We pray for healing of our people; We pray for healing of the land, And peace for every race and nation,

Every child, every woman, every man.

Heal us now. Heal us now. Heal us now.

#### 13 Oseh Shalom Shallow

Music by Germanotta, Ronson, Rossomando, Wyatt

Od yavo shalom Od yavo shalom aleinu Od yavo shalom Od yavo shalom aleinu Shalom aleinu v'al kol yisrael V'imru, v'imru amen

Oseh shalom bimromav Hu yaaseh shalom Aleinu v'al kol yisrael V'al kol yoshvey teivel

Yaaseh Sha Shalom Shala sha shala la la lom Yaaseh Sha Shalom v'imru amen

Oh, ahhhhh....

#### 14 All We Are -**Interpretation of Kol Nidre**

by Rick Dinitz

All we are All we have been All we have said All we have promised All we've forgotten All we have done All we earnestly intended yet we did not do.

Help me see Help me be who I could be Help me gather up the broken parts And recreate myself as from the start.

Today we turn back time Restore harmony and rhyme Look a year ahead to Yom Kippur

To see our better selves walk through this door. Our flaws we own

Harmful habits hard as stone We repair and we atone Returning to ourselves and to our home.

Soul-stains need cleaning Destructive deeds I've done demand redeeming With caring and repairing.

The road we are clearing The boat we are steering.

Help me know The direction I must grow Help me through The sea between my old ways and the new Today the gates of change swing open With renewed hope.

## Sh'ma Koleinu

by Max Helfman

Sh'ma koleinu Adonai Floheinu Chus v'racheim aleinu aleinu V'kabel b'rachamim b'rachamim uv'ratzon et t'filateinu

Hashiyeinu Adonai elecha Hashiyeinu elecha v'nashuya Chadesh yameinu yameinu k'kedem

Al al tashlichenu Al al tashlichenu

L'eit ziknah kichlot kocheinu Al al al ta'azveinu

Sh'ma koleinu Adonai Eloheinu Chus v'racheim aleinu aleinu V'kabel b'rachamim b'rachamim uvratzon et t'filateinu

#### 16 Adonai Li

by Doug Cotler and Jeff Marx

I lift my voice When all is dark Into God's hands I place my heart. B'vado afkeed ruchi I'm not afraid. Adonai Li

I lift my eyes When all is dark When I need help I seek God's light Lo echsar. Adonai ro-ee I shall not want. Adonai Li

I'm not afraid. Adonai Li

## 🕠 L'dor Vador

by Josh Nelson

We are gifts, And we are blessings. We are history in song. We are hope, and we are healing. We are learning to be strong. We are words and we are stories. 19 Rose in December We are pictures of the past. We are carriers of wisdom. Not the first and not the last.

L'dor vador nagid godlecha. L'dor vador, we protect this chain. From generation to generation. L'dor vador.

These lips will praise Your name.

Looking back on the journey That we carry in our heart. From the shadow of the mountain

To the waters that would part. We are blessed and we are holy We are children of Your way. And the words that bring us meaning We will have the strength to say.

L'dor vador nagid godlecha. L'dor vador, we protect this chain. From generation to generation, L'dor vador,

These lips will praise Your name.

### 18 Hashkiveinu

Hashkiveinu Adonai Eloheinu l'shalom l'shalom V'ha-ameedeinu Shomreinu l'chayim Ufros aleinu sukkat sh'lomecha Ufros aleinu sukkat sh'lomecha

Amen

Shelter us beneath thy wings, O Adonai. Guard us from all harmful things, O Adonai.

Keep us safe throughout the night 'Til we wake with morning's light Teach us daily wrong from right. O Adonai

Amen

by Doug Cotler, Lanny Cotler, Steve Cotler, and Jeff Marx

You who gather here, crying silent tears. Because you cannot talk to me. You can remember.

I am here though I am gone. Dust to dust; life goes on. Think of me, and I will become... A rose in December

If you remember, I'll be a rose If you remember, I'll be a rose A rose that blooms in December

In your thoughts and in your sight, I am eternal light Hold the torch against the night, And you will remember. In the flame are many sparks. Touching lives beyond the dark. By my deeds I've left my mark, A rose in December

If you remember, I'll be a rose If you remember, I'll be a rose A rose that blooms in December

So say the words that must be said. Praver for beloved dead. And as our precious tears are shed, We shall remember. Death and loss are what we pay, For finding love along our way A gift forever, sweet bouquet, A rose in December.

If you remember, I'll be a rose If you remember, I'll be a rose A rose that blooms in December

## 20 Grateful

by Daniel Cainer

Is it just me or do the days, these days,
Go by so much more quickly than they did
So many strange things going on
So many pieces of the puzzle that don't fit
I watch the sunset on the western sea
The light plays on the water
And it feels to me
That I am blessed
To be here
Despite all the unrest
And the way things may appear

I'm grateful
For what I'm about to receive
Let me be grateful
For all that I've achieved
And when I'm looking for a place
to hide
When I feel broken inside
Remind me ...
Grateful...
That's how I want to be

Just look around it doesn't take
That much to be confused or
get upset
When the world seems upside
down
And what you see's
Not always what you get
There's been so many things
I should have done
And so many others that I would
not have done
Had I known then
What I know today
But then again
I'd not have learned along the way

To be Grateful When it's not quite how I imagine I'll be grateful for the lights and sound action

When I can't tell wrong from right When I'm wound up far too tight Release me

Grateful - that's how I want to be

How much you push, how much your pulled How much you wish, how much you wait How much you pray And if you don't get what you want Then wants not what you needed

Zoom out the camera lens and what do we see The earth, the moon, the planets and the galaxy And I am just a speck of dust Lost somewhere in my own universe

Grateful
Modeh anachnu lach we sing
And we are faithful
And give thanks for everything
For all that's said and done
For all that's yet to come
Help me, to be grateful

Grateful

anyway

### 21 Standing on the Shoulders

by Lanny Cotler, Steve Cotler, and Doug Cotler

In the garden there's a tree Planted by someone who only imagined me. What love, what vision. I marvel at the gift. No fruit could be sweeter than this.

I'm standing on the shoulders Of the ones who came before me. I'm standing on the shoulders Of the ones who came before me.

As my people went from land to land,

Something passed from hand to hand.

And it isn't just the words and stories

Of the ancient laws and golden glories.

It's the way we study the Book we study.

It's the way we study the way.

I'm standing on the shoulders Of the ones who came before me. I'm standing on the shoulders Of the ones who came before me.

Today my life is full of choice, Because a young man raised his voice.

Because a young girl took a chance.

I am freedom's inheritance. Years ago they crossed the sea, And they made a life that's come to me.

I'm standing on the shoulders Of the ones who came before me. I'm standing on the shoulders Of the ones who came before me. So in the garden I'll plant a seed, A tree of life for you to read. The fruit will ripen in the sun. The words will sound when I am gone.

These are the things I pass along: The fruit, the Book, and this Song.

I'm standing on the shoulders
Of the ones who came before me.
I'm standing on the shoulders
Of the ones who came before me.

## 22 When You Believe

by Mariah Carey and Whitney Houston

Many nights we've prayed With no proof anyone could hear In our hearts a hopeful song We barely understood Now we are not afraid Although we know there's much to fear

We were moving mountains long Before we knew we could

There can be miracles when you believe
Though hope is frail it's hard to kill
Who knows what miracles you can achieve
When you believe,

Somehow you will You will when you believe.

In this time of fear When prayer so often proved in vain Hope seemed like the summer birds

Too swiftly flown away
Now I'm standing here
With heart so full I can't explain
Seeking faith and speaking words
I never thought I'd say

There can be miracles when you believe
Though hope is frail it's hard to kill
Who knows what miracles you can achieve
When you believe,
Somehow you will
You will when you believe

Ashira l'Adonai kee ga-oh ga-ah Ashira l'Adonai kee ga-oh ga-ah Mi chamocha ba-elim Adonai Mi kamocha ne-edar bakodesh Nachitah b'chas-d'cha am zu ga-altah Nachitah b'chas-d'cha am zu ga-altah Ashira Ashira

Ashira l'Adonai kee ga-oh ga-ah Ashira l'Adonai kee ga-oh ga-ah Mi chamocha ba-elim Adonai Mi kamocha ne-edar bakodesh Nachitah b'chas-d'cha am zu ga-altah Nachitah b'chas-d'cha am zu ga-altah Ashira Ashira

There can be miracles when you believe.

Though hope is frail, it's hard to kill

Who knows what miracles you can achieve?

When you believe, somehow you will,

Now you will

You will when you believe. Amen

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