congregation

Or Ami

Your Home for the **High Holy Days**

High Holy Day Prayer Supplement

HIGH HOLY DAY SERVICES 5786

with

Rabbi Paul Kipnes | Rabbi Elana Rabishaw

Cantorial Soloist Stacy Citron

Schedule of Services

Songs, Prayers, and Memories

SEPTEMBER 22-23 • OCTOBER 1-2
2025

DEDICATE THESE HIGH HOLY DAYS

Jewish tradition encourages us *kivein et libeinu* (to direct our hearts) toward holiness. We dedicate our prayer, study, and reflection time to people (deceased or living) and for purpose and intention. Before or during Rosh Hashanah, dedicate:

These High Holy Days, I dedicate my prayer, study, and reflection to:

My *kavannah* (purpose or intention) for this year's services is to:

EVENING SERVICES | MORNING SERVICES | KIDS CAMP | FAMILY SERVICES | TASHLICH AT THE BEACH | YIZKOR MEMORIAL | NEILA

SERVICE	FEATURING	TIMES (Pacific)
EREV ROSH HASHANAH		**Monday, September 22**
Welcome	Announcements	7:55 PM - 8:00 PM
Erev Rosh Hashanah Service	Incredible Music & Inspirational Stories	8:00 PM - 9:15 PM
ROSH HASHANAH DAY		**Tuesday, September 23**
Welcome	Announcements	9:55 AM - 10:00 AM
Rosh Hashanah Service	Sermon, Torah, and Shofar	10:00 AM - 12:30 PM
High Holy Day Kids Camp	Fun Activities	9:30 AM - 12:45 PM
Family Service	In our Calabasas Sanctuary	2:30 PM - 3:45 PM
Tashlich at the Beach	Zuma Beach, Tower 11	4:45 PM - 6:00 PM
KOL NIDRE		**Wednesday, October 1**
Welcome	Announcements	7:55 PM - 8:00 PM
Kol Nidre Service	Inspiring Music and Sermon	8:00 PM - 9:15 PM
YOM KIPPUR DAY		**Thursday, October 2**
Welcome	Announcements	9:55 AM - 10:00 AM
Yom Kippur Service	Sermon, Torah, and Healing	10:00 AM - 11:30 AM
Yizkor Memorial Service	Prayers, Music, and Meditation	11:30 AM - 12:30 PM
High Holy Day Kids Camp	Meaningful Activities	9:30 AM - 12:45 PM
Study Session	Are We Obligated to Forgive?	2:00 - 3:00 PM
Family Service	In our Calabasas Sanctuary	2:30 PM - 3:45 PM
Neila Concluding Service, Final Shofar, Havdala, & Hashkiveinu	In our Calabasas Sanctuary	5:00 PM - 6:00 PM

Tickets and Information at orami.org/HHD.

All events are at the Fred Kavli Theatre at the Bank of America Performing Arts Center in Thousand Oaks *(Except Family Services, Tashlich, Neila, Shofar, and Study Session as noted on schedule above.)*

IN-PERSON All services in-person. zoom *Study Session is on Zoom.*

LIVE STREAM All services are also livestreamed on oramiLIVE.com, Facebook, YouTube *(except Kid's Camp and Tashlich).*

congregation Or Ami you're home

How to Stream Services

Stream all services at **oramiLIVE.com** or on Congregation Or Ami's Facebook page **facebook.com/CongregationOrAmiCalabasas**.

Connect your computer to a television screen for enhanced view. For ideas on how, visit **orami.org/hhdhelp**.

Live Tech Support

If you have questions or experience difficulty accessing any of our services, live technical support is available to assist you.

Prior to services, you can reach us **Monday through Friday, 9 am - 5 pm at (818) 880-4880.**

On service days, you can reach us starting 1 hour before the first service begins through the duration of the day's activities:

Contact us by phone:

(805) 263-7513

Contact us by email:
hhd@orami.org

*For complete information and updates on our High Holy Day services, visit **orami.org/hhd** and **orami.org/hhdhelp***

L'SHANA TOVA (HAPPY NEW YEAR)!

Welcome to 5786, the new Jewish Year. We invite our entire community to join us for embracing, musical, and meaningful High Holy Day services, either in person at the Fred Kavli Theatre, Bank of America Performing Arts Center in Thousand Oaks, or via our robust livestream.

This year, as we gather we reflect and remember, celebrate and mourn — standing on the cusp of a New Year together with our siblings in Israel and other Jewish communities around the world. The *Yamim Noraim* (Days of Awe) will be awe-inspiring, offering multi-access spiritual experiences that touch us deeply. Uplifting music, heart-opening prayers, thought-provoking Torah, and stirring shofar blasts will fill us up. Our souls will soar and find quietude through the penetrating wisdom of Rabbi Paul Kipnes and Rabbi Elana Rabishaw and the beautiful music of Or Ami of our Cantorial Soloist Stacy Citron.

We hope this High Holy Day Prayer Supplement will help guide your journey from counting blessings and recounting misdeeds to envisioning healthier ways of living and making *teshuva* (repentance). It includes service schedules, songs not in the *machzor* (prayerbook), and tips for transforming your home into a *mikdash* m'at (small sanctuary).

Use the blank pages to capture memories of loved ones and pour out your hopes and dreams for the New Year. May this guide shape your spiritual experience and renew your faith in the future.

L'Shanah Tovah u'Metukah – Wishing you a sweet and happy New Year! (Ashkenazi greeting)

Tizku Leshanim Rabbot – May you merit many years! (Sephardic greeting)

Anyada Buena Dulce i Alegre – Wishing you a good, sweet, happy year! (Ladino greeting)

Rabbi Paul Kipnes Rabbi Elana Rabishaw
President Susie Gruber

CHECKLIST: TO DO BEFORE SERVICES

Do Now (or complete online very soon)

- ☐ Find or order *Machzor: Sha'arei Or: Gates of Light* (prayer book)
- ☐ Read *Mikdash M'at – Creating a Home Sanctuary* (p. 5)
- ☐ Connect your computer to your television (orami.org/hhdhelp)
- ☐ Test the stream at oramiLIVE.com (orami.org/hhdhelp)

Prepare

- ☐ Make your sitting area comfortable
- ☐ Hang your *Shiviti* (available at orami.org/hhd)
- ☐ Cover table with a white or colorful tablecloth

Gather

- ☐ *Machzor: Sha'arei Or: Gates of Light* (prayer book)
- ☐ High Holy Day Prayer Supplement
- ☐ Pen/Pencil

Reflect and Fill Out

- ☐ Soon: *Yizkor Memorial Scroll* and mail to Or Ami (or online at orami.org/hhd)
- ☐ Before Rosh Hashanah: *Dedicate these Holy Days* (inside cover)
- ☐ Before Kol Nidre: *Teshuva Tefilah u'Tzedaka* (p. 7)
- ☐ After Yom Kippur Morning Service: *Leading with Love* (p. 8)

TO DO FOLLOWING SERVICES

Bless

- ☐ Say: *Baruch atah Adonai, hamavdil bayn kodesh l'chol.*
  Blessed are You Adonai, who distinguishes the holy and ordinary.

Give

- ☐ Donate to our **High Holy Day Appeal**. As we provide inspiring worship, lifesaving pastoral counseling and spiritual support, warm community, and critical social action work, we face significant financial challenges. We rely on your support. Please dig deep and give: **orami.org/donate**

Kvell (Praise)

- ☐ After services, offer thanks and praise to those who created our inspiring in-person and livestreamed High Holy Days. Send Rabbi Kipnes an email to pass on your praises: rabbipaul@orami.org.

MIKDASH M'AT - CREATING A HOME SANCTUARY

Without a physical place of worship, how can we pray? The rabbis asked the same question right after the destruction of the Jerusalem Temple. Their answer: our homes become our *mikdash m'at* (miniature sanctuary), our personal holy place.

If you are not able to gather in Or Ami's usual High Holy Days sanctuary, you still can create sacred space in your home, so that when you are streaming Congregation Or Ami's services, the holiness is surrounding you. What would help you create a spiritual mindset and spiritual refuge?

- ☐ Choose your prayer space carefully in advance by spending a few moments of individual contemplation or family discussion. Don't wait for the last minute!
- ☐ Say a blessing or *kavannah* (intentions) over it to mark it as your *mikdash m'at*. Suggestions of verses and blessings are below.

Birkat Habayit (home blessing):

B'zeh hasha'ar lo yavo tza'ar.	Let no sorrow come through this gate.
B'zot hadirah lo tavo tzara.	Let no trouble come in this dwelling.
B'zot hadelet lo tavo behala.	Let no fright come through this door.
B'zot hamach'laka lo tavo machloket.	Let no conflict come to this section.
B'zeh hamakom t'hee v'racha v'shalom.	Let there be blessing and peace in this place.

With the last line of *havdala* separating Shabbat from weekdays, we separate this space for sacredness:

Baruch atah Adonai, hamavdil bayn kodesh lechol.	Blessed are You Adonai, who distinguishes the holy and the ordinary.

- ☐ Make your space feel holy: Put cushions or festive pillows on chairs, or drape them with a tallit, special piece of fabric, or scarf. Decorate your space on Rosh Hashanah with candlesticks and *kiddish* cup, and apples and honey. On Yom Kippur, surround yourself with cherished mementos, family heirlooms, and photos of loved ones.
- ☐ Transform your computer from your work space to a contemplative *bima* (stage) by covering the desk or table with a white tablecloth, white runner, or white placemat. Add a vase of flowers.

- ☐ Move your computer, if possible, away from where you are sitting, so you can pray toward the screen, rather than looking down on it. Connect your computer to a TV so it feels less like a work device.
- ☐ Wear clothing that makes you feel as if you are entering a spiritual space. Consider dressing in white clothing. *Kippah* and *tallit* are welcome if they help you express a connection to this special worship.
- ☐ As you hold Or Ami's *Sha'arei Or: Gates of Light machzor* (prayer book), feel its cover and edges and flip its pages. Remember the times you have used it before—who you sat near, what moved you in the service, the first time you prayed from it. Inscribe a meaningful phrase or hope for this year. You can purchase copies now in time for pickup or to be delivered by mail to your home at **orami.org/hhd**.
- ☐ *Shiviti:* Historically, many synagogues and even homes had a decorative work on the wall called a *Shiviti*, taken from the first Hebrew word of the verse, "I always set Adonai before me" (Psalm 16:8). We have commissioned a shiviti from artist and congregant Isaac Brynjegard-Bialik as a gift to all service participants. We hope you will hang it in front of you, so it becomes another focus of inspiration. You can download it at **orami.org/hhd**.

HEALTH SAFETY PRECAUTIONS

Following the latest guidance from the CDC and local authorities, we will be mask optional while supporting each individual's right to, and not to, wear a mask. The Kavli Theatre's full seating capacity is available, so those who would like to socially distance may do so on the balconies.

Of course, we are offering both in-person and livestream viewing opportunities for High Holy Day worship so that everyone can participate.

We ask every worshipper to self-monitor for any symptoms, and if sick or not feeling well, to please stay home and join us via livestream. Please remember that illness, the flu, and Covid can spread quickly. So if you or a loved one are feeling under the weather, even if you have not tested positive for Covid, we strongly encourage you to take advantage of the livestreaming option.

These protocols may change; please stay tuned to orami.org/hhd for updates.

REFLECT: *TESHUVA, TEFILA, U'TZEDAKA* (Repentance, Prayer, and Righteous Giving)

Rabbi Kipnes teaches that the *Unetaneh Tokef* prayer provides us with three ways to face the harsh reality of life and death by reaching:

Teshuva (repentance) – reaching inward to admit our weaknesses, cease our bad habits, and begin repairing the pain we have caused.

Tefila (prayer) – reaching beyond ourselves, linking our spiritual selves with Holiness, and refocusing on what's really important.

Tzedaka (righteous giving) – reaching out to lift others up, and donating our money and time to help repair the world.

Before Kol Nidre, consider:

Teshuva **(repentance): What 2 steps will take to repair the pain I have caused others?**

Tefila **(prayer): In what 2 ways will I tend to my soul and my spiritual life?**

Tzedaka **(righteous giving): In what 2 ways will I give what's mine to help lift up others (beyond my family)?**

BECOMING THE LIGHT:
REMEMBERING I AM AN ILLUMINATOR

During High Holy Day Services, we reflect on how we can be the light, dispelling the darkness by illuminating the world. We can accomplish this by "becoming an illuminator."

After Rosh Hashanah Morning Services, reflect:

I have the ability to dispel darkness by becoming an illuminator.
Here are two ways I will try to do so:

I hope to brighten or illuminate this part of the world ...

TASHLICH - CAST AWAY YOUR SINS

Or Ami's Tashlich at the Beach will be at **Zuma Beach, Tower 11 on 9/23/25, beginning at 4:45 pm PT.** If you cannot join us in-person, observe Tashlich on your own:

1. **Go to a natural body of water that you can access easily.**
   Tashlich calls us to cast our sins into a body of water like an ocean, river, or lake. Usually observed on *Rosh Hashanah*, *Tashlich* can be done any day until *Yom Kippur*. If you don't live near a natural body of water, use running water from a hose, or a bucket of water.

2. **Examine what you've struggled with in the past year.**
   Tashlich requires that we review your behavior over the last year before we can cast away our sins. Remember, everyone struggles with mistakes and sins, so be honest with yourself.

3. **Take a meditation walk.**
   After thinking about our actions over the past year, we consider how to improve in the upcoming year. Taking a walk offers time to meditate about ways to change our behavior and return to holy living.

4. **Use Or Ami's Tashlich service.**
   On **orami.org/hhd** use Or Ami's Tashlich service for readings and songs like *Eli, Eli; Turn, Turn, Turn*; and *Hashiveinu*.

5. **Offer a prayer about your hope for the year.**
   Talk to God (aloud or in your head), being as honest as possible, about your past year. Speak how you plan to do better: *Do my relationships reflect* k'dushah *(holiness)? Can I be there for people who need me? The kind deed: did I perform or postpone it? The unnecessary word: Did I say it or hold back? Did I live fully? If not, how can I?*

6. **Cast your mistakes and sins into the body of water.**
   Reach into your pockets and grab the breadcrumbs or metaphorical sins, and throw them into the water. When you let go of them, breathe out and watch them wash away.

Adapted from Rabbi Robin Leonard Nafshi

congregation
Or Ami
Your Home for the **High Holy Days**

HIGH HOLY DAY CAMP

"Let your kids play while you pray!"

Enroll your children (potty-trained Pre-K to 6th grade) in our fun, engaging High Holy Day Camp, held during adult morning services

Snacks will be provided

Fred Kavli Theatre in Thousand Oaks Civic Arts Plaza

High Holy Day Camp features

MUSIC, GAMES, MOVEMENT and ART PROJECTS,

all rooted in Judaism and run by our trained staff

Guardian(s) must REGISTER and get a High Holy Day ticket for each child in High Holy Day Camp

When? 9:30am - 12:45pm

Rosh Hashanah (Sept. 23) and Yom Kippur (Oct. 2)

Guardian(s) must be at the Kavli Theatre throughout the program

COST? No cost, BUT every child participating in High Holy Day Camp must be registered

Questions? micah@orami.org

SPACE IS LIMITED. Sign up today!

REGISTRATION at ORAMI.ORG/HHD

HHD SONGSHEET

1 A New Year

by Michael Hunter Ochs

May this be a year of love and kindness
May strangers come to be friends.
May truth and compassion always guide us. Amen

May this be a year of hope and healing
For all of those in need.
May all of our deeds be a blessing. Amen

A new year, a good year
A chance to start all over
A new year, a sweet year
A chance to bring us closer

May this be a year of selfless giving
May this be a year of peace.
And may we forgive
And be forgiven. Amen

Closer to the ones we love
A world that be proud of
Long as there are stars above
There comes a New Year. Amen

2 Shehecheyanu

by Craig Taubman

Baruch Atah Adonai
Eloheinu Melech haolam
You bring us here

Baruch Atah Adonai, Holy One of blessing
Your Presence fills creation
You keep us here

Shehecheyanu v'keey'manu
v'higianu lazman hazeh
Shehecheyanu v'keey'manu
v'higianu lazman hazeh

Amen.....

3 One Day / Hashkiveinu

by Matisyahu and Craig Taubman

Sometimes I lay under the moon,
I thank God I'm breathing
Then I pray don't take me soon,
'Cause I am here for reason

Sometimes in my tears I drown,
But I never let it get me down
So when negativity surrounds,
I know someday it'll all turn around because

All my life I've been waiting for,
I've been praying for, for the people to say
That we don't want to fight no more,
There'll be no more war, and our children will play

One day, one day, one day,
oh oh oh
One day, one day, one day

Hashkiveinu Adonai Eloheinu
l'shalom
V'ha-amideinu Shomreinu l'chaim

All my life I've been waiting for,
I've been praying for, for the people to say
That we don't want to fight no more,
There'll be no more war, and our children will play

One day, one day, one day,
oh oh oh
One day, one day, one day,
oh oh oh
One day, one day, one day

DESIGN YOUR OWN HIGH HOLY DAY EXPERIENCE

Or Ami congregation — you're home

SEE COMPLETE SCHEDULE FOR MORE DETAILS

Or Ami congregation
Your Home for the High Holy Days

EVENING SERVICES
SEPT. 22 & OCT. 1 — 8:00pm - 9:15pm

MORNING SERVICES
SEPT. 23 — 10:00am - 12:30pm
OCT. 2 — 10:00am - 11:30am

KIDS CAMP
SEPT. 23 & OCT. 2 — 9:30am - 12:45pm

FAMILY SERVICES
SEPT. 23 & OCT. 2 — 2:30pm - 3:45pm
In our Calabasas Sanctuary

YIZKOR MEMORIAL
OCT. 2 — 11:30am - 12:30pm

NEILA
OCT. 2 — 5:00pm - 6:00pm
In our Calabasas Sanctuary

STUDY: YK Study Session

MEDITATION: Morning Services • Yikzor Memorial

Amazing Soloists • Instrumentalists • Inspiring Music at ALL services

Stories & Sermons

Beautiful Music

YK: Kol Nidre

Pre-K to 6th Grades

Casual Dress

Adult Supervision

Meditate on Memory

Memorial for October 7th

Inspiring Music

Sermon

RH: Shofar

Healing Prayer

Sing-a-long

Interactive

Casual (in dress and feel)

Shofar, Havdala, Hashkiveinu

All events are at the Fred Kavli Theatre at the Bank of America Performing Arts Center in Thousand Oaks *(except Family Services, Tashlich, Neila, Shofar, and Study Session.)*
All services in-person *(Study Session is on Zoom)*.
All services are also livestreamed *(except Kids Camp and Tashlich)*.

IN-PERSON: **TICKETS REQUIRED.** • LIVESTREAM & ZOOM: **NO TICKETS REQUIRED.**
Register to receive changes and updates at orami.org/hhd. **Questions?** office@orami.org
STREAMING: All on **oramiLIVE.com** and **Facebook: Congregation Or Ami**

4 Oseh Shalom

by Michael Hunter Ochs

Oseh shalom bimromav
Hu ya-aseh shalom aleinu
(3x)

Ya-aseh shalom
Ya-aseh shalom
Shalom aleinu v'al kol yisrael
(2x)

May the One who causes peace
to reign in the high heavens,
let peace descend on us,
on all Israel, and all the world.

Oseh shalom bimromav
Hu ya-aseh shalom aleinu
(3x)
Ya-aseh shalom
Ya-aseh shalom
Shalom aleinu v'al kol yisrael
(8x)

5 Am I Awake / Bar'chu

by Noah Aronson

Am I awake? Am I prepared?
Are you listening to my prayer?
Can you hear my voice?
Can you understand?
Am I awake? Am I prepared?

Ya di li-li-li (2x)

Am I awake? Am I prepared?
Are you listening to my prayer?
Can you hear my voice?
Can you understand?
Am I awake? Am I prepared?

Ya di li-li-li (2x)

Bar'chu et Adonai ham'vorach
Baruch Adonai ham'vorach l'olam
va'ed

6 Hinei Ma Tov

Hinei ma tov umanayim
shevet achim gam yachad
Hinei ma tov umanayim
shevet achim gam yachad

Hinei hinei hinei ma tov
Uma- uma- umanaim
Oy, yoi yoi
Shevet achim
Shevet achim gam yachad
Shevet achim
Oy, achim gam yachad

Hinei ma tov umanayim
shevet achim gam Yachad (2x)

7 V'shamru

by Michael Hunter Ochs

V'shamru v'nei Yisrael et
ha-shabbat
La-asot et ha-shabbat l'dorotam
brit olam.

Beini u-vein b'nei Yisrael
Ot hee l'olam.
Beini u-vein b'nei Yisrael
Ot hee l'olam.

Kee sheshet ya-meem
Kee sheshet ya-meem
Asah Adonai
Asah Adonai et hashamayim
v'et ha-aretz

U-vayom, va-yom hash'vee-ee,
hash'vee-ee
shavat shavat va-yin-afash.

Beini u-vein b'nei Yisrael
Ot hee l'olam.
Beini u-vein b'nei Yisrael
Ot hee ot hee,
Ot hee, ot hee, l'olam.

V'shamru, v'shamru, v'nei Yisrael
et ha-shabbat

8 Heal Us Now

by Leon Sher

R'fa-eynu Adonai v'ney-rafeh.
Hoshee-ey-nu v'nee-vashey-ah.

Eyl karov l'chol korav.
Ach karov leeray-av yish-oh.

We pray for healing of the body;
We pray for healing of the soul,
For strength of flesh and mind
and spirit.
We pray to once again be whole.

Eyl na r'fa na.
Oh, please, heal us now.
R'fu-at hanefesh,
U-r'fu-at haguf,
R'fu-ah sh'leyma.

Heal us now.
Heal us now.

Ho-shee-ah et amecha u-varech
et nach-la-techa.
U-r'eym v'naseym ad ha-olam.

Mee shebey-rach avoteynu,
Mee shebey-rach eemo-taynu,
Ana Adonai hoshee-ah na.

We pray for healing of our people;
We pray for healing of the land,
And peace for every race and
nation,
Every child, every woman, every
man.

Heal us now.
Heal us now.
Heal us now.

9 Oseh Shalom Shallow

Music by Germanotta, Ronson,
Rossomando, Wyatt
New Lyrics by Cantor Rachel Brook

Od yavo shalom
Od yavo shalom aleinu
Od yavo shalom
Od yavo shalom aleinu
Shalom aleinu v'al kol yisrael
V'imru, v'imru amen

Oseh shalom bimromav
Hu yaaseh shalom
Aleinu v'al kol yisrael
V'al kol yoshvey teivel

Yaaseh Sha Shalom
Shala sha shala la la lom
Yaaseh Sha Shalom v'imru amen

Oh, ahhhhh....
Oh, ahhhhh....

10 Pitchu Li / Lord Prepare Me

by Randy Scruggs & John W. Thompson

Pitchu li sha'arei tzedek
Avo vam odeh Yah
Pitchu li sha'arei tzedek
Avo vam odeh Yah

Lord prepare me
To be a sanctuary
Pure and holy, tried and true
And with thanksgiving
I'll be a living sanctuary to You

11 Yerushalayim Shel Zahav

by Naomi Shemer
English by Chaya Galai

Avir harim tzalul kayayin
Vere'ach oranim
Nisa beru'ach ha'arbayim
Im kol pa'anonim

Uvetardemat ilan va'even
Shvuyah bachalomah
Ha'ir asher badad yoshevet
Uvelibah chomah

Yerushalayim shel zahav
V'shel nechhoshet veshel or
Halo lechol shirayich ani kinor
(2x)

As clear as wine the wind is flying
Among the dreamy pines.
As evening light is slowly dying
A lonely bell still chimes

So many songs, so many stories
The stony hills recall
Around her heart my city carries
A lonely ancient wall

Yerushalayim shel zahav
V'shel nechhoshet veshel or
Halo lechol shirayich ani kinor
(2x)

The wells are filled again with water,
The square with joyous crowd,
On the Temple Mount within the City,
The shofar rings out loud.

Within the caverns in the mountains
A thousand suns will glow,
We'll take the Dead Sea road together,
That runs through Jericho.

Yerushalayim shel zahav
V'shel nechhoshet veshel or
Halo lechol shirayich ani kinor
(2x)

12 L'dor Vador

by Josh Nelson

We are gifts,
And we are blessings.
We are history in song.
We are hope, and we are healing.
We are learning to be strong.
We are words and we are stories.
We are pictures of the past.
We are carriers of wisdom,
Not the first and not the last.

L'dor vador nagid godlecha.
L'dor vador, we protect this chain.
From generation to generation,
L'dor vador,
These lips will praise Your name.

Looking back on the journey
That we carry in our heart.
From the shadow of the mountain
To the waters that would part.
We are blessed and we are holy
We are children of Your way.
And the words that bring us meaning
We will have the strength to say.

L'dor vador nagid godlecha.
L'dor vador, we protect this chain.
From generation to generation,
L'dor vador,
These lips will praise Your name.

13 Time After Time

by Cyndi Lauper / Rob Hyman

Lying in my bed, I hear the clock
tick and think of you
Caught up in circles
Confusion is nothing new
Flashback, warm nights
Almost left behind
Suitcase of memories
Time after

Sometimes you picture me
I'm walking too far ahead
You're calling to me, I can't hear
What you've said
Then you say, "go slow"
And I fall behind
The second hand unwinds

If you're lost you can look
and you will find me
Time after time
If you fall, I will catch you,
I'll be waiting
Time after time
If you're lost, you can look
and you will find me
Time after time
If you fall, I will catch you,
I will be waiting
Time after time

After my picture fades and
darkness has
Turned to gray
Watching through windows
You're wondering if I'm okay
Secrets stolen from deep inside
(deep inside)
And the drum beats out of time

If you're lost you can look
and you will find me
Time after time
If you fall I will catch you,
I'll be waiting
Time after time
If you're lost, you can look
and you will find me
Time after time
If you fall, I will catch you,
I will be waiting
Time after time
Time after time

I've got a suitcase of memories
that I almost left behind
Time after time
Time, time, time
But you say to go slow but
I fall behind
Time after time after time
(after time, oh)

14 Hashkiveinu

by Yoshi Zweiback and Ken Chasen

Hashkiveinu Adonai Eloheinu
l'shalom l'shalom.
V'ha-ameedeinu Shomreinu
l'chayim
Ufros aleinu sukkat sh'lomecha
Ufros aleinu sukkat sh'lomecha

Amen

Shelter us beneath thy wings,
O Adonai.
Guard us from all harmful things,
O Adonai.
Keep us safe throughout the night
'Til we wake with morning's light
Teach us daily
wrong from right.
O Adonai

Amen

15 *V'ahavta:* You Shall Love

by Debbie Friedman

And you shall love the Lord
your God
With all your heart
With all your soul
And with all of your might

And all these words
Which I command you on this day
Shall be in your heart
Shall be in your heart

And you shall teach them diligently
Unto your children
And you shall speak of them
When you sittest in your house
When you walkest by the way
When you liest down
And when you risest up
And when you risest up

And you shall bind them for a sign
Upon your hand
And they shall be for frontlets
Between your eyes
And you shall write them
On the doorposts of your house
And upon your gates
And upon your gates

That you may remember
And do all of My commandments
And be holy
Unto your God
Unto your God
Unto your God

16 *Acheinu*

by Abie Rotenberg

Acheinu kol beit Yisrael,
Achiyoteinu kol beit Yisrael,
han'tunim b'tzara uvashivyah,
ha-omdim bein bayam u'vein
bayabasha.
Hamakom y'racheim aleihem
v'yotziem mitzara lirvacha,
umi'afaila l'orah umishibud
lig'ulah,
hashta ba'agala uvizman kariv.

Our brothers and sisters,
the whole house of Israel,
who are given over to trouble
or captivity,
whether they abide on the sea
or on the dry land:
May the Holy One have mercy
upon them,
and bring them forth from trouble
to well-being,
from darkness to light,
and from subjection to
redemption,
now speedily and at a near time.
And let us say: Amen.

Thank you for praying with

Or Ami congregation
you're home

more events at orami.org

Music and Digital Streaming
is licensed with

J-LICENSE License #: A-700817

ascap WE CREATE MUSIC

I'M A BMI LICENSEE

17 Forget Me Not

by Stacy Citron

I remember when tickle fights
and morning cartoons
were my favorite way spending
every moment with you
But we're older now, after all
we've been through
I still think the best part of me is
you

I remember you told me all this
would change,
I had to put on a brave face,
I had to look away
I know there's so much unknown,
but I hope this stays with you
when you go

Forget me not,
Got your hands around my heart
You ain't gotta be scared,
baby I will always be there
Imma always come through

Promise me, Forget me not
Got your hands around my heart
Love you to the moon and kinda
dumb but you're my best friend
If this is my final salute, I won't
forget you

I remember when you first found
out the news,
Too protective to show me that it
got you
Your sentences are left unfinished
Your mind is going but your
heart's still in this

I'll remember the way you live
fearlessly
Now I'm just like you, our souls
have symmetry
I will treasure being your prize
I will love you for all of my life

Forget me not,
Got your hands around my heart
You ain't gotta be scared, baby I
will always be there
Imma always come through

Promise me, Forget me not
Got your hands around my heart
Love you to the moon and kinda
dumb but you're my best friend
If this is my final salute, I won't
forget you

I, I won't forget
You, I won't forget
If this is my final salute, I won't
forget you.

18 When You Believe

by Mariah Carey and Whitney Houston

Many nights we've prayed
With no proof anyone could hear
In our hearts a hopeful song
We barely understood
Now we are not afraid
Although we know there's much to fear
We were moving mountains long
Before we knew we could

There can be miracles when you believe
Though hope is frail it's hard to kill
Who knows what miracles you can achieve
When you believe,
Somehow you will
You will when you believe.

In this time of fear
When prayer so often proved in vain
Hope seemed like the summer birds
Too swiftly flown away
Now I'm standing here
With heart so full I can't explain
Seeking faith and speaking words
I never thought I'd say

There can be miracles when you believe
Though hope is frail it's hard to kill
Who knows what miracles you can achieve
When you believe,
Somehow you will
You will when you believe

Ashira l'Adonai kee ga-oh ga-ah
Ashira l'Adonai kee ga-oh ga-ah
Mi chamocha ba-elim Adonai
Mi kamocha ne-edar bakodesh
Nachitah b'chas-d'cha am zu ga-altah
Nachitah b'chas-d'cha am zu ga-altah
Ashira Ashira Ashira

Ashira l'Adonai kee ga-oh ga-ah
Ashira l'Adonai kee ga-oh ga-ah
Mi chamocha ba-elim Adonai
Mi kamocha ne-edar bakodesh
Nachitah b'chas-d'cha am zu ga-altah
Nachitah b'chas-d'cha am zu ga-altah
Ashira Ashira Ashira

There can be miracles when you believe.
Though hope is frail, it's hard to kill
Who knows what miracles you can achieve?
When you believe, somehow you will,
Now you will
You will when you believe.
Amen

19 *Sh'ma Koleinu*

by Beth Schafer

With humility and graciousness we stand before you
The days have made us weary and unsure
And though we've made mistakes the truth is we adore you
And ask that you be with us evermore

CHORUS:

Sh'ma Koleinu
Hear our voices
Adonai Eloheinu
Our one and only G-d
Have compassion
On us, your children
And with compassion hear our prayer

If you look into our eyes you'll find a quest for learning
If you look into our hearts you'll find true love
If you look into our souls you'll find a constant burning
It's the fire that's been kindled from above

CHORUS

And if we stray
Don't push us away
Help us to return to what is right
We know that it's late
But we're willing to wait
For your answer, for your blessing, for your light

CHORUS

20 *V'shamru*

Music by Dan Nichols

V'shamru v'nai Yisrael et ha-shabbat
La'asot et ha-shabbat l'dorotam b'rit olam

V'shamru v'nai Yisrael et ha-shabbat
La'asot et ha-shabbat l'dorotam b'rit olam

Beini u'vein b'nai Yisrael
Ot-hee l'olam
Ki sheshet yamim asa Adonai
Asa Adonai
Et ha-shamayim ve'et ha'aretz
U'vayom hashvi'i shavat va'yinafash

V'shamru v'nai Yisrael et ha-shabbat
La'asot et ha-shabbat l'dorotam b'rit olam
V'shamru v'nai Yisrael et ha-shabbat

YOM KIPPUR STUDY SESSION

on Zoom with **Rabbi Cassi Kail**

Are we obligated to forgive?

On Yom Kippur, we ask God and our fellow for forgiveness, but are we required to forgive?

We will explore forgiveness's opportunities and limits through ancient and modern texts.

Rabbi Cassi Kail serves as the Director of Jewish Life for Chapman University, creating opportunities for Jewish students, faculty, and staff to celebrate their Jewish identities, especially now. Working in Chapman's Fish Interfaith Center, she is a skilled educator, passionate about multifaith dialogue.

Or Ami congregation
Your Home for the High Holy Days

THURSDAY, OCTOBER 2

2:00 - 3:00 pm PT | On Zoom

Zoom link will be emailed to all registered two days before Yom Kippur

REGISTRATION AND MORE INFO AT: ORAMI.ORG/RSVP

Or Ami Simchat Torah

Help us unroll the entire Torah as we read its ending and start over at the beginning

Tuesday, Oct. 14 • Multigenerational Service: 6:30 pm

RSVP is requested but not required. In-Person and oramiLIVE.com

REGISTRATION AND MORE INFO AT: ORAMI.ORG/RSVP

INSPIRING, EXCITING EVENTS

Discover What's Happening Next

Scan this QR Code with your smartphone camera

SUPPORT OUR HOLY WORK

As we continue to provide inspiring worship, lifesaving pastoral counseling and spiritual support, transformational learning, and critical social action work, we face significant financial challenges.

Please support our sacred work.

Please donate to our

High Holy Day Appeal.

orami.org/donate

AS WE REMEMBER

During this time of hope, reflection and prayer, may we continue to honor life, family and tradition.

Honor your loved ones with a *Yahrzeit* Memorial Plaque
On our *Yahrzeit* Memorial Wall in the Sanctuary

Our *Yahrzeit* plaques serve as a permanent memorial to remember your loved ones. Every year we will rekindle their light on the anniversary of their passing.

Order plaques today for departed loved ones, or pre-pay to reserve a future memorial.

Order online at orami.org/donate or email office@orami.org.

Sova Community food drive

Or Ami

High Holy Day Food Drive

SUNDAY, OCTOBER 12	10:00 am - 1:00 pm
TUESDAY, OCTOBER 14	1:00 pm - 6:00 pm
WEDNESDAY, OCTOBER 15	1:00 pm - 6:00 pm

DROP-OFF AT OR AMI

26115 Mureau Rd. • Calabasas

OUR MOST CRITICAL NEEDS:

- **Nut Butters** (almond butter, cashew butter, coconut butter, full-fat regular peanut butter, hazelnut butter, natural peanut butter, soy nut butter, sunflower seed butter)
- **Canned Tuna**
- **Canned Salmon**
- **Canned Chicken**
- **Toothpaste**
- **Toothbrushes**
- **Soap**
- **Body Wash**
- **Deodorant**
- **Shampoo**
- **Conditioner**
- **Feminine Hygiene Products**
- **Hotel-sized Toiletries**
- **Diapers/Wipes**
- **Razors**
- **Lotion**

Jewish Family Services LA SOVA depends on your donations to meet the ongoing hunger crises in our community. Donations directly benefit the thousands of people who visit our pantries — people of all backgrounds and identities. Please be as generous as you can — the need is great.

QUESTIONS? Contact Donna Hennes at nvpdonna@gmail.com

JEWISH FAMILY SERVICE LA
SOVA Community Food & Resource Program

in partnership with JFEDLA

congregation Or Ami
Your Home for the High Holy Days