

TASHLICH AT THE BEACH | orami.org | Insta: @CongOrAmi | Facebook: Congregation Or Ami

Read to Yourself (and Your Children): Welcome to Or Ami's Tashlich service. Together we will create a meaningful experience here at the beach. Please make it easier by holding your children close, and singing and reading loudly. During Tashlich and after, please remember that if you brought children with you, **YOU are responsible for the supervision and safety of your own children**. Always know where they are and watch over them. Also, as you leave the beach, please clean up trash, drive carefully, and be patient as our cars exit.

1 Read Together: The Hebrew word "Tashlich" means "casting or throwing." We have come to this vast ocean to symbolically cast away our sins. The prophet Micah, referring to how God helps remove the people Israel's sins, said: "You, O God, will cast all our sins into the depths of the sea". Today, as waves carry our crumbs away, we hope that God will help us cast away our own misdeeds. We throw crumbs into the water, so that God's creatures may eat, for in this season, we try to balance our moral setbacks with acts that promote life.

Sing Together: We Return © Elana Arian & Noah Aronson

We return (we return), we return return again.
We return (we return), we return again and again ...

to Love / Truth / You.

*Hashiveinu Adonai eilecha v'nashuvah.
Chadesh yameinu k'kedem.*

Ya la lai lai lai lai ...



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We Return / Hashiveinu
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2 Read Together: At the edge of flowing water, we yearn for *shalom*. We seek the inner peace and wholeness, which comes from forgiving others and forgiving ourselves. We come in joy as a community of friends, helping each other change our behavior. We come in prayer: yearning to be less frightened, truer to our innermost beings, and more connected the sparks of Holiness within. The Pacific Ocean is a place of eternal change, where the waves ebb and flow, and the currents are always in motion. Help us, O Holy One, to change and move on. Cleanse us. Strengthen us. Bless us.

SING Together: One Day © Matisyahu / **Hashkiveinu** © Craig Taubman

Sometimes I lay under the moon and thank God I'm
breathin'
Then I pray, "Don't take me soon 'cause I am here for a
reason"

Sometimes in my tears I drown but I never let it get me
down
So when negativity surrounds I know someday, it'll all
turn around because

All my life, I've been waitin' for I've been prayin' for, for the people to say
That we don't wanna fight no more There'll be no more wars, and our children will play

One day...

It's not about win or lose 'cause we all lose when they feed on the souls of the innocent
Blood-drenched pavement keep on movin' though the waters stay ragin'

In this maze, you can lose your way, your way it might drive you crazy
But don't let it faze you, no way, no way

Hashkiveinu

*Hashkiveinu, Adonai Eloheinu, l'shalom,
v'haamideinu shomreinu l'chayim.*

*Ushmor tzeiteinu uvo-einu l'chayim ul'shalom,
mei-atah v'ad olam.*

3 **Read Together:** Let us cast away the sin of **deception**, so that we will not mislead others, nor pretend to be what we are not. Let us cast away the sin of **stubbornness**, so that we will stop our foolish habits, and admit our will to change. Let us cast away the sin of **envy**, releasing our desire for what we lack, and instead counting our blessings. Let us cast away the sin of **selfishness**, which keeps us from sharing what we have with others. Let us cast away the sin of **indifference**, so that we may be sensitive to suffering of others and responsive to their needs. Let us be people who care about each other, live our Torah values, and make the world a better place...

Sing Together: Hey Jude © The Beatles

Hey Jude, don't make it bad. Take a sad song and make it better.
Remember to let her into your heart, then you can start to make it better.
Hey Jude, don't be afraid. You were made to go out and get her.
The minute you let her under your skin, then you begin to make it better.

And anytime you feel the pain, hey Jude, refrain, don't carry the world upon your shoulders.
For well you know that it's a fool who plays it cool by making his world a little colder. La la la...

Hey Jude, don't let me down. You have found her, now go and get her.
Remember to let her into your heart, then you can start to make it better.

So let it out and let it in, hey Jude, begin, you're waiting for someone to perform with.
And don't you know that it's just you, hey Jude, you'll do, the movement you need is on your shoulder. La la la...

Hey Jude, don't make it bad. Take a sad song and make it better.
Remember to let her under your skin, then you'll begin to make it better better...

Na na na nananana, nannana, hey Jude...

4 **Read Together:** Havdalah, a ceremony that ends Shabbat and Holy Days, teaches us to separate the holy and the good, from their opposites. So **as we put our arms around each other**, we sing these words, moving forward from the Holy Day of Rosh Hashanah into the New Year.

Sing Together: Birchot Havdalah © Debbie Friedman

Sing La, la, la... *(When the Rabbi raises the spices, sing...)*

Ba-ruch A-tah Adonai, E-lo-hay-nu Me-lech ha-o-lam, bo-ray p'ree ha-ga-fen.

(Meaning: "Blessed is Adonai our God, Guide of the Universe, Creator of the fruit of the vine.")

Sing La, la, la... *(When the Rabbi raises the spices, sing...)*

Ba-ruch A-tah Adonai, E-lo-hay-nu Me-lech ha-o-lam, bo-ray mee-nay
v'sa-meem.

("Blessed is Adonai our God, Guide of the Universe, Creator of varied kinds of spices.")

Sing La, la, la... *(When the Rabbi raises the Havdala candle, sing...)*

Ba-ruch A-tah Adonai, E-lo-hay-nu Me-lech ha-o-lam, bo-ray m'o-ray ha-aish.

(Meaning: "Blessed is Adonai our God, Guide of the Universe, Creator of illuminating fire.")

Ba-ruch A-tah Adonai, E-lo-hay-nu Me-lech ha-o-lam, ha-mav-deel ben ko-desh l'chol.

(Meaning: "Blessed are You, Adonai our God, Guide of the Universe, who separates sacred from the regular, light from darkness, this holy day from the six working days. Blessed is Adonai, who separates the sacred from the regular.")

Ei-lee-ya-hu ha-na-vi, Ei-lee-ya-hu ha-Tish-bee, Ei-lee-ya-hu ha-gil-a-dee.

Bim-hay-ra v'ya-may-nu, ya-vo ei-lay-nu; eem ma-shee-ach ben Da-vid.

Sha-nah to-vah. Sha-nah to-vah. (8x) A good year; a year of peace; may gladness reign and joy increase. (2x)

5 **Read Together:** As we enter The Jewish New Year, we remember **safety comes first**. So when the rabbi gives the signal, we will walk as families – parents with children – and as friends, down to the seashore. With crumbs in our hands, we say aloud, **"May my sins be carried away"**. Then we throw just a small amount of bread crumbs into the sea. After we will picnic and socialize. We parents know we are responsible to watch over our children. We adults know we must drink responsibly and quietly. We all will remember to clean up our treasured beach. And remember, at Or Ami, you're always home!

Shana Tova u'Metuka. May it be a good, sweet and healthy New Year!



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Havdalah liturgy
Subtitle: Havdalah Blessings

Or Ami congregation
you're home